



The Trinity Times

May 2025



*The
newsletter
of Trinity
Cathedral of
the Diocese
of New
Jersey*



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A Message from Dean John

Currently serving as Rector of the Episcopal Church of the Atonement in Washington, DC, The Rev. Ricardo Sheppard has been called to serve the Diocese of Virginia as Canon for Discipleship. He will begin his new call on June 1, 2025.

"With thanksgiving to God, I am delighted to announce that the Rev. Ricardo Sheppard will join the Diocese of Virginia as Canon for Discipleship, beginning June 1, 2025. God has blessed us with a faithful servant whose experience includes leadership development for clergy and laity, youth and young adult programming, community outreach and engagement, and justice initiatives. Please join me in welcoming Canon Sheppard!" -Bishop Stevenson

"Discipleship is letting faith possess us. It's building relationships where we can see gaps into which we bring Jesus. I am excited to partner with Rev. Sheppard, and I look forward to seeing how God uses this new call to better equip the Diocese of Virginia to be disciples." - Bishop Harris

"I am excited by the opportunity to serve in this new call. Discipleship is an active, lifelong journey of following Christ. It requires continual spiritual formation, engagement with scripture, and a commitment to living out our faith in the world. To "be disciples" is to be both learners and practitioners, seeking to grow deeper in our relationship with God while engaging our communities with love and service. My ministry has been defined by a deep commitment to discipleship, equipping leaders, and fostering lifelong spiritual formation across diverse communities. I am filled with joy to start this new call in the Diocese of Virginia, walking alongside her people to nurture a lifelong, justice-centered faith formation." -the Rev. Canon Ricardo Sheppard

Learn more about Canon Sheppard in the news release: episcopalvirginia.org/news/sheppard-called-discipleship/

Ricardo has come a long way since serving as Seminarian here at the Cathedral in 2013. We offer our congratulations and blessings on his new calling!

Faithfully,

The Very Rev. René John
Dean



BISHOP STEVENSON CALLS
CANON FOR DISCIPLESHIP

THE REV. RICARDO SHEPPARD

Begins June 1, 2025

On Sunday, April 27th Trinity Cathedral celebrated in a big way! Our dear Deacon Carol Gilbert marked both 20 years of dedicated ministry as a Deacon in the Episcopal Church, and her retirement from service here at our Cathedral. We enjoyed a lovely fellowship hour to share good memories, thank her for her time with us and see her into her next chapter.

For the last few months, Angela DiJoseph has been with us for prayerful study and experience during her time as a Seminarian, leading our Lenten Series and our Wednesday healing service, and preaching on Sundays. This Sunday brought our time together to a close, as we wish Angela blessings on her next steps to ordination.

And finally, this Sunday was Dean John's last with us before his four-month sabbatical! Together we enjoyed the music of the Good Shepherd Episcopal Church steel band, who with band leaders Arlene Hodge and Roger Miller, came all the way from the Bronx, New York to perform during and after the 10:00am Mass.





Almighty God, giver of all good gifts, in your divine providence you have appointed various orders of ministers in your Church: Give your grace, we humbly pray, to all who are called to any office and ministry for your people; and so fill them with the truth of your doctrine, and clothe them with holiness of life, that they may faithfully serve before you, to the glory of your great Name and for the benefit of your holy Church; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. ***Amen.***



Creation Care Corner

Updates for April and May



Our ECS-NJ funded plant-based cooking program has got off to a great start! So far, we have conducted one cooking demonstration, one hands-on cooking class and one dinner-and-a-movie. All sessions have been well attended, and the presentations have been of the highest standard thanks to Chef Pearl Thompson from Isles Inc.

The program runs through December 2025, so don't miss out and register for some sessions now:

- 2nd Tuesday of the month: Cooking demo or cooking class
- Last Tuesday of the month: Dinner-and-a-Movie.

All sessions start at 5:30 pm and include dinner.
And it's free! (Paid for by ECS-NJ)



Scan me

In other news



Check out our recently refreshed Creation Care table in Synod Hall, kindly put together by Jane Bridge, a member of our Creation Care team.

