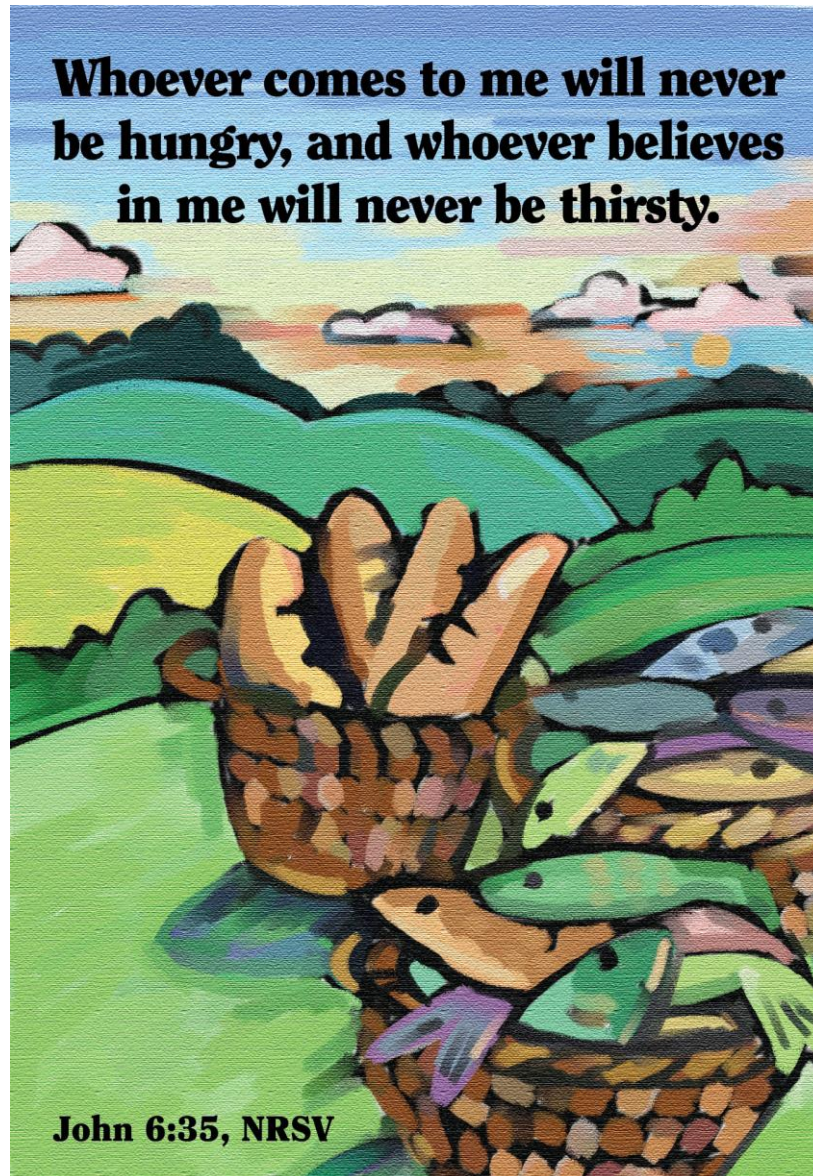


TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



**AUGUST 4, 2024 – PENTECOST 11/PROPER 13 – YEAR B
8:30 AM - THE HOLY EUCHARIST: RITE ONE**

**CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – THE REV. CHRIS COX**

**The Very Rev. René Rory John, Dean
801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305
www.TrinityCathedralNJ.org**

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Liturgy of the Word

Prelude

Dr. Kerry Heimann, organ

Processional Hymn

**Hymnal # 307
vs. 1 & 5**

Lord, Enthroned in Heavenly Splendor

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

All say together

Gloria in Excelsis

**Glory be to God on high,
and on earth peace, good will towards men.**

**We praise thee, we bless thee,
we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,**

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,

that takest away the sins of the world,

have mercy upon us.

