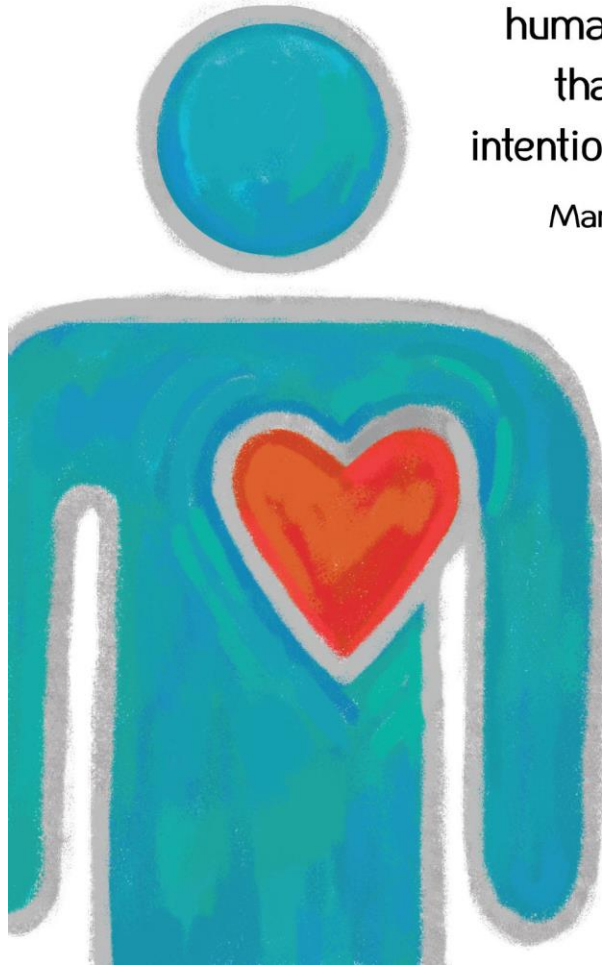


**TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY**

For it is
from within,
from the
human heart,
that evil
intentions come...

Mark 7:21, NRSV



**SEPTEMBER 1, 2024 – PENTECOST 15/PROPER 17 – YEAR B
8:30 AM - THE HOLY EUCHARIST: RITE ONE**

CELEBRANT & PREACHER – THE REV. CN. BRUCE MONTGOMERY

The Very Rev. René Rory John, Dean
801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305
www.TrinityCathedralNJ.org

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Liturgy of the Word

Prelude

Dr. Kerry Heimann, organ

Processional Hymn

**Hymnal # 372
vs. 1 & 4**

Praise to the Living God!

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.
Amen.

All say together

Gloria in Excelsis

**Glory be to God on high,
and on earth peace, good will towards men.**

**We praise thee, we bless thee,
we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,**

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,

that takest away the sins of the world,

have mercy upon us.

Thou that takest away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

**For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Let us pray.

Lord of all power and might, who art the author and giver of all good things: Graft in our hearts the love of thy Name, increase in us true religion, nourish us with all goodness, and bring forth in us the fruit of good works; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated

First Reading

A Reading from the Song of Solomon (2:8-13)

The voice of my beloved! Look, he comes, leaping upon the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look, there he stands behind our wall, gazing in at the windows, looking through the lattice. My beloved speaks and says to me: "Arise, my love, my fair one, and come away; for now the winter is past, the rain is over and gone. The flowers appear on the earth; the time of singing has come, and the voice of the turtledove is heard in our land. The fig tree puts forth its figs, and the vines are in blossom; they give forth fragrance. Arise, my love, my fair one, and come away."

The Word of the Lord.

People: **Thanks be to God.**

All remain seated to say

Psalm 45:1-2, 7-10

**My heart is stirring with a noble song;
let me recite what I have fashioned for the king; *
my tongue shall be the pen of a skilled writer.
You are the fairest of men; *
grace flows from your lips,
because God has blessed you for ever.
Your throne, O God, endures for ever and ever, *
a scepter of righteousness is the scepter of your kingdom;**

you love righteousness and hate iniquity.
Therefore God, your God, has anointed you *
with the oil of gladness above your fellows.
All your garments are fragrant with myrrh, aloes, and cassia, *
and the music of strings from ivory palaces makes you glad.
Kings' daughters stand among the ladies of the court; *
on your right hand is the queen,
adorned with the gold of Ophir.