Our new theme of "Native Plants" encourages us to preserve and grow native plant species (as opposed to invasive species) in our yards, gardens and open spaces. This is most important for sustaining our native insect and bird populations, which are sadly in decline.

Farm Sanctuary Visit and Tour

Saturday May 17th 2025. 11:00 am – 1:00 pm

Uncle Neil's Home, Bridgeton NJ.

Diocesan event sponsored by the Creation Care team



Photo credit: Uncle Neil's Home. <https://www.uncleneilshome.org/>

May 17th 2025 (Rain date May 24th)

A fun and educational experience for all the family
(Under 16's must be accompanied by an adult)

Attendees will rendezvous at Uncle Neil's

Advanced registration required by May 3rd:



Use QR code or [Click Here](#)
to register

Email
ChristopherECox@aol.com
for more information

Private group tour

Meet the animals

Hear their stories

Learn how we can
improve life
for
God's creatures
in our food chain

Cost:
\$30 per person
\$60 per family
to cover
required farm
sanctuary
donation

Highlights of the April 2025 Trinity Cathedral Vestry Meeting

Eleven of the fourteen members of the Trinity Cathedral Vestry along with a guest attendee, Seminarian Angela Di-Joseph, met via Zoom on Monday evening, April 28, at 6:30 pm. The Dean presided and called the meeting to order at 6:33 pm and offered the opening prayer. The main agenda items addressed were as follows:

Financial Summary. Treasurer Ron Zilinski presented a financial summary of the Cathedral's operations through March. Income, at \$149k, was 95% of the budgeted amount; while expenses were \$238k, 109% of the budgeted amount, driven by higher property and maintenance expenses. \$50K was drawn down from the Cathedral's Wells Fargo investment brokerage account in March to manage low operating cash reserves.

Investments. Canon Paul Cooper presented a summary of the Cathedral's investments through March, which totaled \$2.415M, 5.3% less than at the end of 2024. \$902k of the total are invested in *Diocesan Investment Trust* (DIT) funds, \$1.014M of the total is under the management of the trustees of the *Dean Adams Trust* (DAT), and the remaining \$498K is mostly bequest money in a Wells Fargo brokerage account.

Property & Maintenance (P&M). Senior Warden Gil Williams reported for P&M Chair Mike Raab and shared that the heater system in the crypt has been repaired, and repairs to the entry ramp from the parking lot are underway. Gil also requested and was granted Vestry approval to spend \$45k on urgent repairs of 3 stained-glass windows (\$23k of that amount will be provided from our restricted gifts).

Food Pantry. Gil Williams reported for Lourdez Hernandez and shared that about 130 families were served at the most recent Saturday distribution.

Fund Raising. Junior Warden Margaret Nartey shared that the next fundraising event will be the Cathedral Dance on June 7. The Dean shared that planning for our major fundraiser, the annual Golf Outing, is ongoing under LaTonya Johnson's leadership.

Social Justice/ Episcopal Community Services (ECS). The Dean reminded the Vestry of the Cathedral's \$3k commitment in 2025 as a sustaining ECS member. Thanks to an ECS grant, our Cathedral *Creation Care Committee* has been working together with Isles to host "Cooking with Chef Pearl" sessions to foster healthy eating. The *Creation Care Committee* will also host a free Vegan Lunch catered by Lady and the Shallot after the 10am Service on May 4.

Dean's Report. The Dean gave thanks for the many wonderful activities that have happened in the Cathedral recently and highlighted the Easter week activities and confirmations on Easter Sunday. He shared his Sabbatical plans from May 1 through August 31, and the arrangements for Sunday coverage and pastoral care in his absence. He plans to celebrate the 40th anniversary of his ordination at the Cathedral on November 30. The Dean invited Angela DiJoseph to provide some reflections on her time at the Cathedral, and she expressed her appreciation for the learning, patience, acceptance, and warmth provided by the congregation and community.

Next Meeting. The next meeting will be that of the Major Chapter on Tuesday, May 13, at 6:30 pm via Zoom.

Closing Prayer and Blessing. Angela DiJoseph offered the closing prayer, and the meeting adjourned at 7:57 pm.

