

TRINITY CATHEDRAL  
OF THE DIOCESE OF NEW JERSEY

F I R S T

# Sunday in Lent



**MARCH 9, 2025 – THE FIRST SUNDAY IN LENT - YEAR C**  
**10:00 AM - THE HOLY EUCHARIST: RITE TWO**

**CELEBRANT & PREACHER – THE VERY REV. RENÉ JOHN**

801 West State Street, Trenton, NJ 08618  
Phone (609) 392-3805; Fax (609) 392-2305  
[www.TrinityCathedralNJ.org](http://www.TrinityCathedralNJ.org)  
**The Very Rev. René Rory John, Dean**

# 40 Days of Renewal

*The Trinity Cathedral Lenten Series*

Join us for our 2025 Lenten Series:

“Renewing our minds, through  
a closer look at our Collects (prayers)”

Led by Angela DiJoseph

Wednesdays, 7:00 - 8:30pm via Zoom:

March 12th, 19th & 26th

April 2nd & 9th

Call the Cathedral to register: (609) 392-3805



# BMF Scholarship Fund Benefit Recital

featuring



**Alex Fiszer**

Principal Cellist of Stretto Youth  
Chamber Orchestra



**Owen Graham**

Cellist, Graduated with a degree in  
Cello Performance from the Royal  
Academy of Music, pursuing a  
Masters degree from the Manhattan  
School of Music



**Farshad Zadeh**

Pianist, Graduated with a D.M.A.  
from the University of Texas -  
Austin, Stretto Faculty

**Sunday, March 16th at 2PM**  
**@ Trinity Cathedral**  
**801 W. State Street, Trenton, NJ**  
**Free Will Offering**

Any contributions made online and during our benefit recital will go towards the BMF Scholarship Fund, which provides financial aid to student's to ensure they can attend the festival.

<https://strettoyouthchamberorchestra.networkforgood.com/projects/246955-bmf-scholarship-fund-2025>



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## **Stretto Bingo Night!**

**Save the Date - Saturday, March 29th from 6 to 7:30PM**  
**@ Trinity Cathedral, 801 W. State Street, Trenton, NJ**

Tickets are \$25 for adults, \$10 for students,  
and \$50 for families of 5 (immediate family only)

Win some awesome prizes while supporting Stretto's 2025 United Kingdom Tour and help to bring everyone in our group abroad for this cross-cultural experience!

**WELCOME! We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces.**

*Please stand as indicated and be seated for lessons*

**Prelude**

*Dr. Kerry Heimann, organ*

*All stand as able and recite responsively*

**The Great Litany**

**Cantors:**

**Cn. Paul Cooper & Susan Remmers**

*Cantor:* O God the Father, Creator of heaven and earth,

*People:* **Have mercy upon us.**

O God the Son, Redeemer of the world,

**Have mercy upon us.**

O God the Holy Ghost, Sanctifier of the faithful,

**Have mercy upon us.**

O holy, blessed, and glorious Trinity, one God,

**Have mercy upon us.**

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us forever.

**Spare us, good Lord.**

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

**Good Lord, deliver us.**

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

**Good Lord, deliver us.**

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

**Good Lord, deliver us.**

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

**Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

**Good Lord, deliver us.**

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

**Good Lord, deliver us.**

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

**Good Lord, deliver us.**

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

**Good Lord, deliver us.**

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

**Good Lord, deliver us.**

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

**We beseech thee to hear us, good Lord.**

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

**We beseech thee to hear us, good Lord.**

That it may please thee to bless and keep all thy people,

**We beseech thee to hear us, good Lord.**

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

**We beseech thee to hear us, good Lord.**

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

**We beseech thee to hear us, good Lord.**

That it may please thee to bring into the way of truth all such as have erred, and are deceived,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,  
**We beseech thee to hear us, good Lord.**

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,  
**We beseech thee to hear us, good Lord.**

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  
**We beseech thee to hear us, good Lord.**

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,  
**We beseech thee to hear us, good Lord.**

That It may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,  
**We beseech thee to hear us, good Lord.**

That it may please thee to preserve all who are in danger by reason of their labor or their travel,  
**We beseech thee to hear us, good Lord.**

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,  
**We beseech thee to hear us, good Lord.**

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,  
**We beseech thee to hear us, good Lord.**

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,  
**We beseech thee to hear us, good Lord.**

That it may please thee to have mercy upon all mankind,  
**We beseech thee to hear us, good Lord.**

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,  
**We beseech thee to hear us, good Lord.**

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,  
**We beseech thee to hear us, good Lord.**

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,  
**We beseech thee to hear us, good Lord.**

