#### **TRINITY CATHEDRAL** OF THE DIOCESE OF NEW JERSEY



JULY 6, 2025 – PENTECOST 4/PROPER 9 - YEAR C 8:30 AM - THE HOLY EUCHARIST: RITE ONE

#### **CELEBRANT & PREACHER - THE REV. JULIA M. MCKEON**

Our Vision: A visible agent of God's love in Christ, joyfully embracing all people.

> The Very Rev. René Rory John, Dean 801 West State Street, Trenton, NJ 08618 Phone (609) 392-3805; Fax (609) 392-2305 www.TrinityCathedralNJ.org

#### isles Cooking with Cooking below Cooking below

Join us for FREE plant-based cooking classes and demonstrations led by Chef Pearl Thompson. Learn how to create delicious, health-focused meals that you can easily recreate at home!

**HEALTH-FOCUSED MENUS** that are easy to make at home.

FREE DINNER-AND-A-MOVIE EVENT featuring topics

# What's Included:

When:

# Where:



- COOKING CLASSES: Second Tuesday of each month, from March 11, 2025 to December 2025 • 5:30 – 8 pm
- DINNER-AND-A-MOVIE EVENT: Last Tuesday of each month, from March 25, 2025 to December 2025 • 5:30 – 8 pm
- TRINITY EPISCOPAL CATHEDRAL 801 West State Street • Trenton, NJ 08618

#### **SPACE IS LIMITED!**

of environmental interest.

**RAFFLE PRIZE** at each event!

Registration for each event is required. **TO REGISTER:** Use the QR code or email ocaldwell@isles.org or call 609.341.4704

(Given the popularity of these events and limited seating, we ask that you **do not** register for all 16 workshops. To ensure as many residents as possible can participate, we recommend signing up for two workshops in the same month.) Sponsored by



Isles.org • dioceseofnj.org/ecs

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

# Liturgy of the Word

Dr. Kerry Heimann, organ

All stand Processional Hymn

Prelude

nal Hymn Hymnal # 544 vs. 1 & 5 Jesus Shall Reign Where'er the Sun

Celebrant:Alleluia. Christ is risen.People:The Lord is risen indeed. Alleluia.

*Celebrant:* Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.** 

All say together Gloria in Excelsis

> Glory be to God on high, and on earth peace, good will towards men.

We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory,

O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

#### For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

#### The Collect of the Day

Celebrant:The Lord be with you.People:And with thy spirit.Celebrant:Let us pray.

O God, who hast taught us to keep all thy commandments by loving thee and our neighbor: Grant us the grace of thy Holy Spirit, that we may be devoted to thee with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who liveth and reigneth with thee and the same Spirit, one God, for ever and ever. **Amen.** 

#### The people are seated First Reading A Reading from the Second book of Kings (5:1-14)

Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master, because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy." So Naaman went in and told his lord just what the girl from the land of Israel had said. And the king of Aram said, "Go then, and I will send along a letter to the king of Israel." He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. He brought the letter to the king of Israel, which read, "When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy." When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me." But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." So Naaman came with his horses and chariots, and halted at the entrance of Elisha's house. Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean." But Naaman became angry and went away, saying, "I thought that for me he would surely come out, and stand and call on the name of the Lord his God, and would wave his hand over the spot, and cure the leprosy! Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?" He turned and went away in a rage. But his servants approached and said to him, "Father, if the prophet had commanded you

to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

The Word of the Lord.People:Thanks be to God.

All remain seated to say **Psalm 30** 

I will exalt you, O Lord, because you have lifted me up \* and have not let my enemies triumph over me. O Lord my God, I cried out to you, \* and you restored me to health. You brought me up, O Lord, from the dead; \* you restored my life as I was going down to the grave. Sing to the Lord, you servants of his; \* give thanks for the remembrance of his holiness. For his wrath endures but the twinkling of an eye, \* his favor for a lifetime. Weeping may spend the night, \* but joy comes in the morning. While I felt secure, I said, "I shall never be disturbed. \* You, Lord, with your favor, made me as strong as the mountains." Then you hid your face, \* and I was filled with fear. I cried to you, O Lord; \* I pleaded with the Lord, saying, "What profit is there in my blood, if I go down to the Pit? \* will the dust praise you or declare your faithfulness? Hear, O Lord, and have mercy upon me; \* O Lord, be my helper." You have turned my wailing into dancing; \* vou have put off my sack-cloth and clothed me with joy. Therefore my heart sings to you without ceasing; \* O Lord my God, I will give you thanks for ever.