Respectfully submitted by Clerk Chinweze Ahaghotu. 30 April 2025.

Join us as Trinity Cathedral Goes ...



June 7, 2025

6:00 PM

Tickets: \$20

(Under 18: \$10)

for A TOTALLY AWESOME 80's Dance!

Food & Drinks! DJ! Raffle Prizes!

80's attire desired (but not required):
Neon, parachute pants, shoulder pads, acid wash
denim, legwarmers, & track suits welcome!

Prize for the Best-80's-Dressed!

(Please bring a potluck dish to share)

A FUNdraiser to benefit
Trinity Cathedral

801 West State St.
(609) 392-3805 X 100 for
tix (or buy on Sundays)



Trinity Episcopal Cathedral

SPRING – SUMMER CLOTHING CLOSET

NEW DATE!
CLOTHES STILL NEEDED!

Donations of spring/summer clothing are needed.
New or gently used, clean items are appreciated.

Socks, pants, shorts, shirts, jackets, and such.
(Always in short supply: men's & children's/teen's clothing.)

Also collecting new sheets &
New or gently used towels



**Leave donations in Synod Hall or the
Cathedral office by Monday, MAY 12th**



Clothing Distribution: Thursday, May 15th

10 a.m. – 1 p.m. in the Synod Hall of Trinity Cathedral

For more information or to volunteer, contact Lucy Adams or
Lourdez (Cookie) Hernandez

isles
PRESENTS



Cooking with Chef Pearl!

HEALTH-FOCUSED MENUS &
FUN COOKING DEMONSTRATIONS

Join us for **FREE** plant-based cooking classes and demonstrations led by Chef Pearl Thompson. Learn how to create delicious, health-focused meals that you can easily recreate at home!

What's Included:

- **HEALTH-FOCUSED MENUS** that are easy to make at home.
- **FREE DINNER-AND-A-MOVIE EVENT** featuring topics of environmental interest.
- **RAFFLE PRIZE** at each event!

When:

- **COOKING CLASSES:** Second Tuesday of each month, from March 11, 2025 to December 2025 • 5:30 — 8 pm
- **DINNER-AND-A-MOVIE EVENT:** Last Tuesday of each month, from March 25, 2025 to December 2025 • 5:30 — 8 pm

Where:

- **TRINITY EPISCOPAL CATHEDRAL**
801 West State Street • Trenton, NJ 08618



SPACE IS LIMITED!

Registration for each event is required.

TO REGISTER: Use the QR code or email ocaldwell@isles.org or call 609.341.4704

(Given the popularity of these events and limited seating, we ask that you **do not** register for all 16 workshops. To ensure as many residents as possible can participate, we recommend signing up for **two workshops in the same month.**)

Sponsored by



Isles.org • dioceseofnj.org/ecs

Our Easter Journey



Palm Sunday ...



... Through Holy Week ...



... and the Glory of Easter!





Congratulations to the Cathedral's Group of 2025 Confirmands!

Ra'shonda Washington, Adé Collins, Laurus Ketter, Nicole Ameh, Danielle Ameh, Cyrus Ketter, Thomas Moore, and Prince Roberts; and Michael Shoop, who was Baptized and Confirmed. Many thanks to Patricia Atkins and Althia Muse for leading our Confirmation classes.







Happy Easter



Check Out Your Altar Guild Shop!



**Don't forget the special
Moms & Graduates in your life!**



**Beautiful Hand Quilled Cards
Stunning Prayer Beads
Inspirational Mugs & Decorative Plaques
Devotionals
Cathedral Cookbooks with a Cause
Unique Gift Items and Much More!
*All reasonably priced – Bargains too!***

Open May 4th & 18th 🌻 After Services

**If you need something after hours, contact Lucy Adams at
trinitycathedralags@gmail.com or leave a message in the
Cathedral Office. **Thank you for your support!****

SAVE THE DATE!



The 21st annual Bishop George E. Cuncell Memorial Golf Outing & Pickleball Tournament will be held on Monday, October 13, 2025. In 2024, we focused on celebrating the milestone anniversary of the outing. And while we were pleased to generate over \$35,000 in income, We continue to believe the event has serious growth potential and will continue our efforts to mine the possibilities.

