

TRINITY CATHEDRAL  
OF THE DIOCESE OF NEW JERSEY



**MARCH 8, 2026 – THE THIRD SUNDAY IN LENT – YEAR A**  
**10:00 AM - THE HOLY EUCHARIST: RITE TWO**

**CELEBRANT & PREACHER - THE REV. SHELTON RADIX**

**Our Vision:**

A visible agent of God's love in Christ, joyfully embracing all people.

**Our Mission:**

God is here; Jesus loves you.

We are a welcoming, diverse community sharing God's love,  
Spreading the Gospel and caring for all people and God's creation.

Come join us.

801 West State Street, Trenton, NJ 08618  
Phone (609) 392-3805; Fax (609) 392-2305  
**[www.TrinityCathedralNJ.org](http://www.TrinityCathedralNJ.org)**

WELCOME! We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship.

*Please stand as able when indicated and be seated for lessons*

**Prelude**

*Dr. Kerry Heimann, organ*

**Processional Hymn**

**Hymnal # 658**

**As Longs the Deer for Cooling Streams**

*Celebrant:* Blessed be the God of our salvation:

*People:* **Who bears our burdens and forgives our sins.**

### **The Penitential Order**

*Celebrant:* If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

*Deacon:* Let us confess our sins against God and our neighbor.

*Silence may be kept. Remain standing or kneel as able.*

*Celebrant and People:*

**Most merciful God,**

**we confess that we have sinned against you**

**in thought, word, and deed,**

**by what we have done,**

**and by what we have left undone.**

**We have not loved you with our whole heart;**

**we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will,**

**and walk in your ways,**

**to the glory of your Name. Amen.**

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Remain standing*

**Kyrie**

**Hymnal # S-91**

## The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated*

### First Reading

**Lector: Judith Miller**

### A Reading from the book of Exodus (17:1-7)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

*People:* **Thanks be to God.**

*Remain seated; all sing Refrain together*

### Psalm 95

*Cantor: Dr. Kerry Heimann*

Refrain



To-day if you would hear God's voice, hard - en not your hearts.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.

***Refrain***

For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.  
The sea is his, for he made it, \*  
and his hands have molded the dry land.

***Refrain***

Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!

***Refrain***

Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.  
They put me to the test, \*  
though they had seen my works.

***Refrain***

Forty years long I detested that generation and said, \*  
“This people are wayward in their hearts;  
they do not know my ways.”  
So I swore in my wrath, \*  
“They shall not enter into my rest.”

***Refrain***

*Remain seated*

**Second Reading**

**Lector: Virginia Harmer**

**A Reading from Paul’s letter to the Church in Rome (5:1-11)**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for

a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

**People: Thanks be to God.**

*All stand, as able*

**Sequence Hymn**

**Hymnal # 692**

**I Heard the Voice of Jesus Say**

*Remain standing*

**The Gospel: John 4:5-42**

**Deacon:** The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must

worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

**People Praise to you, Lord Christ.**

**Sermon**

**The Rev. Shelton Radix**

*All stand as able and say together*

**A Statement of Faith based on Galatians 3:26-28**

*Celebrant:* Let us renew our pledge to work for unity, justice, and peace.

**We are all children of God.**

**There is no longer Jew or Greek.**

**There is no longer slave or free.**

**There is no longer male and female.**

**For we are all one.**

**We believe Jesus lived for this and died for this.**

**We pledge ourselves with God’s help and the support of each other to make this become a reality.**

*Remain standing*  
**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**  
**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**  
**Through him all things were made.**  
**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**  
**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**  
**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**  
**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**  
**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**  
**With the Father and the Son he is worshiped and glorified.**  
**He has spoken through the Prophets.**  
**We believe in one holy catholic and apostolic Church.**  
**We acknowledge one baptism for the forgiveness of sins.**  
**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**The Prayers of the People**

**Lector: Erica Warner**

*The Lector and People pray responsively*

*Deacon:* We have been birthed for holiness in Christ, by whose arduous labor we are awakened to life. That the wounds of our crucified Christ may not be in vain, let us pray to the Lord, saying: We beg for mercy, O God.