### Remain seated Second Reading A Reading from Paul's letter to the Church in Galatia (6:1-16)

My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfill the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbor's work, will become a cause for pride. For all must carry their own loads. Those who are taught the word must share in all good things with their teacher. Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith. See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised-only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule-peace be upon them, and mercy, and upon the Israel of God.

The Word of the Lord.People:Thanks be to God.

All stand, as able Sequence Hymn

LEVAS # 29 vs. 1 & 2 Near the Cross

Remain standing
The Gospel: Luke 10:1-11, 16-20

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Luke.*People:* Glory be to thee, O Lord.

The Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but

if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.' Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me." The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" He said to them, "I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven."

The Rev. Julia M. McKeon

The Gospel of the Lord.PeoplePraise be to thee, O Christ.

Sermon

All stand, as able Nicene Creed

> We believe in one God, the Father, the Almighty, maker of heaven and earth. of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures: he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Remain standing **Prayers of the People** The Lector and People pray responsively

*Deacon*: God, the mother who nurtures us, is also God of power without end. We call on this God of comfort and might, saying: O mighty and gracious God, hear our prayer.

*Lector*: For your church, that the good news we spread always heed the physical and social needs of our listeners, O mighty and gracious God,

### People: Hear our prayer.

*Deacon*: We remember God's holy catholic church, including Sean, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Christopher, our Deacon, along with all other ministers in this congregation, lay and ordained; and all Anglican Christians around the world, especially The Church of Nigeria (Anglican Communion); and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops; and the members and Ministry of the Pastoral Response Team. O mighty and gracious God,

### *People:* Hear our prayer.

*Lector*: For leaders of nations, that they bring peace to their lands, destroying the demons of poverty and inequity, O mighty and gracious God,

## *People:* Hear our prayer.

*Deacon*: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. O mighty and gracious God,

### *People*: Hear our prayer.

*Lector*: For the dying among us, that they be granted dignity and serenity as they await the comforting arms of their mothering God, O mighty and gracious God,

### *People:* Hear our prayer.

*Deacon*: We remember those who have died, especially the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. O mighty and gracious God,

### *People:* Hear our prayer.

*Lector*: For people of all ages nearing breakdown, that they glimpse Jerusalem's hope, and that their hearts rejoice again, O mighty and gracious God,

#### *People:* Hear our prayer.

*Deacon*: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with the **People of Ukraine and Russia**, the **People of Israel and Palestine**, the **People of Haiti**, Amarachi Ngozi Okere, Ellen Wanser, Andrew McDonald, Virginia Barbarin, Donald Brokate & Anthony Rabara, Bernadette Pizzarelli, Edna White, Bill Pollock, Robin & John, Noel Amadi, Richard Cook, Darryl Francomacaro, Sandra Counts, Thomas Harrington, Marcia Newton, Crystal Smith, Marsha Williams White, Tim Robinson, the People of Israel and Iran, James Monath, Diane Antinone Rider, Raymond Sexler, Cathy Dennis, Gerard Hafliger, Yvette Winfield, Sen. John Hoffman, Yvette Hoffman, Marlon John, and the Sandiford and John families. O mighty and gracious God, *People*: Hear our prayer.

*Deacon*: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Rev. Carol Gilbert, The Very Rev. Diane Nancekivell, Comfort Sparks, The Rev. Dr. Peter Bridge, Imani White, The Rev. Dr. Peter Bridge, Tom & Georgianna Aiken and Helena Gongar. O mighty and gracious God,** *People:* **Hear our prayer.** 

The People may add their own petitions.

*Celebrant:* God of glory and tenderness, engrave in us the images of your sacred stories. Relieve us of our many burdens, and let our lives give honest testimony to your dominion, through Christ our Lord. **Amen**.

#### The Confession and Absolution

BCP p. 330

Please remain in your pew for the Peace.The PeaceCelebrant: The peace of the Lord be always with you.People: And with thy spirit.

# **Holy Communion**

Remain standing Offertory Hymn

Hymnal # 321

My God, Thy Table Now is Spread

#### The Great Thanksgiving: Eucharistic Prayer II

Celebrant:	The Lord be with you.
People:	And with thy spirit.
Celebrant:	Lift up your hearts.
People:	We lift them up unto the Lord.
Celebrant:	Let us give thanks unto our Lord God.
People:	It is meet and right so to do.

#### Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

All say together

Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

#### All kneel or stand, as able

*Celebrant:* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for

you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this, our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, ourselves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.** 

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be said

Celebrant:Alleluia. Christ our Passover is sacrificed for us;People:Therefore let us keep the feast. Alleluia.

