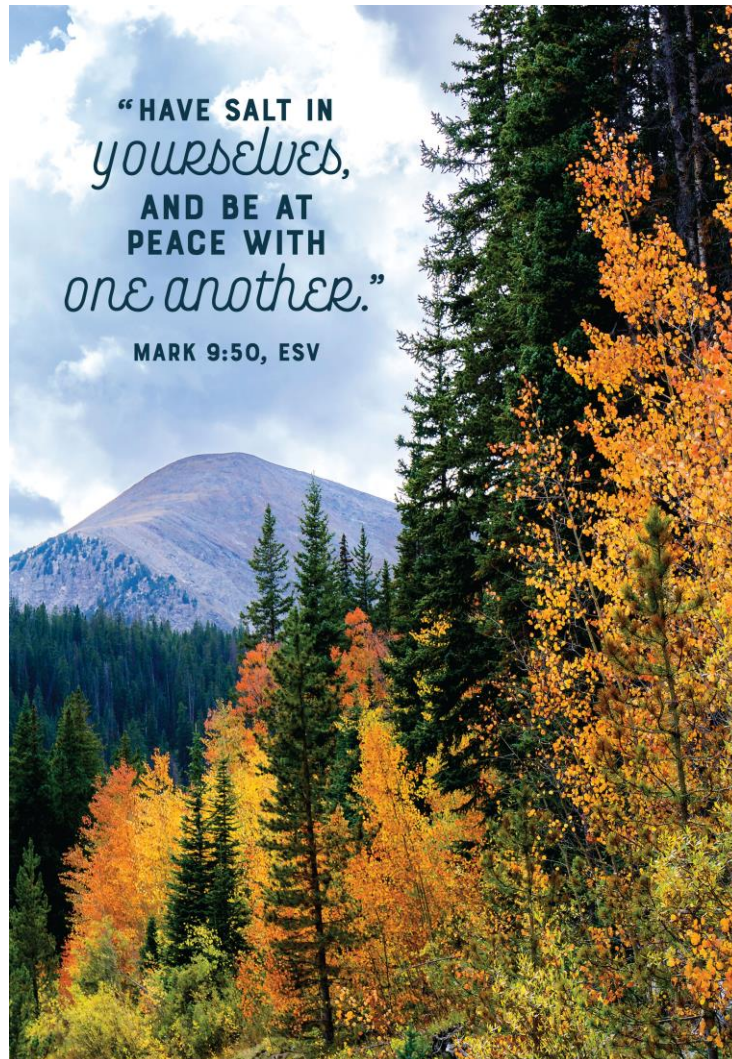


TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



SEPTEMBER 29, 2024 – PENTECOST 19/PROPER 21 – YEAR B
10:00 AM - THE HOLY EUCHARIST: RITE TWO

CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – THE REV. CHRIS COX

801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305

www.TrinityCathedralNJ.org

The Very Rev. René Rory John, Dean

WELCOME! We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Prelude

Dr. Kerry Heimann, organ

Remain standing

Processional Hymn

Hymnal # 609

Where Cross the Crowded Ways of Life

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing

Hymnal # S-280

Gloria

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated

First Reading

Lector: Susan Remmers

A Reading from the book of Numbers (11:4-6, 10-16, 24-29)

The rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at." Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so

badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, 'Carry them in your bosom, as a nurse carries a sucking child,' to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, 'Give us meat to eat!' I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery." So the Lord said to Moses, "Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you." So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, "Eldad and Medad are prophesying in the camp." And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, "My lord Moses, stop them!" But Moses said to him, "Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit upon them!"

The Word of the Lord.

People: Thanks be to God.

Remain seated; sung by the choir

Psalm 124

Nisi quia Dominus

C. Hylton Stewart



Printed on next page

- 1 If the LORD had not ^{been} on our ^{side}, *
let ^{Israel} ^{nöw} say;
- 2 If the LORD had not ^{been} on our ^{side}, *
when ^{enemies} rose ^{up} a^{gainst} us;
- 3 Then would they have swallowed us ^{up} a^{live} *
in ^{their} fierce ^{anger} ^{toward} us;
- 4 Then would the waters have ^{over} ^{whelmed} us *
— ^{and} the ^{torrent} gone ^{over} us;
- 5 Then would the ^{raging} ^{waters} *
have ^{gone} ^{right} ^{over} us.
- 6 Blessèd ^{be} the ^{LORD}! *
he has not given us over to be a ^{präy} ^{for} their ^{teeth}.
- 7 We have escaped like a bird from the ^{snare} of the ^{fowler}; *
the snare is ^{broken}, and ^{we} have es^{caped}.
- 8 Our help is in the ^{Name} of the ^{LORD}, *
the ^{maker} of ^{heaven} and ^{earth}.

