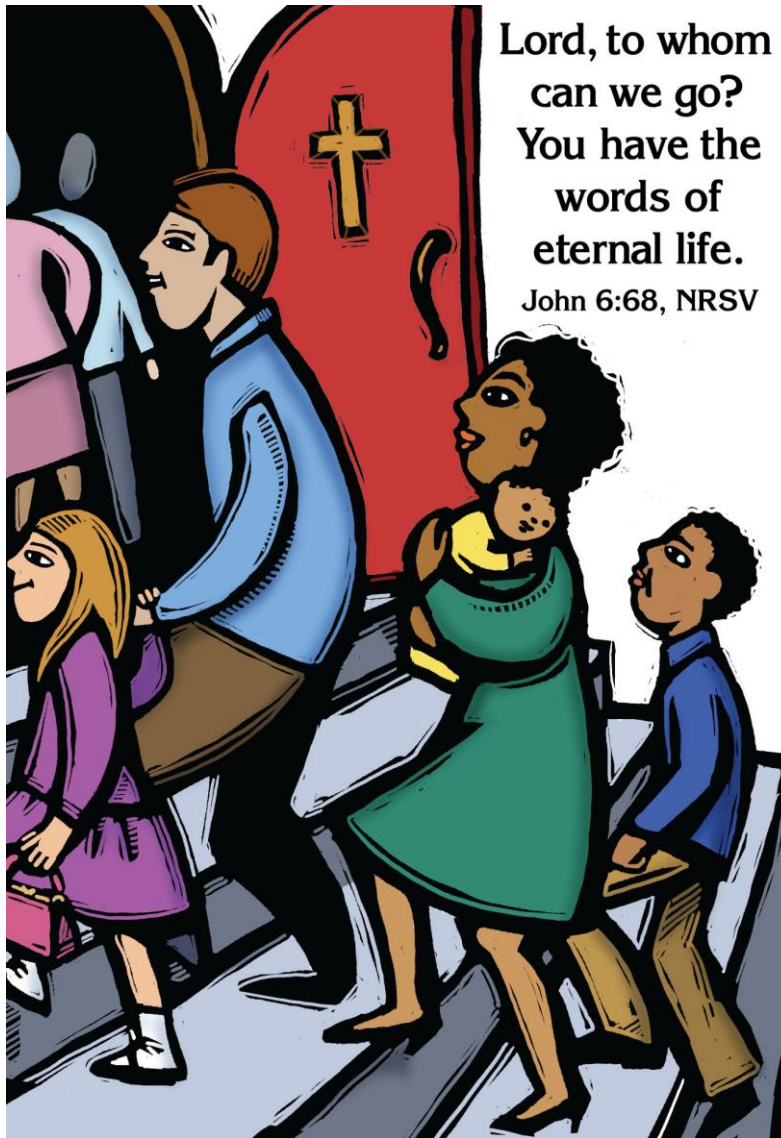


TRINITY CATHEDRAL  
OF THE DIOCESE OF NEW JERSEY



Lord, to whom  
can we go?  
You have the  
words of  
eternal life.

John 6:68, NRSV

**AUGUST 25, 2024 – PENTECOST 14/PROPER 16 – YEAR B  
FAMILY SUNDAY**

**10:00 AM - THE HOLY EUCHARIST: RITE TWO**

**CELEBRANT & PREACHER – THE VERY REV. RENÉ JOHN**

801 West State Street, Trenton, NJ 08618  
Phone (609) 392-3805; Fax (609) 392-2305

**[www.TrinityCathedralNJ.org](http://www.TrinityCathedralNJ.org)**

**The Very Rev. René Rory John, Dean**

**WELCOME!** We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

*Please stand as indicated and be seated for lessons*

**Prelude**

*Dr. Kerry Heimann, organ*

*Remain standing*

**Processional Hymn**

**Hymnal # 408**

**Sing Praise to God Who Reigns Above**

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be God's kingdom, now and for ever. Amen.**