We need to spread the word amongst potential golfers and pickleballers, find new sponsors and advertisers, and obtain prizes for our after-tournament dinner reception. We would very much like to add a couple of additional members to the committee. If you believe you have skills that speak to any of the areas described above, we'd love to connect with you. You don't need to be a golfer, or even have knowledge of the game. We need organized, outgoing people with a love for Trinity Cathedral, who would be willing to solicit prospective sponsors, ad buyers, and auction items. Are you that person? If you would like to learn more about how we organize the Cathedral's biggest annual fundraiser, please call the office and speak to Patrice D'Angelo. It's always a fun time!



Please consider helping us to raise some funds at the raffle held at our Totally Awesome 80's Dance on June 7th. In past years we have held an annual basket raffle which has been a lot of fun! We often feature "theme baskets" with items that go together in one package (ex: towels, body wash, lotion and a bath pouf.) Can you donate the items to make a prize basket? Here are some ideas:

**Bottles of wine and/or spirits
to make "Baskets of Cheer"**

**Specialty foods
Father's Day
Tea/coffee fixings
Bath and body/Spa
BBQ supplies
S'mores makings
Movie Night
Lottery tickets
Piña Colada or Margarita
Candy and sweets
Gardening tools/plants
Pet care items
Craft beers/snacks
Fun in the Sun**

Gift cards in any amount make great prizes, too! Consider asking a local business you may know.

If you need more ideas, just ask Patrice in the office or a member of the Parish Life Commission. Each year we raise funds for our hospitality hours, to purchase supplies and other necessary items, and offset the cost of food for parish events. If you'd like to help out, please call the office at (609) 392-3805 ext. 100, or E-mail Patrice at: patriceattrinity@aol.com



Stretto Community Flea Market

Spring Cleaning? Sell, Shop, and Support Your Community!
Turn your clutter into cash and find amazing deals.

**Saturday, May 31st
9AM - 1PM
Trinity Cathedral
801 W. State St. Trenton, NJ**

Sell anything from clothes and accessories, to antiques and handmade goods.

Reserve a space for \$20, and keep 100% of your profits!

To rent a standard size folding table for \$10, email strettoyouthchamber@gmail.com

Help us bring everyone abroad on our 2025 United Kingdom Tour!

Tr'e Devon Lane Foundation
Supporting other families during these difficult times.

GRIEF Support Group

SATURDAY
May 10, 2025
10:00am
Trinity Episcopal Cathedral Church
801 West State Street Trenton, NJ
Please use parking lot in the rear

Please bring a photo of the person you lost

For more information please contact Regina at 609-209-2500



1	Matthew McDermott	Birthday
1	Nanette R. O'Brien-Blake	Birthday
1	Kumeiwo Ngwayah	Birthday
2	Debbie Raab	Birthday
4	Lauretta Ketter	Birthday
4	Samuel Richards	Birthday
5	Mary Hopkins	Birthday
6	Lawrence Monte	Birthday
9	Carolyn Ford	Birthday
10	Barbara Tweh	Birthday
10	Zoe Ahaghotu	Birthday
12	The Rev. Chris Cox	Birthday
17	Regina Zilinski	Birthday
17	Ron & Regina Zilinski	Anniversary
17	Ekele Onyenwe	Birthday
21	Dr. Paul Cooper	Birthday
21	Diane Nancekivell & Tom Baskett	Anniversary
22	Brenda Whiteman	Birthday
22	Sam Stephens	Birthday
23	Robin Bridge	Birthday
23	Ariana Jakub	Birthday
23	Vallerie M. Samuels	Birthday
25	Bernard McMullan & Sam Stephens	Anniversary
25	Robert C. Gibson	Birthday
26	Aweon A. Richards	Birthday
26	Melani A. Lewis	Birthday
26	Sally L. Fineburg	Birthday
26	Kurtis Perry	Birthday
26	Junius Ketter	Birthday
26	Cyrus & Lauretta Ketter	Anniversary
27	Thelma Tunstall	Birthday
28	Evangeline T. Smith	Birthday
28	Patti Castellon	Birthday
29	Hillary K. Sopko	Birthday
29	Tammy J. Samuels	Birthday
30	Keith Adams	Birthday
31	Janice Borrella	Birthday
31	Nathaniel McMullan	Birthday