Remain seated

Second Reading

Lector: Larry Spears

A Reading from the letter of James (5:13-20)

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

The Word of the Lord.

People: Thanks be to God.

All stand, as able
Sequence Hymn

Hymnal # 509

Spirit Divine, Attend our Prayers

Remain standing
The Gospel: Mark 9:38-50

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

John said to him, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

The Rev. Chris Cox
Deacon

All stand as able and say together
A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God.

There is no longer Jew or Greek.

There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

All stand
Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

The Leader and People pray responsively

Lector: John Gummere

Deacon: We have heard today the cost of discipleship. That we may be empowered to bear the name of Christ, let us pray for ourselves and for the whole world, saying: Lord, hear our prayer.

Lector: The church of God is fragmented; we need the healing of the Holy Spirit. Let us pray for the church.

***People:* Lord, hear our prayer.**

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Church of Pakistan (United); and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, St. Michael's Church in Trenton, St. Raphael the Archangel Church in Brick, Church of St. Michael the Archangel in Wall, and Church of St. Uriel the Archangel in Sea Girt.

***People:* Lord, hear our prayer.**

Lector: The world cries out for an increase of justice and for an end to war. Let us pray for the world.

***People:* Lord, hear our prayer.**

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Let us pray to the Lord.

***People:* Lord, hear our prayer.**

Deacon: Our country is striving for equality and a better life for all its citizens. Let us pray for our nation.

***People:* Lord, hear our prayer.**

Lector: Our community seeks a better sense of its gifts and more wisdom into its problems. Let us pray for our community.

***People:* Lord, hear our prayer.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **The Very Rev. René John (Dcn. Ord.), Susan Jean Remmers, Michele N. Lewis, Deandra Magda Joseph, Lori Duthie, Howard C. Ebersole, Kyle Taylor and Michele Koenig.** Let us pray to the Lord.

***People:* Lord, hear our prayer.**

Lector: We know many people who are sick and suffering, who have public hurt or private pain. Let us pray for all in need.

***People:* Lord, hear our prayer.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Amarachi Ngozi Okere, Conrad & Phyllis Tompkins, Ernie DeMarie, Donna A. Miller, Husayne**

Ferguson, Charles Brown, Prince Muhummad, Angelica Reed, Cornell Lawrence, Gerald Neufeld, Susanna Mansue, the Robinson family, the Ray family, the McGlothen family, the Noelizaire family, the Gaudreau family, Brann Wry, Andrew McDonald, the Roman family, the Turner family, Amy DeSanto, Aaliyah A. VanHeusen, Tony Rossi, Shirley Rutherford, Virginia Barbarin, Wesley Wood, Matthew Zilinski, Linda Johnson, and Felicia Kendrick. Let us pray to the Lord.

People: Lord, hear our prayer.

Lector: Our lives have been enriched by the lives of all those like Moses, the elders, and the disciples who have gone before us in the faith. Let us pray for grace to be disciples.

People: Lord, hear our prayer.

Deacon: We remember those who have died, especially **Charlotte Rieger, Alex Pujols**, the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. Let us pray to the Lord.

People: Lord, hear our prayer.

Silence ~ The People may add their own petitions

Celebrant: We are thirsty, O merciful God; give us a cup of water to drink. Hear our prayers and answer our cries of need through your Son, Christ our Lord. **Amen.**

The Confession and Absolution

BCP p. 360

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Given that SARS-CoV2, the virus that causes the disease COVID-19, is now endemic in the US and globally, it is reasonable for parishes to return to a form of the peace common before 2019. It is clear, however, that for various reasons, some may not feel comfortable with handshakes, hugs and the like. It is thereby important that we are considerate and respectful of those who choose or need to take extra precautions.