*Celebrant:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*All sing*

**Hymnal # S-280**

**Gloria**

**The Collect of the Day**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated*

**First Reading**

**A Reading from the First book of Kings (1 Kings 8:22-30, 41-43)**

In the presence of the people Solomon went and stood in front of the altar, where he raised his arms and prayed, "LORD God of Israel, there is no god like you in heaven above or on earth below! You keep your covenant with your people and show them your love when they live in wholehearted obedience to you. You have kept the promise you made to my father David; today every word has been fulfilled. And now, LORD God of Israel, I pray that you will also keep the other promise you made to my father when you told him that there would always be one of his descendants ruling as king of Israel, provided they obeyed you as carefully as he did. So now, O

God of Israel, let everything come true that you promised to my father David, your servant. But can you, O God, really live on earth? Not even all of heaven is large enough to hold you, so how can this Temple that I have built be large enough? LORD my God, I am your servant. Listen to my prayer, and grant the requests I make to you today. Watch over this Temple day and night, this place where you have chosen to be worshiped. Hear me when I face this Temple and pray. Hear my prayers and the prayers of your people when they face this place and pray. In your home in heaven hear us and forgive us. When a foreigner who lives in a distant land hears of your fame and of the great things you have done for your people and comes to worship you and to pray at this Temple, listen to his prayer. In heaven, where you live, hear him and do what he asks you to do, so that all the peoples of the world may know you and obey you, as your people Israel do. Then they will know that this Temple I have built is the place where you are to be worshiped.”

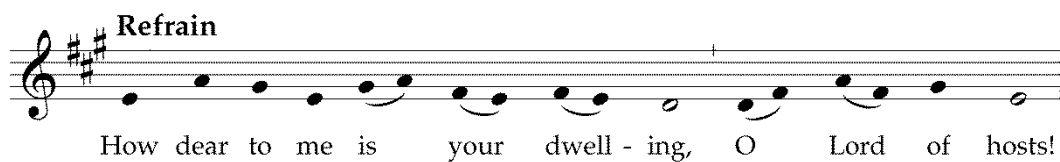
The Word of the Lord.

**People:**      **Thanks be to God.**

*Remain seated; all sing Refrain together*

**Psalm 84**

**Cantor: Susan Remmers**



from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

How dear to me is your dwelling, O Lord of hosts! \*

My soul has a desire and longing for the courts of  
the Lord;

my heart and my flesh rejoice in the living God.

The sparrow has found her a house  
and the swallow a nest where she may lay her young; \*

by the side of your altars, O Lord of hosts,  
my King and my God.

**Refrain**

Happy are they who dwell in your house! \*

they will always be praising you.

Happy are the people whose strength is in you! \*

whose hearts are set on the pilgrims' way.

**Refrain**

Those who go through the desolate valley will find

it a place of springs, \*

for the early rains have covered it with pools of water.

They will climb from height to height, \*

and the God of gods will reveal himself in Zion.

**Refrain**

Lord God of hosts, hear my prayer; \*  
hearken, O God of Jacob.  
Behold our defender, O God; \*  
and look upon the face of your Anointed.

***Refrain***

For one day in your courts is better than  
a thousand in my own room, \*  
and to stand at the threshold of the house of my God  
than to dwell in the tents of the wicked.

For the Lord God is both sun and shield; \*  
he will give grace and glory;

***Refrain***

No good thing will the Lord withhold \*  
from those who walk with integrity.

O Lord of hosts, \*  
happy are they who put their trust in you!