#### All say together Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

#### The People may join in saying

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.** 

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

#### **Communion Solo**

Dr. Kerry Heimann, organ

All say together **Post-communion Prayer** 

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

#### Announcements

#### Blessing

*Celebrant:* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen**.

*Deacon:* Let us go forth into the world, rejoicing in the power of the Spirit.*People:* Thanks be to God.

### WE WELCOME TODAY'S GUEST PREACHER AND CELEBRANT!

The Rev. Julia M. McKeon is a supply priest serving both the Diocese of New Jersey and Pennsylvania. She enjoys attending Trinity on her non-supply Sundays and serving at Hamilton Grove Rehabilitation Center. She lives in Yardley, PA with her husband John.

#### TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY JULY 6, 2025 ~ PENTECOST 4/PROPER 9

法礼礼礼礼礼礼礼礼礼礼

**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.

# Y Y Y Y Y Y Y Y Y Y Y

<u>ANNOUNCEMENTS</u> The Lectors for the 10:00 am Mass on 7/13 are: J. Gil Williams, Bobbie Powell, TBD & Judith Miller (alternate) Chalice bearer: Virginia Harmer The Ushers/Greeters for Sunday, 7/13 (2<sup>nd</sup> Sunday) are: Edward Greenfield (Greeter/Usher) & Dennie Higgins (alternate Greeter)

This week we will bag food for the Food Pantry; join us on Thursday, July 10<sup>th</sup> at 4:45 pm.

# Did you know we have a Grief Support group at Trinity? Meet us in the Guild Room on Saturday, July $12^{th}$ from 10:00 am – 12:00 pm.

**Exciting projects underway at your Cathedral!** – You may have noticed some big, new things in the works here at Trinity! We have begun work to remove and restore one of the beautiful, HUGE stained glass windows in the Cathedral. The company – which has done work on the windows of St. Patrick's Cathedral in NYC – will work on the panels over the summer and return to re-install them in September. In addition, Bernard McMullan is finishing up an art installation made using the very old, very beautiful, needlepoint kneelers that were used for so many years here (since replaced with newer cushions to preserve the fine needlework.) Why not check it out and let Bernard know how much we appreciate his efforts?! More information will be forthcoming on these two projects . . .

**You may have heard that Andrea John's mother passed away in Barbados this past week.** She and Dean John have traveled back home to be with their family. We are hoping to collect some funds for a purse to help them defray some of the costs related to their travel and the funeral arrangements. If you are moved to give in this regard (any amount is welcomed), please make checks payable to Trinity Cathedral, but write "Johns' Purse" on the memo line of your check. Thank you for your generosity!

**The next Food Pantry distribution date is** – **Saturday, July 12<sup>th</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month)** from 9-11:00 am. **Each Thursday, we distribute hot dinners "to go" from 4:15–5:30pm at the Overbrook Avenue entrance** as a satellite location for the Trenton Area Soup Kitchen.



# THIS WEEK'S CATHEDRAL SCHEDULE

<b>TODAY (7/6)</b>	The Fourth Sunday after Pentecost/Proper 9
<b>8:30 am</b>	Rite I Eucharist in All Saints Chapel (in-person only)
<b>10:00 am</b>	Rite II Eucharist in the Cathedral (+ livestreamed, when available)
10:30a – 12:30p	Full Gospel Community Church service – CHP
	Urban Promise Summer Camp Monday – Thursday through August 7 <sup>th</sup> Blue Mountain Music Camp begins Monday – Friday through July 18 <sup>th</sup>
<u><b>Tues. (7/8)</b></u> 5:30 – 8:00 pm	Creation Care Ministry FREE cooking demonstration – SH
<u>Thurs. (7/10)</u>	TASK Meals – SH
4:15 – 5:30 pm	Westminster Choir College organ demonstration - CATH
3:45 pm	Food Pantry bagging in the Narthex
4:45 pm	Society of Mary Rosary Devotions via Zoom and phone access: Please E-mail
8:00 pm	Erica Warner at <u>vassose@aol.com for information on how to join us</u>
<u>Sat. (7/12)</u>	Food Pantry
9 – 11:00 am	Grief Support Group - GR
10 am – 12 pm	Clarence & Sophia Metzger funeral at Shiloh Baptist Church
10:00 am	(calling hours at 9 am)
<u>Sun. (7/13)</u>	<b>The Fifth Sunday after Pentecost/Proper 10</b>
10:00 am	<b>Rite II Eucharist in the Cathedral (+ livestreamed, when available)</b>
10:30a – 12:30p	Full Gospel Community Church service – CHP