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Anthem

Kumbaya

traditional, arr. Paul Sjolund

The Absalom Jones Inspirational Choir

All stand, as able

Offertory Hymn

Hymnal # 635

If Thou But Trust in God to Guide Thee

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

**The Great Thanksgiving:
Eucharistic Prayer A**

Chalice bearer: Hilary Cox

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People:

Hymnal # S-129

Sanctus

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Hymnal # S-163

Fraction Anthem

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

All Baptized Christians are welcome to make their Communion at the Lord's table.

Communion Hymn

LEVAS # 178

Sweet Hour of Prayer

The People are seated

The Post-Communion Prayer

Celebrant and People:

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Announcements

All stand, as able

Recessional Hymn

Hymnal # 347

Go Forth for God;

Go to the World in Peace

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

The Cathedral Arts Series at Trinity presents

השלום

HaShalom

Featuring Sandrine Erdely-Sayo

Saturday, October 5, 2024 5:00PM

Trinity Cathedral of the Diocese of New Jersey
801 West State Street, Trenton, New Jersey



Join us for a concert of works from Sandrine's recently released CD, *Majestic Liszt* and also featuring works celebrating the Jewish High Holidays.

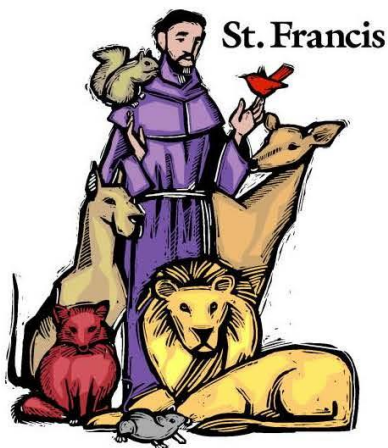
Free Will Offering

Tickets & INFO: (609) 392-3805 ext. 100

Join us at Trinity Cathedral
for
A Blessing of the Animals

Sunday,
October 6, 2024

At the 10:00 am Mass

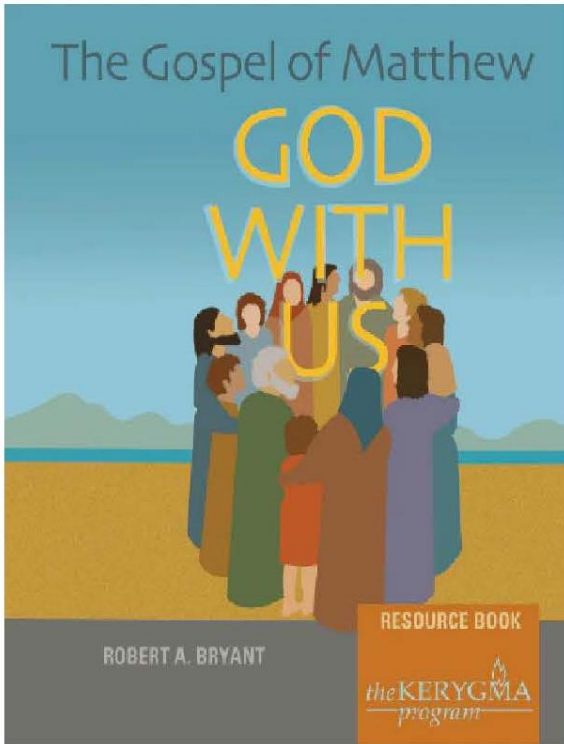


Bring your animal
companions to receive a
blessing during our worship, as
we commemorate the Feast
of St. Francis of Assisi!

Trinity Cathedral
801 West State Street
Trenton, New Jersey 08618
(609) 392-3805 ext. 100



2024/25 Bible Study Offering: The Gospel of Matthew



According to the Gospel of Matthew, it is Emmanuel, “God with us”, who unites us and holds us together.

In a world of many divisions, come and explore how God calls us to a new community at work for the blessing of all.

**Please join us for this
14 session discussion class!**

By Zoom at 7pm on alternate Tuesdays

**Contact Dcn. Christopher Cox
for more information and to sign-up.
Start date October 8, 2024**



**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
SEPTEMBER 29, 2024 ~ PENTECOST 19/PROPER 21**



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 10/6 are:

Howard Ebersole, Cn. Clara Gregory, Cn. Phil Lewis & Gail Lewis (alternate)

Chalice bearer – Margaret narthey

The Greeters for the 10:00 am Mass on 10/6 (1st Sunday) are:

Veronica Ngwayah (alternate – Edward Greenfield)

Today is Volunteer Appreciation Day at our hospitality hour! Sunday, October 13th will be Clergy Appreciation Day; if you can bring a dish to share, please speak with Larry Spears.

NOW is the time to support our Golf Outing! This is our biggest fundraiser of the year, and we'd love to see full participation from our parishioners for our 20th Anniversary event! Here's how you can support the event:

- Donate a bottle (or two!) of wine to our Cork Pull – bottles valued \$20 each, please
- Dinner reception, food and fellowship - \$40
- Pickleball player (beginners & advanced) - \$60
- Golf Cart Sponsor - \$75
- Hole Sign Sponsor - \$100

Golf Outing donation forms are on the table outside of Synod Hall. *Please speak with Willie Coleman about participating, and have donations in by the end of September.*



Trinity Altar Guild Shop Fall Update



Starting in November the shop will be open the 1st & 3rd Sundays after both services. During Advent – open every Sunday. Join us Sunday, October 20th – Shop will be open! Check out new items and bargain table! Free Gift for just stopping in!

2025 Church Calendars are in! Wall, desk and pocket size.

Special = The Book of Common Prayer & Hymnal Combination Book with red or black leather cover, boxed now just \$75! Yes, you saw correctly! (Retails for \$105) We got a deal, so it's passed on to you!

It's back! – The Cathedral African Festival is scheduled for Saturday, October 26th at 7:00 pm. Tickets are just \$25 for adults, \$10 for children; please see Gaw Jones or a member of the African Festival Committee to purchase.

The CAST committee has been hard at work putting together an exciting season for our church family! - We begin our new season with our first concert, entitled “**HaShalom**” featuring pianist Sandrine Erdely-Sayo on Saturday **October 5, 2024 at 5:00PM (previously announced as 3pm)**. Join us for a concert of works from Sandrine's latest CD *Majestic Liszt*, just released in June 2024 to overwhelmingly high reviews, along with works celebrating the Jewish High Holidays. Attendance is by “free will offering”; see Bobbie Powell for more information.

We are pleased to announce we have reached our goal of becoming a sustaining member of Episcopal Community Services (ECS) 2024. We have sent our \$3,000 contribution on to ECS.

From August-April, Althia Muse will be offering bi-weekly confirmation classes for anyone seeking confirmation by our bishop on Holy Saturday (April 19, 2025.) Ideally, we will meet alternating Thursdays and some Sundays using both in-person and virtual platforms. Participants will also learn about and support various ministries at the Cathedral. Anyone interested should contact Althia at (609) 802-2303.

The next Food Pantry distribution date is – Saturday, October 12th (2nd & 4th Saturdays this month) from 9-11:00 am. Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

THIS WEEK’S CATHEDRAL SCHEDULE

TODAY (9/29)

9:15 am

10:00 am

After Mass

10:30a – 12:30p

11:15 am

The 19th Sunday after Pentecost (Proper 21) – Volunteer Appreciation Day

Choir warm-up

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Confirmation class: “God the Father” - GR

Full Gospel Community Church service – CHP

Choir rehearsal

Wed. (10/2)

12:10 pm

Wednesday Healing Eucharist - CHP

Thurs. (10/3)

4:15 – 5:30 pm

8:00 pm

TASK Meals – SH

Rosary devotions, via Zoom

Sat. (10/5)

5:00 pm

Trinity Strings music classes

CAST presents: HaShalom featuring Sandrine Erdely – free will offering

Sun. (10/6)

9:15 am

8:30 am

10:00 am

After Mass

10:30a – 12:30p

11:15 am

The 20th Sunday after Pentecost (Proper 22)

Choir warm-up

Rite I Eucharist in All Saints Chapel (in-person only)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Confirmation Class: “God the Son” – GR

Carlos Ramos Committal in Dean Adams Memorial Garden

Full Gospel Community Church service – CHP

Choir rehearsal