*Lector:* For the whole church catholic, for an end to our divisions, for all who lead and all who minister, and for all the baptized, we pray:

***People:* We beg for mercy, O God.**

*Deacon:* We remember God's holy catholic church, including Sean, our Presiding Bishop and Primate; Sally, our Bishop; Bruce, John, Peter and Noel, priest associates; Shelton, our Guest Clergy, Christopher, our Deacon, along with all other ministers in this congregation, lay and ordained; Sarah, the Archbishop of Canterbury, Philip, the Archbishop-Elect of the West Indies, and all Anglican Christians around the world, especially The Episcopal Church in Jerusalem and the Middle East, and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Ministry of the Church Attorney. We pray:

***People:* We beg for mercy, O God.**

*Lector:* For all who seek the living waters of baptism, and for all sponsors, we pray:

***People:* We beg for mercy, O God.**

*Lector:* For the nations, the peacemakers, for all the world's peoples, for the governing authorities in every city and state, and for the wealthy and free to uplift the poor and oppressed, we pray:

***People:* We beg for mercy, O God.**

*Deacon:* We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. We pray:

***People:* We beg for mercy, O God.**

*Lector:* For the will to give all your people access to your grace, and for the will to supply food and sustenance to all the world's people, we pray:

***People:* We beg for mercy, O God.**

*Lector:* For all whom we avoid, those we consider ungodly, the outcasts and beggars, the downtrodden, for our enemies, and for an end to our hardness of heart, we pray:

***People:* We beg for mercy, O God.**

*Lector:* For all who yearn for health, for the handicapped, for those in mental anguish or spiritual turmoil, for the incurably ill, and for all who remember and care for them, we pray:

***People:* We beg for mercy, O God.**

*Deacon:* We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel, Palestine and Iran, the People of Haiti,**

the people of Sudan, especially the Darfur region, Andrew McDonald, Darryl Francomacaro, Vicky Jones, Mike Bernardo, Georgianna Aiken, Sabrina Radix, Steven Erdy, Pat Hawkins, Ann Marie Paisley, John Claude Raines, the Sykes family, Frederick M. Walton, Kyle Walton, Joel Walton and the Walton family, Frank Colucci, Donald Brokate, Dylan Raines, Thomas Keith Adams, Jeffrey Tamn, Barry Foster, David Wootson, Alice Wootson, Tony Wootson and the Francois family. We pray:

**People:** We beg for mercy, O God.

**Lector:** For hearts to do what is good and right and true, and for humility before Christ, that we may never murmur against you, O holy God, we pray:

**People:** We beg for mercy, O God.

**Deacon:** We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Bryan W. Hopkins, Lucy Adams, Willie J. Coleman, Gregory Blasse, Stephen B. Ford and Judith Miller.** We pray:

**People:** We beg for mercy, O God.

**Lector:** We praise you, God of our hope, for all the faithful before us who entered into your labors and worshiped you in truth. That we may live faithful to eternal life, we pray:

**People:** We beg for mercy, O God.

**Deacon:** We remember those who have died, especially **The Venerable Dr. Arnold T. Hollis, Joseph Jackson, Kenney Francois,** the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. We pray:

**People:** We beg for mercy, O God.

*The People add their own intercessions*

**Celebrant:** Pour your love into our hearts, O God of peace. Give us joy in our suffering, endurance in trials, character in times of weakness, and hope in adversity. So may we live, birthed always anew in you, who has gasped and panted for our life, now and forever. **Amen.**

*Please remain in your pew for the Peace.*

### **The Peace**

**Celebrant:** The peace of the Lord be always with you.

**People:** **And also with you.**

## Holy Communion

*Please remain seated while Ushers collect the offertory*

**Offertory Anthem**

**As the Deer**

Martin Nystrom

*The Absalom Jones Inspirational Choir*

**Offertory Hymn**

**Hymnal # 343**

**Shepherd of Souls, Refresh and Bless**

*Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.*

**The Great Thanksgiving:**

**Eucharistic Prayer A**

**Chalice bearer: Virginia Harmer**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give God thanks and praise.**

*The Celebrant proceeds . . .*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

***Celebrant and People:***

**Hymnal # S-114**

**Sanctus**

*The people stand or kneel. Then the Celebrant continues . . .*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

*Celebrant and People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant:* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

*Celebrant:* And now, as our Savior Christ has taught us, we now pray . . .