That it may please thee to grant to all the faithful departed eternal life and peace,  
**We beseech thee to hear us, good Lord.**

That it may please thee to grant that, in the fellowship of the blessed virgin Mary and all the saints, we may attain to thy heavenly kingdom,  
**We beseech thee to hear us, good Lord.**

Son of God, we beseech thee to hear us.  
**Son of God, we beseech thee to hear us.**

O Lamb of God, that takest away the sins of the world,  
**Have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**Have mercy upon us.**

O Lamb of God, that takest away the sins of the world,  
**Grant us thy peace.**

O Christ, hear us.  
**O Christ, hear us.**

Lord, have mercy upon us.  
**Christ, have mercy upon us.**  
Lord, have mercy upon us.

## The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The people are seated*

**First Reading**

**Lector: Brenda Whiteman**

**A Reading from the book of Deuteronomy (26:1-11)**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of the Lord.

*People:* **Thanks be to God.**



*Remain seated; all sing Refrain together*  
**Psalm 91:1–2, 9–16**

**Cantor: Dr. Kerry Heimann**



God shall give the an - gels charge o - ver you, to keep you in all your ways.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

He who dwells in the shelter of the Most High, \*  
abides under the shadow of the Almighty.

He shall say to the Lord,  
“You are my refuge and my stronghold, \*  
my God in whom I put my trust.”

***Refrain***

Because you have made the Lord your refuge, \*  
and the Most High your habitation,  
There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.

***Refrain***

For he shall give his angels charge over you, \*  
to keep you in all your ways.  
They shall bear you in their hands, \*  
lest you dash your foot against a stone.  
You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent  
under your feet.

***Refrain***

Because he is bound to me in love,  
therefore will I deliver him; \*  
I will protect him, because he knows my Name.  
He shall call upon me, and I will answer him; \*  
I am with him in trouble;  
I will rescue him and bring him to honor.  
With long life will I satisfy him, \*  
and show him my salvation.

***Refrain***

*Remain seated*

**Second Reading**

**Lector: Virginia Harmer**

**A Reading from Paul's letter to the Church in Rome (10:8b-13)**

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

The Word of the Lord.

**People: Thanks be to God.**

*All stand, as able*

**Sequence Hymn**

**Hymnal # 147**

**Now Let Us All with One Accord**

*Remain standing*

**The Gospel: Luke 4:1-13**

**Deacon:** The Holy Gospel of our Lord Jesus Christ according to Luke.

**People: Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’” Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’” Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written, ‘He will command his angels concerning you, to protect you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

**People Praise to you, Lord Christ.**

**Sermon**

**The Very Rev. René John,  
Dean**

*All stand as able and say together*

**A Statement of Faith based on Galatians 3:26-28**

*Celebrant:* Let us renew our pledge to work for unity, justice, and peace.

**We are all children of God.**

**There is no longer Jew or Greek.**

**There is no longer slave or free.**

**There is no longer male and female.**

**For we are all one.**

**We believe Jesus lived for this and died for this.**

**We pledge ourselves with God's help and the support of each other to make this become a reality.**

*All stand*

**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation  
he came down from heaven:**

**by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Please remain in your pew for the Peace.*

**The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

*Given that SARS-CoV2, the virus that causes the disease COVID-19, is now endemic in the US and globally, it is reasonable for parishes to return to a form of the peace common before 2019. It is clear, however, that for various reasons, some may not feel comfortable with handshakes, hugs and the like. It is thereby important that we are considerate and respectful of those who choose or need to take extra precautions.*

**Holy Communion**

*Please remain seated while Ushers collect the offertory*

**Offertory Anthem**

**Lenten Meditation**

arr. Jay Althouse

*The Absalom Jones Inspirational Choir*

*All stand, as able*

**Offertory Hymn**

**Hymnal # 143**

**The Glory of These Forty Days**

*Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.*

**The Great Thanksgiving:**

**Eucharistic Prayer A**

**Chalice bearer: Judith Miller**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give God thanks and praise.**

*The Celebrant proceeds . . .*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*All sing together*

**Sanctus**

**Hymnal # S-114**

*The people stand or kneel. Then the Celebrant continues . . .*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

***Celebrant and People:***

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant:* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

*Celebrant:* And now, as our Savior Christ has taught us, we now pray . . .