1	Rev. Dr. John & Rosemary Luttrell	Anniversary
2	David Collins	Birthday
4	Christian White	Birthday
4	Fay Manicke	Birthday
4	Wipson Joseph	Birthday
5	Marsha Perry	Birthday
6	Kemdi Opara Jr.	Birthday
6	Christine Mitchell	Birthday
6	Nancy Hood-Boczar	Birthday
7	Judith M. Thompson	Birthday
7	Tracey Hopkins	Birthday
7	Isaac Garret Sinclair Newman	Birthday
9	Tarlow Miller	Birthday
9	Sharon Tejeda	Birthday
9	Gregory & Roseann Cooper	Anniversary
10	Josephine Khoury	Birthday
10	Azubuike Onyenwe	Birthday
10	Susan R. Ince	Birthday
11	Belinda Whiteman	Birthday
11	Joe D'Angelo	Birthday
12	Helena Gongar	Birthday
13	Angela Opara	Birthday
15	Anthony Wootson	Birthday
16	The Very Rev. Rene & Andrea John	Anniversary
17	Erica Warner	Birthday
17	The Very Rev. Rene John	Birthday
17	Susan Zitofsky	Birthday
17	James & Lynn Palmer	Anniversary
18	Rosemary Luttrell	Birthday
22	Lawrence Gustin	Birthday
22	Desiree Kirmalles-Prouty	Birthday
23	Kelly Castellon	Birthday
24	June Perfater	Birthday
24	Naomi McMullan	Birthday
25	Cyrus Ketter, Jr.	Birthday
27	Timothy Thorne	Birthday
27	John & Tammy Gibson, Jr.	Anniversary
29	Caitlin M. Palmer	Birthday
29	Althia & Naeem Muse	Anniversary

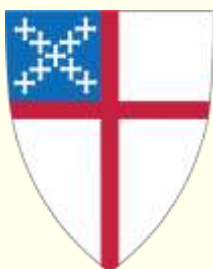


Please join in sharing good wishes for our fellow parishioners on their special day!

Trinity Cathedral

Of The Diocese of New Jersey
801 West State Street
Trenton, NJ 08618

Phone: (609) 392-3805
Fax: (609) 392-2305
www.TrinityCathedralNJ.org



Worship Schedule:

Sundays: 10:00 am - Rite II
In-person and livestreamed

Every 1st and 3rd Sunday:
8:30 am - Rite I
In-person only

Wednesdays: 12:10 - 12:45 pm
Healing Eucharist
In-person only
(on break through August)

Please go to
www.TrinityCathedralNJ.org
for information on how to join us
via livestream!

Our Vision:

A visible agent of God's love, joyfully embracing all people.

Our Mission:

God is here. Jesus loves you.

We are a welcoming, diverse community sharing God's love, spreading the Gospel and caring for all people and God's Creation. Come join us.

CATHEDRAL CLERGY

The Rt. Rev. Sally Johnson French, Bishop
The Very Rev. René Rory John, Dean
The Rev. Cn. Dr. Noel J. Amadi, Priest Associate
The Rev. Dr. Peter Bridge, Priest Associate
The Rev. Dr. John Luttrell, Priest Associate
The Rev. Cn. Bruce Montgomery, Priest Associate
The Rev. Chris Cox, Deacon
The Rev. Carol Gilbert, Deacon

CATHEDRAL STAFF

Patrice A. D'Angelo, Administrator
Dr. Kerry Heimann, Director of Music
Fay Manicke, Associate Director of Music
Al Shaw, Sexton
Tyree Bodiford, Associate Sexton

THE ACADEMY PRE-SCHOOL STAFF

The Rev. Lynn H. Johnson, Administrator
Tossa Thorpe, Administrative Assistant