*Celebrant and People:*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

**Fraction**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Then may be said . . .*

*Celebrant:* Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast.**

**Hymnal # S-158**

**Agnus Dei**

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

*All Baptized Christians are welcome to make their Communion at the Lord's table.*

**Communion Hymn**

**Hymnal # 685**

**Rock of Ages, Cleft for Me**

**The Post-Communion Prayer**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Announcements**

**Recessional Hymn**

**Hymnal # 690**

**Guide Me, O Thou Great Jehovah**

**Blessing**

*Deacon:* Bow down before the Lord.

*Celebrant:* Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

**Dismissal**

*Deacon:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

**Postlude**

*Dr. Kerry Heimann, organ*

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY**  
**MARCH 8, 2026 ~ THIRD SUNDAY IN LENT**



**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



**ANNOUNCEMENTS**

The Lectors for the 10:00 am Mass on 3/15 are:

**Sue Gummere, Chinweze Ahaghotu & Ellen Heath**

**Chalice bearer – Margaret Nartey**

The Ushers/Greeters for Sunday, 3/15 (3<sup>rd</sup> Sunday) are:

**Samuel Richards (Greeter/Usher) & Margaret Nartey (alternate)**

**Please join us after Mass in Synod Hall (to your left off the main hallway) for coffee and brunch treats during hospitality hour.** All are welcome for good food and good conversation!

**Virtual Stations of the Cross** – The Cathedral Chapter of the Society of Mary is hosting the Stations of the Cross via Zoom on Thursday, March 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup>. If you would like the Zoom link, please contact Patrice in the office and she will send it to you.

**Join us to bag food for the Food Pantry this week: Thursday, March 12<sup>th</sup> at 4:45pm.**

**Did you know we host a Grief Support Group at Trinity?** Join us for the March meeting: Saturday, March 14<sup>th</sup> from 10:00am – 12:00 pm in the Guild Room.

**Join us for our 2026 Fashion Show FUNdraiser! This year our event will be held on Saturday, May 9 - Mother's Day weekend.** We will be celebrating our mothers, grandmothers, and all who "mother" us! We honor you for your love, resilience and patience in developing and supporting each child and for all of this, we say, "Thank you!" Tickets will be \$30 for adults, and \$12 for children 12 and older.

Men, women and children are welcome to participate as models: we encourage mothers to model with their daughters (and sons!) and if modeling is not your "style", bring your moms, grandmothers, or the special ladies in your life, to enjoy the show! We will circulate a sign-up sheet for all models, and a list for our "80+ Club" for mother-figures who are 80 and above (who will receive special recognition.)

Stay tuned for more information, sign-up sheets and tickets! We'll also produce a "booster booklet" that will feature the names of all donors to the event. Questions? Speak with Margaret Nartey.

**The Cathedral Egg hunt is "a hop-ening" on Easter Sunday, April 5<sup>th</sup>!** We are good for eggs, but need fillers! Donations of small toys, candy, coins, etc. that will fit inside the eggs would help our event be "egg-stra" special for the children! Also looking for small plush animals in good condition as well. Any questions? Please E-mail Rose Cooper at rcooper609@proton.me.

**The next Food Pantry distribution date is – Saturday, March 14<sup>th</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month) from 9-11:00 am. Each Thursday, we distribute hot dinners "to go" from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.**

## Lenten Reflection:

### **Enough Water for All: Our Attitudes and Actions**

Last week your Cathedral's Creation Care team offered some thoughts about God's loving gift of fresh clean water, a gift based on God's love for all mankind and all God's creation. When fresh clean water is not available to all, especially when it is not available to the most vulnerable, justice demands that we increase our awareness and look for ways we might address the need.