***Refrain***

*Remain seated*

**Second Reading**

**A Reading from Paul's letter to the Church in Ephesus (6:10-20)**

Finally, build up your strength in union with the Lord and by means of his mighty power. Put on all the armor that God gives you, so that you will be able to stand up against the Devil's evil tricks. For we are not fighting against human beings but against the wicked spiritual forces in the heavenly world, the rulers, authorities, and cosmic powers of this dark age. So put on God's armor now! Then when the evil day comes, you will be able to resist the enemy's attacks; and after fighting to the end, you will still hold your ground. So stand ready, with truth as a belt tight around your waist, with righteousness as your breastplate, and as your shoes the readiness to announce the Good News of peace. At all times carry faith as a shield; for with it you will be able to put out all the burning arrows shot by the Evil One. And accept salvation as a helmet, and the word of God as the sword which the Spirit gives you. Do all this in prayer, asking for God's help. Pray on every occasion, as the Spirit leads. For this reason keep alert and never give up; pray always for all God's people. And pray also for me, that God will give me a message when I am ready to speak, so that I may speak boldly and make known the gospel's secret. For the sake of this gospel I am an ambassador, though now I am in prison. Pray that I may be bold in speaking about the gospel as I should.

The Word of the Lord.

***People:***     **Thanks be to God.**

*All stand, as able*

**Sequence Hymn**

**Hymnal # 561**

**Stand Up, Stand Up for Jesus**

*Remain standing*

**The Gospel: John 6:56-69**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* **Glory to you, Lord Christ.**

“Those who eat my flesh and drink my blood live in me, and I live in them. The living Father sent me, and because of him I live also. In the same way whoever eats me will live because of me. This, then, is the bread that came down from heaven; it is not like the bread that your ancestors ate, but then later died. Those who eat this bread will live forever.” Jesus said this as he taught in the synagogue in Capernaum. Many of his followers heard this and said, “This teaching is too hard. Who can listen to it?” Without being told, Jesus knew that they were grumbling about this, so he said to them, “Does this make you want to give up? Suppose, then, that you should see the Son of Man go back up to the place where he was before? What gives life is God's Spirit; human power is of no use at all. The words I have spoken to you bring God's life-giving Spirit. Yet some of you do not believe.” (Jesus knew from the very beginning who were the ones that would not believe and which one would betray him.) And he added, “This is the very reason I told you that no people can come to me unless the Father makes it possible for them to do so.” Because of this, many of Jesus' followers turned back and would not go with him any more. So he asked the twelve disciples, “And you—would you also like to leave?” Simon Peter answered him, “Lord, to whom would we go? You have the words that give eternal life. And now we believe and know that you are the Holy One who has come from God.”

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**Sermon**

**The Very Rev. René John, Dean**

**Hymn**

**LEVAS # 99**

**On Christ the Solid Rock**

*All stand as able and say together*

**A Statement of Faith based on Galatians 3:26-28**

*Celebrant:* Let us renew our pledge to work for unity, justice, and peace.

**We are all children of God.**

**There is no longer Jew or Greek.**

**There is no longer slave or free.**

**There is no longer male and female.**

**For we are all one.**

**We believe Jesus lived for this and died for this.**

**We pledge ourselves with God's help and the support of each other to make this become a reality.**

*All stand*  
**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**  
**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**  
**Through him all things were made.**  
**For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**  
**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**  
**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**  
**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**  
**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**  
**With the Father and the Son he is worshiped and glorified.**  
**He has spoken through the Prophets.**  
**We believe in one holy catholic and apostolic Church.**  
**We acknowledge one baptism for the forgiveness of sins.**  
**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Remain standing*

**Prayers of the People**

*The Leader and People pray responsively*

*Deacon:* Our God is indeed the God of our holy ancestors, faithful to all the promises made to our people. Wanting to serve our God and trusting that we will be protected in time of trial and preserved in time of evil, we bring our needs and longings into the divine presence, saying: Lord, hear our prayer.