*Celebrant and People:*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

**Fraction**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.  
Then may be said . . .*

*Celebrant:* Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast.**

*All sing together*

**Agnus Dei**                      **Hymnal # S-158**

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

*All Baptized Christians are welcome to make their Communion at the Lord's table.*

**Communion Hymn**              **Hymnal # 121**                      **Christ, When for Us You Were Baptized**

*The People are seated*

**The Post-Communion Prayer**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food**

**in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

### **Announcements**

*All stand, as able*

**Recessional Hymn**

**Hymnal # 448**

**O Love, How Deep, How Broad, How High**

### **Blessing**

*Deacon:* Bow down before the Lord.

*Celebrant:* Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen.**

### **Dismissal**

*Deacon:* Let us go forth in the name of Christ.

*People:* **Thanks be to God.**

### **Postlude**

*Dr. Kerry Heimann, organ*

### **A Healthy Congregation is a Singing Congregation:**

"A bird doesn't sing because it has an answer, it sings because it has a song."

*- Maya Angelou (1928 - 2014) American poet, memoirist,  
actress, singer, dancer and civil rights activist.*

*"When we sing, we can do anything – change the world, bring peace, be our best selves at last.  
When we sing, our hearts can lift and fly, over the troubled waters and over the years."*

*- Judy Collins (1939 - ) American singer and songwriter*

**PLEASE REMEMBER IN YOUR PRAYERS**

We remember God's holy catholic church, including Sean, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; and all Anglican Christians around the world, especially the Anglican Church of Canada; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops; and The Rev. Dr. Georgia S. Cohen.

We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God.

We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Willie J. Coleman, Gregory Blasse, Stephen B. Ford and Judith Miller.**

We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Amarachi Ngozi Okere, Ellen Wanser, Andrew McDonald, Wes Wood, Virginia Barbarin, Max Bourjolly, Tom Peters, Steven Erdy, Tammy and the Gibson family, Barbara Lawrence, Pope Francis, Rachel Steele, Ethan Rome, Husayne Ferguson, Tara Shirk and the Valentine family, Edna Garrison, Sandra Counts, and Karen Pilgrim.**

We remember those who have died, especially **Tomaso Collik-Migliaccio, Susan Valentine, Dr. Alvin Poussaint, Harold McLean**, the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world.

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY  
MARCH 9, 2025 ~ THE FIRST SUNDAY IN LENT**



**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



**ANNOUNCEMENTS**

The Lectors for the 10:00 AM Mass on 3/16 are:

**Sue Gummere, Chinweze Ahaghotu, Erica Warner & Fay Manicke (alternate)**

**Chalice bearer: Bobbie Powell**

The Ushers/Greeters for Sunday, 3/16 (3<sup>rd</sup> Sunday) are:

**Samuel Richards (Greeter/Usher), Margaret Nartey (alternate)**



**You are welcome to join us for coffee hour immediately following the 10:00 AM Mass, in our parish hall** (go down the ramp toward the parking lot doors; the entrance to Synod Hall is on the left, directly across from the church office.)

**There are Lent calendars for adults, teens and children on the literature table in the main hallway and on the “ship table” in the Cathedral. Please take one to support your daily prayers for Lent.**

**Beginning Thursday, March 13<sup>th</sup>, we will observe the Stations of the Cross each Thursday at 8:00 pm via Zoom** (in place of our usual Rosary Devotions.) If you would like to participate, please call the office (a link will be E-mailed.)

**It’s time to prepare for our Easter egg hunt!** – On Sunday, April 20<sup>th</sup> we will host our annual East egg hunt on the grounds of the Cathedral (weather permitting). Can you contribute to the egg hunt? We don’t actually need any more eggs (thankfully – have you seen the price of eggs lately?) What we DO need are egg fillers: candy, coins and very small toys and prizes that can fit inside. Please bring your contributions to the Cathedral office. Thanks!

**Our 2025 Lenten Series** - What are the collects of the Church? How can these beautiful prayers help to strengthen our faith by reminding us of God's goodness, mercy, and love? Join us on Wednesday evenings in Lent as we explore these deep truths, how they connect to Scripture, and how we can inwardly digest them as food for our Lenten journey. We'll meet via Zoom from 7 - 8:30 PM for five consecutive Wednesday evenings (March 12<sup>th</sup> – April 9<sup>th</sup>). There is nothing to purchase, you'll just want to have a Bible for reference. For more information, speak with Angela DiJoseph or Dean John.

**New Parish Directory coming in Spring 2025!** – On the “ship table” and the literature table in the main hallway, you will find blank member profile forms. Please fill one out and submit it to the cathedral office, or turn it in to an Usher on Sunday. We will use this information to complete the new parish directory for 2025. (If there is any information you wish to keep unpublished, simply indicate this on the form. Thanks!)

**The next Food Pantry distribution date is – Saturday, March 22<sup>nd</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month)** from 9-11:00 am.

**Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance** as a satellite location for the Trenton Area Soup Kitchen.



isles  
PRESENTS

# Cooking with Chef Pearl!



HEALTH-FOCUSED MENUS &  
FUN COOKING DEMONSTRATIONS

Join us for FREE plant-based cooking classes and demonstrations led by Chef Pearl Thompson. Learn how to create delicious, health-focused meals that you can easily recreate at home!

What's Included:

- **HEALTH-FOCUSED MENUS** that are easy to make at home.
- **FREE DINNER-AND-A-MOVIE EVENT** featuring topics of environmental interest.
- **RAFFLE PRIZE** at each event!

When:

- **COOKING CLASSES:** Second Tuesday of each month, from March 11, 2025 to December 2025 • 5:30 – 8 pm
- **DINNER-AND-A-MOVIE EVENT:** Last Tuesday of each month, from March 25, 2025 to December 2025 • 5:30 – 8 pm

Where:

- **TRINITY EPISCOPAL CATHEDRAL**  
801 West State Street • Trenton, NJ 08618



**SPACE IS LIMITED!**

Registration for each event is required.

**TO REGISTER:** Use the QR code or email [ocaldwell@isles.org](mailto:ocaldwell@isles.org) or call 609.341.4700

(Given the popularity of these events and limited seating, we ask that you **do not register for all 16 workshops**. To ensure as many residents as possible can participate, we recommend signing up for **two workshops in the same month.**)

Sponsored by



[Isles.org](http://Isles.org) • [dioceseofnj.org/ecs](http://dioceseofnj.org/ecs)

SAVE  
THE DATE!

# JAZZ UP SATURDAY

CAST is delighted to welcome back  
**MACI MILLER & HER QUARTET**

**Saturday, April 5  
at Trinity Cathedral**

801 West State Street • Trenton, NJ 08618

\$30 + Cash Bar

Enjoy the catered nosh starting at **6 pm**  
Music starts at **7 pm**



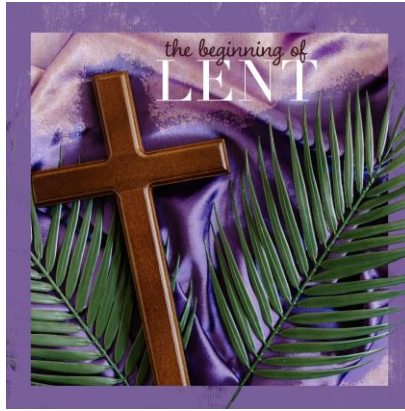
“Miller is one of those singers they say has something . . . Indeed she does: **talent**  
. . . well worth making the effort to hear.” — Richard J. Salvucci, *All About Jazz*



Presented by the Cathedral  
Arts Series at Trinity (CAST)

More Information:  
609.392.3805 ext. 100

Free parking



### THIS WEEK'S CATHEDRAL SCHEDULE

#### **TODAY (3/9)**

9:15 am

**10:00 am**

After Mass

10:30a – 12:30p

11:15 – 12:15 pm

#### **The First Sunday in Lent**

Choir warm-up

**Rite II Eucharist - CATH (+ livestreamed, when available)**

Confirmation Class (Prayer) - GR

Full Gospel Community Church service – CHP

Choir rehearsal

#### **Tues. (3/11)**

5:30 – 8:00 pm

Creation Care Cooking Demonstration – SH

*This week's Adult Christian Ed. has been moved to 3/18*

#### **Wed. (3/12)**

**12:10 pm**

7 - 8:30 pm

Pre-K early dismissal

**Wednesday Healing Eucharist - CHP**

Lenten Series: "40 Days of Renewal" via Zoom (call office for link/will be E-mailed)

#### **Thurs. (3/13)**

4:15 – 5:30 pm

8:00 pm

TASK Meals – SH

Stations of the Cross, via Zoom (call office for link/will be E-mailed)

#### **Sat. (3/15)**

11:00 am

Funeral Mass for The Rev. Edmund Zelle, Jr./reception follows

#### **Sun. (3/16)**

**8:30 am**

9:15 am

**10:00 am**

After Mass

10:30a – 12:30p

11:15 – 12:15 pm

2:00 pm

**The Second Sunday in Lent ~ Altar Guild Shop open**

**Rite I Eucharist – CHP (in-person only)**

Choir warm-up

**Rite II Eucharist - CATH (+ livestreamed, when available)**

"Talking Across a Divide" discussion during coffee hour - SH

Full Gospel Community Church service – CHP

Choir rehearsal

Stretto Youth Chamber Orchestra scholarship fundraising recital (free will offering – join us!)