Credit: Harvey Wang for Episc. Relief and Dev.

When we have enough fresh clean water for our own or our local community's needs, we can become complacent and blind to the scarcity (or threatened scarcity) of water for our sisters and brothers whether nearby or far away. We sometimes look the other way when a situation asks something of us. How can we increase our awareness, motivation and action rather than looking the other way?

**Reflection:** What motivates us as Christians to be concerned that there be enough water for all human beings especially the most vulnerable. The prophetic tradition, of which we think of Jesus as the culmination, calls us firmly and consistently to pursue justice for all people. That includes what we might call "water-justice". Amos's prophetic call fits very well: "Let justice roll down like water...". (5:24). While calling us to justice he uses the imagery of abundant water. Jesus is clearly in that same tradition, and as followers of Jesus we must be too.

**Awareness and Action:** Lent teaches us that all justice work begins in our homes and our hearts. "Be still and know that I am God" (Ps. 46) is a good way for us to kick off our inner search for the kind of awareness that leads to action. Have you had the experience of "knowing" something is important but then doing nothing about it? Most of us have. Join the club. Quiet-listening-prayer helps us get clarity about what part of an issue we personally could help with, and what is causing us to resist doing so. Afraid? Too busy? Thinking we don't have the ability? Exaggerating or distorting the facts? If someone says "use less water" do we jump to "Oh no. They want me to make some big, inconvenient change!" It takes courage to look inwards and discover our brand of resistance. But facing it and naming it can set us free to take those first steps to action. It's OK to start small but it's great to start somewhere.

(Please keep your bulletins handy to connect the reflections week-to-week.)

COME ONE, COME ALL TO THE 2026

# TRINITY CATHEDRAL FASHION SHOW!



**SATURDAY, MAY 9TH - 6:00 PM**  
**TICKETS: \$30 (\$12 FOR KIDS 12+)**  
**INCLUDES DINNER & DRINKS**



*Men, women and children are invited to model!*  
*Sign-up sheet available on Sundays, or call the cathedral office*

*Celebrating all the Mothers & Mother Figures in our lives!*  
*Mother/daughter & mother/son models encouraged*

*Special recognition of the "80+ Club"!*  
*(Please list your honorees on the form available on Sundays)*  
*Financial contributions welcomed: all donors to this FUNdraiser*  
*will be listed in our "Booster Booklet"!*

*See Margaret Nartey or Cynthia Coleman for tickets, or*  
*call the cathedral office: (609) 392-3805 ext. 100*





Third Sunday  
in  
Lent

**THIS WEEK'S CATHEDRAL SCHEDULE**

**TODAY (3/8)**

9:15 am

**10:00 am**

After 10am Mass

11:15 am

10:30a – 12:30p

**Third Sunday in Lent**

Choir warm-up

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

Confirmation Class – GR

Choir rehearsal

Full Gospel Church service - CHP

**Mon. (3/9)**

5:30 – 8:00 pm

Stretto solo recitals – CATH

**Tues. (3/10)**

12 – 3:00 pm

NJ Faith Allies meeting – SH

**Wed. (3/11)**

7:00 pm

Bible Study, via Zoom (“Sussana”)

**Thurs. (3/12)**

4:15 – 5:30 pm

TASK Meals – SH

8:00 pm

Stations of the Cross, via Zoom (please call the office for the link)

**Sat. (3/14)**

9:00 am – 4:00 pm

Trinity Strings music classes

9 – 11:00 am

Food Pantry

10:00a – 12:00p

Grief Support Group - GR

**Sun. (3/15)**

**8:30 am**

**Fourth Sunday in Lent ~ ALTAR GUILD SHOP OPEN**

**Rite I Eucharist in All Saints Chapel (in-person only)**

9:15 am

Choir warm-up

**10:00 am**

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

11:15 am

Choir rehearsal

10:30a – 12:30p

Full Gospel Church service - CHP