*Lector:* That you may bless our church and raise up in our midst holy men and women to proclaim your gospel, celebrate your sacraments, and minister to those who long for your saving help, we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially La Iglesia Anglicana de Mexico; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Members and Ministry of the Women's Commission. We pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Lector:* That you may bless our world and deliver it into the hands of leaders who trust in your providence, serve others in your name, and work to establish a reign of justice and peace, we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. We pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* That you may bless our homes so they may be free from hatred, filled with love, and hospitable to those who are lonely, isolated, sick, or poor, we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Janet Thompson, Amarachi Ngozi Okere, Susanna Mansue, Jon Faddis, the Massey family, Tom Bestman, Jaleel Sullivan, Mae Fashion, James Fashion, the People of Bangladesh, the People of England, Ellen Wry, Joe Latini, Janeen Latini, Ginger Edman, the Hipp family, the Clarke family, the Buffington family, the Salahuddin family, and Kevin Taylor.** We pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Lector:* That you may bless husbands and wives so that in their love for one another they mirror the love that Christ has for the church, we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Darla Bertheau, Kurtis Perry, Max Vassos, John-John Major, Peter & Jane Bridge, Veronica & Archie Ngwayah, Adara Porter, Michael "PJ" Pettyjohn, Mekhi Muse, Derek V. Gibson, Janae Kirmales-Prouty and Tennyson G. M. Bruce.** We pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Lector:* That you may bless those who share your life with others – physicians who seek to bring health where there is sickness, educators who seek to bring wisdom where there is ignorance, and artists who seek to bring beauty where there is squalor – we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Lector:* That you may bless those who have gone before us in faith that they may abide in peace, and pray for us who continue on life's journey, we pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Deacon:* We remember those who have died, especially the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. We pray to you, good and faithful God.

***People:* Lord, hear our prayer.**

*Silence ~ The People may add their own petitions*

*Celebrant:* All good and merciful God, you indeed are faithful to the covenant you have made with your people. May you hear our prayers as we prepare to enter into a renewal of that covenant by celebrating the mystery of your Son's death and resurrection. We make this prayer through him, Jesus Christ the Lord, who lives and reigns with you in the power of the Holy Spirit, one God, forever and ever. **Amen.**

## **The Confession and Absolution**

**BCP p. 360**

*Please remain in your pew for the Peace.*

### **The Peace**

*Celebrant:* The peace of the Lord be always with you.

***People:* And also with you.**

*Given that SARS-CoV2, the virus that causes the disease COVID-19, is now endemic in the US and globally, it is reasonable for parishes to return to a form of the peace common before 2019. It is clear, however, that for various reasons, some may not feel comfortable with handshakes, hugs and the like. It is thereby important that we are considerate and respectful of those who choose or need to take extra precautions.*



## Holy Communion

*Please remain seated while Ushers collect the offertory*

**Offertory Solo**

*Dr. Kerry Heimann, organ*

*All stand, as able*

**Offertory Hymn**

**Hymnal # 440**

**Blessed Jesus, at Thy Word**

*Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.*

**The Great Thanksgiving:**

**Eucharistic Prayer A**

**Chalice bearer: Judith Miller**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give God thanks and praise.**

*The Celebrant proceeds . . .*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

***Celebrant and People:***

**Hymnal # S-129**

**Sanctus**

*The people stand or kneel. Then the Celebrant continues . . .*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and

for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Therefore we proclaim the mystery of faith:

*Celebrant and People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant:* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

*Celebrant:* And now, as our Savior Christ has taught us, we now pray . . .

*Celebrant and People:*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

**Fraction**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Then may be said . . .*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast. Alleluia.**

**Hymnal # S-163**

**Fraction Anthem**

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

*All Baptized Christians are welcome to make their Communion at the Lord's table.*

**Communion Hymn      Hymnal # 628                      Help Us, O Lord, to Learn**

*The People are seated*

**The Post-Communion Prayer**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Announcements**

*All stand, as able*

**Recessional Hymn      Hymnal # 460                      Alleluia, Sing to Jesus**

**Blessing**

*Celebrant:* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

**Dismissal**

**Deacon:** Let us go forth into the world, rejoicing in the power of the Spirit.

**People:** **Thanks be to God.**

**Postlude**

*Dr. Kerry Heimann, organ*

**For Family Sunday, today's readings are taken from  
the *Good News* translation of the Bible.**

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY  
AUGUST 25, 2024 ~ PENTECOST 14/PROPER 16**