Remain seated

Second Reading

A Reading from the letter of James (1:17-27)

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

**Hymnal # 574
vs. 1 & 4**

Before Thy Throne, O God, We Kneel

Remain standing

The Gospel: Mark 7:1-8, 14-15, 21-23

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory be to thee, O Lord.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is,

without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, “Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?” He said to them, “Isaiah prophesied rightly about you hypocrites, as it is written, ‘This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.’ You abandon the commandment of God and hold to human tradition.” Then he called the crowd again and said to them, “Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

Sermon

**The Rev. Cn. Bruce Montgomery,
Priest Associate**

All stand, as able

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again**

**in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: Knowing that God hears our prayers when they are made in sincerity and humility, we pray for our church and our world in our time of need, saying: Hear us, good Lord.

Lector: Those who live justly will live in the presence of God. We pray for our church that its structures promote justice, its laws foster integrity of heart, and its ministry model compassion, To you we pray, O Gracious God:

People: Hear us, good Lord.

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially Igreja Anglicana de Mocambique e Angola; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Rev. Dr. Hugh Brown, III. To you we pray, O gracious God:

People: Hear us, good Lord.

Lector: Those who live justly will live in the presence of God. We pray for our world, that we will be freed from that hypocrisy which lurks in our hearts, when we seek the assurance of external observance without the commitment of faith. To you we pray, O gracious God:

People: Hear us, good Lord.

Deacon: Those who live justly will live in the presence of God. We pray for those who make and enforce laws, that they may challenge us in our waywardness and be compassionate toward our weakness. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Lector: Those who live justly will live in the presence of God. We pray for those who teach the word of God, that they may embrace the justice of God in their own hearts as they call us into the life of God. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Nancy Hood-Boczar & Bruce Boczar, Joseph & Patrice D'Angelo, Nkiru F. Amadi, Bryce Caton, Maureen Perry, Margaret Nartey and Rebecca Isbill.** To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Lector: Those who live justly will live in the presence of God. We pray that we may be delivered from all the wicked designs in the deep recesses of our hearts and so live justly with God and one another. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Janet Thompson, Amarachi Ngozi Okere, Tom Bestman, Jaleel Sullivan, Mae Fashion, James Fashion, the People of Bangladesh, the People of England, Ellen Wry, Joe Latini, Janeen Latini, Ginger Edman, the Hipp family, the Clarke family, the Buffington family, the Salahuddin family, Kevin Taylor, Conrad & Phyllis Tompkins, Ernie DeMarie, Donna A. Miller, Husayne Ferguson, Charles Brown, Prince Muhummad, Angelica Reed and Cornell Lawrence.** To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Lector: Those who live justly will live in the presence of God. We pray for those who have died, that they may dwell with the saints and remember us who struggle to live in justice and peace. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Deacon: We remember those who have died, especially the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. To you we pray, O gracious God:

***People:* Hear us, good Lord.**

Silence ~ The People may add their own petitions

Celebrant: All just and merciful God, you know our wants, and you know our true needs. May you attend to our prayers, direct our hearts in the way of justice and mercy, and enlighten our minds that we may know your holy will. We ask this through the just one, Jesus Christ, your servant and our Lord, who lives and reigns with you in the power of the Holy Spirit, our God, forever and ever. **Amen.**

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And with thy spirit.**

Given that SARS-CoV2, the virus that causes the disease COVID-19, is now endemic in the US and globally, it is reasonable for parishes to return to a form of the peace common before 2019. It is clear, however, that for various reasons, some may not feel comfortable with handshakes, hugs and the like. It is thereby important that we are considerate and respectful of those who choose or need to take extra precautions.

Holy Communion

Remain standing

Offertory Hymn

**Hymnal # 556
vs. 1-5**

Rejoice, Ye Pure in Heart!

**The Great Thanksgiving:
Eucharistic Prayer II**

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them up unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Creator of the light and source of life, who hast made us in thine image, and called us to new life in Jesus Christ our Lord. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

All say together

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

All kneel or stand, as able

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

All say together

Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

The People may join in saying

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

Communion Solo

Dr. Kerry Heimann, organ

All say together

Post-communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Announcements

Recessional Hymn

Hymnal # 344

Lord, Dismiss Us with Thy Blessing

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ





Creation Care Forum

Sunday September 22nd
in Synod Hall after 10 am Mass

Guest Speaker

Brenda L. Rascher, MSW, JD



Brenda is the Executive Director of the Office of Catholic Social Services, Diocese of Trenton. She is a co-leader in the development of a State Coalition aimed at advocating on international aid and its intersection with creation care issues. Her presentation will focus on the two sides of the creation care coin: Long term solutions for the future, and adaptation to the present.

Please support this opportunity to learn about advocacy efforts in the Catholic Diocese of Trenton working with its national partners, and how we at Trinity Cathedral can advocate for the health of all God's creations!