Thou that takest away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

**For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Let us pray.

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church, and, because it cannot continue in safety without thy succor, preserve it evermore by thy help and goodness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated

First Reading

A Reading from the Second book of Samuel (2 Samuel 11:26—12:13a)

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with

your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.” David said to Nathan, “I have sinned against the Lord.”

The Word of the Lord.

People: **Thanks be to God.**

All remain seated to say

Psalm 51:1–13

**Have mercy on me, O God,
according to your loving-kindness; *
in your great compassion blot out my offenses.
Wash me through and through from my wickedness *
and cleanse me from my sin.
For I know my transgressions, *
and my sin is ever before me.
Against you only have I sinned *
and done what is evil in your sight.
And so you are justified when you speak *
and upright in your judgment.
Indeed, I have been wicked from my birth, *
a sinner from my mother’s womb.
For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.
Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.
Make me hear of joy and gladness, *
that the body you have broken may rejoice.
Hide your face from my sins *
and blot out all my iniquities.
Create in me a clean heart, O God, *
and renew a right spirit within me.
Cast me not away from your presence *
and take not your holy Spirit from me.
Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.**

Remain seated

Second Reading

A Reading from Paul’s letter to the Church in Ephesus (4:1-16)

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

**Hymnal # 339
vs. 1 & 2**

Deck Thyself, My Soul, with Gladness

Remain standing

The Gospel: John 6:24-35

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: Glory be to thee, O Lord.

On the next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread

from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

Sermon

**The Rev. Chris Cox
Deacon**

All stand, as able

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: Gathered in the name of Jesus, united by the power of the Holy Spirit let us pray, saying: O Lord, bread of life, have mercy upon us.

Lector: You are the bread of life, O God. You feed us with manna, and you satisfy our needs with your word. For the food that never perishes, we thank you. Gather us up with all your needy people, that none may be lost. O Lord, bread of life,

***People:* Have mercy upon us.**

Lector: You call us, O God, to be renewed, to put on a new nature, to conform our lives to your will. From the church into a source of life which feeds a needy world. O Lord, true bread from heaven,

***People:* Have mercy upon us.**

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Anglican Church of Kenya; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Ministry of Convocation Deans. O Lord, font of life,

***People:* Have mercy upon us.**

Deacon: In a hungry world, O God, we do not know how to feed one another. Hear the cries of the poor. Strengthen us to answer their need, to dry the tears of those who mourn, to care for the children, to preserve the land, to honor all your people. O Lord, source of manna in the wilderness,

***People:* Have mercy upon us.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Janet Thompson, Amarachi Ngozi Okere, Maci & Ruby Kitzmiller, Hail & Michael Foulds, Yvette & Cliff Salter, the Clark family, the D'Angelo family, Arthur Powell, Marc & Corine Epps, Barbara Lewis, the Smith family, Susanna Mansue, Jon Faddis, the Massey family, Tom Bestman & Jaleel Sullivan.** O Lord, font of life,

People: Have mercy upon us.

Deacon: We remember those who have died, especially **Alma Powell, Nicholas Hayban, Frances Myers O'Brien**, the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. O Lord, font of life,

People: Have mercy upon us.

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. O Lord, font of life,

People: Have mercy upon us.

Lector: We long to embrace you, O God. We rejoice in your invitation to life. Urge us gently unto the arms of our sisters and brothers, that we may find you there. O Lord, font of life,

People: Have mercy upon us.

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Katherine Moore, Nkechinyere I. Amadi, Chinweze & Jennifer Ahaghotu, Eileen Cera, Eugenia Collins, Timothy Patrick Wilson, III, Nyasha Bakare & Alain Nganang, and Larry & Sunday Gustin.** O Lord, font of life,

People: Have mercy upon us.

Silence ~ The People may add their own petitions

Celebrant: All these things we have spoken, and those which we name in the silence of our hearts, we pray in the name of Jesus Christ our Lord who with you and the Holy Spirit are one God, forever and ever. **Amen.**

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Holy Communion

Remain standing

Offertory Hymn

Hymnal # 302

**Father, We Thank Thee
Who Has Planted**

**The Great Thanksgiving:
Eucharistic Prayer II**

Celebrant: The Lord be with you.