**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



**ANNOUNCEMENTS**

The Lectors for the 10:00 am Mass on 9/1 are:

**Judith Miller, J. Gil Williams, Bobbie Powell & Chinweze Ahaghotu (alternate)**

**Chalice bearer – Bobbie Powell**

The Greeters for the 10:00 am Mass on 9/1 (1<sup>st</sup> Sunday) are:

**Veronica Ngwayah (alternate – Edward Greenfield)**

**Plans for our 20th Anniversary Bishop George E. Cuncell Memorial Golf Outing on October 14<sup>th</sup> are well underway!** We need the support of our parishioners for this, the biggest fundraiser of the year! Do you golf, or play pickleball? If you or someone you know is interested, we would love to have your participation. The new pickleball challenge includes play for beginners and experienced players! If you'd just like to join us for food and fellowship after the tournament, you can buy a ticket for the dinner portion only for just \$40. Registration forms are on the small table just outside of Synod Hall. Or, you can sign up on the clipboards by the Golf Outing display in Synod Hall!

**We were blessed with many wonderful themed gift baskets for our Fashion Show fundraiser this June. It was so nice, we're asking twice!** Each year at the golf outing, we have a prize raffle that would greatly benefit from similar basket donations. Basket ideas include: movie night, baby, hair and nails, car wash, basket of cheer (spirits), Mexican or Italian specialties, relaxation day, lottery tree, bath 'n body, garden treasures, pet care, toys/games. Gift cards are also welcome, in any amount! If you would like to discuss ideas, please speak with Patrice in the office.

**From August-April, Althia Muse will be offering bi-weekly confirmation classes for anyone seeking confirmation by our bishop on Holy Saturday (April 19, 2025.)** Ideally, we will meet alternating Thursdays and some Sundays using both in-person and virtual platforms. Participants will also learn about and support various ministries at the Cathedral. Anyone interested should contact Althia at (609) 802-2303.

**At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024.** The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with "ECS" on the memo line, and put in the collection plate or sent to the office.)

***"A Taste of Joy – Recipes of Trinity Cathedral"* cookbooks are still available - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. Get yours at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at [trinitycathedralags@gmail.com](mailto:trinitycathedralags@gmail.com).**

**We have re-started our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center** – Please speak to Larry Spears or Dean John if you are interested in serving this community.

**The next Food Pantry distribution date is – Saturday, September 14<sup>th</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month) from 9-11:00 am.**

**Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance** as a satellite location for the Trenton Area Soup Kitchen.



### **THIS WEEK’S CATHEDRAL SCHEDULE**

<b><u>TODAY (8/25)</u></b> 10:00 am 10:30a – 12:30p	<b>The Fourteenth Sunday after Pentecost (Proper 16) ~ Family Sunday</b> <b>Rite II Eucharist in the Cathedral (+ livestreamed, when available)</b> Full Gospel Community Church service – CHP
<b><u>Thurs. (8/29)</u></b> 4:15 – 5:30 pm 5:00 pm 8:00 pm	TASK Meals – SH Academy parent orientation Rosary devotions, via Zoom
<b><u>Fri. (8/30)</u></b> 6 – 8:00 pm	Wedding rehearsal - CATH
<b><u>Sat. (8/31)</u></b> 2:30 pm	Wedding - CATH
<b><u>Sun. (9/1)</u></b> 8:30 am 10:00 am 10:30a – 12:30p	<b>The Fifteenth Sunday after Pentecost (Proper 17)</b> <b>Rite I Eucharist in All Saints’ Chapel (in-person only)</b> <b>Rite II Eucharist in the Cathedral (+ livestreamed, when available)</b> Full Gospel Community Church service – CHP