Trinity Strings

*Group & Private Instruction
for Violin, Viola, Cello & Bass*



TRINITY STRINGS is a string education program that welcomes children (ages 4 – 18) and their families at Trinity Cathedral in Trenton on Saturdays.

Fees are modest. Please email to find out about programs, fees, and financial aid: strettoyouthchamber@gmail.com



Information: QR code or strettoyouthchamberorchestra.org/trinity-strings

Trinity Strings now has enrollment open for Fall 2024. Registration deadline September 10.

PLEASE JOIN US FOR THE



FIRST INAUGURAL GALA

SATURDAY
OCTOBER 19, 2024
5PM - 7PM

THE WATERSHED INSTITUTE
31 TITUS MILL ROAD
PENNINGTON, NJ

SILENT AUCTION

DRINKS AND HEAVY HOR D'OEURVES
TO BE SERVED

Please join Stretto Youth Chamber Orchestra for our First Inaugural Gala on **October 19, 2024 at the Watershed Institute in Pennington** in support of Stretto, Blue Mountain Festival, and Trinity Strings' mission to provide high-level musical training and character development to a diverse community of children and youth that fosters socio-economic inclusion, peer leadership, and multi-level mentoring.

Awards will be presented to Stretto's first concertmaster, **Evan Shieh**, as well as the Dean of Trinity Cathedral, **The Very Rev'd René John**.



Purchase Tickets

Sponsorship
Opportunities

Learn More
About
Stretto and
Trinity Strings



**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
SEPTEMBER 1, 2024 ~ PENTECOST 15/PROPER 17**



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 9/8 are:

Brenda Whiteman, Virginia Harmer, Ellen Heath & Suzette Price (alternate)

Chalice bearer – Virginia Harmer

The Greeters for the 10:00 am Mass on 9/8 (2nd Sunday) are:

Edward Greenfield (alternate – Dennie Higgins)

Plans for our 20th Anniversary Bishop George E. Cuncell Memorial Golf Outing on October 14th are well underway! We need the support of our parishioners for this, the biggest fundraiser of the year! Do you golf, or play pickleball? If you or someone you know is interested, we would love to have your participation. The new pickleball challenge includes play for beginners and experienced players! If you'd just like to join us for food and fellowship after the tournament, you can buy a ticket for the dinner reception for just \$40. Registration forms are on the small table just outside of Synod Hall. Or, you can sign up on the clipboards by the Golf Outing display in Synod Hall!

Can you contribute a bottle of wine or a gift basket to the Golf Outing? Each year, we have a prize raffle at the dinner reception that would greatly benefit from gift basket donations. Gift cards are also welcome, in any amount! We also feature an exciting “Cork Pull”, where guests purchase a chance to pull a cork and win a bottle of wine. The Golf Committee would be grateful for donations of wine (valued at \$20) – this is an easy item to bring to church on Sunday (please give it to Willie Coleman), or drop it off at the Cathedral office. If you need more information, please speak with Patrice in the office.

From August-April, Althia Muse will be offering bi-weekly confirmation classes for anyone seeking confirmation by our bishop on Holy Saturday (April 19, 2025.) Ideally, we will meet alternating Thursdays and some Sundays using both in-person and virtual platforms. Participants will also learn about and support various ministries at the Cathedral. Anyone interested should contact Althia at (609) 802-2303.

At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024. The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with “ECS” on the memo line, and put in the collection plate or sent to the office.)

“A Taste of Joy – Recipes of Trinity Cathedral” cookbooks are still available - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com.**

We have re-started our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center – Please speak to Larry Spears or Dean John if you are interested in serving this community.

The next Food Pantry distribution date is – Saturday, September 14th (2nd & 4th Saturdays this month) from 9-11:00 am.

Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.



THIS WEEK’S CATHEDRAL SCHEDULE

<u>TODAY (9/1)</u>	The Fifteenth Sunday after Pentecost (Proper 17)
8:30 am	Rite I Eucharist in All Saints’ Chapel (in-person only)
10:00 am	Rite II Eucharist in the Cathedral (+ livestreamed, when available)
10:30a – 12:30p	Full Gospel Community Church service – CHP
<u>Mon. (9/2)</u>	All closed for Labor Day
<u>Thurs. (9/5)</u>	Pre-K Students return
4:15 – 5:30 pm	TASK Meals – SH
8:00 pm	Rosary devotions, via Zoom
<u>Sat. (9/7)</u>	
11:00 am	Cynthia Taylor memorial service - CATH
<u>Sun. (9/8)</u>	The Sixteenth Sunday after Pentecost (Proper 18)
10:00 am	Rite II Eucharist in the Cathedral (+ livestreamed, when available)
10:30a – 12:30p	Full Gospel Community Church service – CHP