People: And with thy spirit.

Celebrant: Lift up your hearts.

***People:* We lift them up unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

***People:* It is meet and right so to do.**

Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

All say together

Holy, holy, holy, Lord God of Hosts:

Heaven and earth are full of thy glory.

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

All kneel or stand, as able

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

All say together

Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

The People may join in saying

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather

up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

Communion Solo

Dr. Kerry Heimann, organ

All say together

Post-communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Announcements

Recessional Hymn

Hymnal # 690

Guide Me, O Thou Great Jehovah

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
AUGUST 4, 2024 ~ PENTECOST 11/PROPER 13**



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 8/11 are:

Larry Spears, Cn. Phil Lewis & Gail Lewis (alternate – Susan Remmers)

Chalice bearer – Hilary Cox

The Greeters for the 10:00 am Mass on 8/11 (2nd Sunday) are:

Edward Greenfield (alternate – Dennie Higgins)

This week we will bag food for the Food Pantry – We can use assistance the Thursday prior to each Pantry date. This week's bagging day is Thursday, August 8th at 4:45 pm.



We are excited to celebrate our 20th Anniversary Bishop George E. Council Memorial Golf Outing this September! As we come into the busiest months of preparation, we need your help. Do you golf, or play pickleball? If you or someone you know is interested, we would love to have your participation. The new pickleball portion of our event received rave reviews last year!

We were blessed with many wonderful themed gift baskets for our Fashion Show fundraiser this June. It was so nice, we're asking twice! Each year at the golf outing, we have a prize raffle that would greatly benefit from similar basket donations. Basket ideas include: movie night, baby, hair and nails, car wash, basket of cheer (spirits), Mexican or Italian specialties, relaxation day, lottery tree, bath 'n body, garden treasures, pet care, toys/games. Gift cards are also welcome, in any amount! If you would like to discuss ideas, please speak with Patrice in the office.

From August-April, Althia Muse will be offering bi-weekly confirmation classes for anyone seeking confirmation by our bishop on Holy Saturday (April 19, 2025.) Ideally, we will meet alternating Thursdays and some Sundays using both in-person and virtual platforms. Participants will also learn about and support various ministries at the Cathedral. Anyone interested should contact Althia at (609) 802-2303.

A walker has been given to the Cathedral, to be donated to anyone who is in need of such a device. If you have a need for a walker, please speak with Willie Coleman, Usher.

At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024. The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with "ECS" on the memo line, and put in the collection plate or sent to the office.)

“A Taste of Joy – Recipes of Trinity Cathedral” cookbooks are still available - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com.**

We are re-starting our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center – Please speak to Larry Spears or Dean John if you are interested in serving this community.

The next Food Pantry distribution date is – Saturday, August 10th (2nd & 4th Saturdays this month) from 9-11:00 am.

Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.



THIS WEEK’S CATHEDRAL SCHEDULE

TODAY (8/4)

8:30 am

10:00 am

10:30a – 12:30p

The Eleventh Sunday after Pentecost (Proper 13)

Rite I Eucharist in All Saints Chapel (in-person only)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP

Mon. (8/5)

6:30 pm

Urban Promise Summer Camp continues, weekdays through August 8th

Golf Outing Committee meeting, via Zoom

Tues. (8/6)

9 – 9:45 am

Weekly Zoom check-in for parishioners: For more info. on how to join us, call

or text Nancy Hood-Boczar at (267) 614-5746, or E-mail

shaktisocialwork4@hotmail.com

Thurs. (8/8)

4:15 – 5:30 pm

4:45 pm

8:00 pm

CATH sounds system upgrades, through 8/10

TASK Meals – SH

Food Pantry bagging

Rosary devotions, via Zoom

Sat. (8/10)

8:00am – 1:00pm

9 – 11:00 am

10:00 am

Diocesan School for Ministry – CHP/SH

Food Pantry

Grief Support Group – GR

Sun. (8/11)

10:00 am

10:30a – 12:30p

The Twelfth Sunday after Pentecost (Proper 14)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP