

TRINITY CATHEDRAL  
OF THE DIOCESE OF NEW JERSEY



**AUGUST 11, 2024 – PENTECOST 12/PROPER 14 – YEAR B**  
**10:00 AM - THE HOLY EUCHARIST: RITE TWO**

**CELEBRANT & PREACHER – THE VERY REV. RENÉ JOHN**

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**The Very Rev. René Rory John, Dean**

**WELCOME!** We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

*Please stand as indicated and be seated for lessons*

**Prelude**

*Dr. Kerry Heimann, organ*

*Remain standing*

**Processional Hymn**

**Hymnal # 48**

**O Day of Radiant Gladness**

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be God's kingdom, now and for ever. Amen.**

*Celebrant:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*All sing*

**Hymnal # S-280**

**Gloria**

**The Collect of the Day**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people are seated*

**First Reading**

**Lector: Larry Spears**

**A Reading from the Second book of Samuel (2 Samuel 18:5-9, 15, 31-33)**

The king ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the

face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armor-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man." The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

The Word of the Lord.


**People: Thanks be to God.**

*Remain seated; all sing Refrain together*

**Psalm 130**

**Cantor: Cn. Paul Cooper**

**Refrain**



With the Lord there is mer - cy and plen - teous re - demp - tion.  
from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

Out of the depths have I called to you, O Lord;  
Lord, hear my voice; \*

let your ears consider well the voice of my supplication.

**Refrain**

If you, Lord, were to note what is done amiss, \*

O Lord, who could stand?

For there is forgiveness with you; \*

therefore you shall be feared.

**Refrain**

I wait for the Lord; my soul waits for him; \*

in his word is my hope.

My soul waits for the Lord,

more than watchmen for the morning, \*

more than watchmen for the morning.

**Refrain**

O Israel, wait for the Lord, \*

for with the Lord there is mercy;

With him there is plenteous redemption, \*

and he shall redeem Israel from all their sins.

**Refrain**

*Remain seated*

**Second Reading**

**Lector: Cn. Phil Lewis**

**A Reading from Paul's letter to the Church in Ephesus (4:25—5:2)**

So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The Word of the Lord.

**People: Thanks be to God.**

*All stand, as able*

**Sequence Hymn**

**Hymnal # 335**

**I Am the Bread of Life**

*Remain standing*

**The Gospel: John 6:35, 41-51**

**Deacon:** The Holy Gospel of our Lord Jesus Christ according to John.

**People: Glory to you, Lord Christ.**

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*All stand as able and say together*

**A Statement of Faith based on Galatians 3:26-28**

*Celebrant:* Let us renew our pledge to work for unity, justice, and peace.

**We are all children of God.**

**There is no longer Jew or Greek.**

**There is no longer slave or free.**

**There is no longer male and female.**

**For we are all one.**

**We believe Jesus lived for this and died for this.**

**We pledge ourselves with God's help and the support of each other to make this become a reality.**

*All stand*

**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation  
he came down from heaven:**

**by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Remain standing*

**Prayers of the People**

**Lector: Gail Lewis**

*The Leader and People pray responsively*

*Deacon:* Grateful for the gifts we have already been given, we now bring our hopes and needs into the presence of our provident God, saying: Lord, in your mercy, hear our prayer.

*Lector:* We pray for our church. As Christians, may we all hunger for the bread of life that we may be transformed into the body of Christ. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Eon Ross, Briana Perry, Veronica Ngwayah, Emeka Ogbonna, Anthony Dunn, Dr. Nyasha Bakare, Ariel Ross and Theodore Ganges.** Lord, in your mercy,

***People:* Hear our prayer.**

*Lector:* We pray for bishops, all the clergy, deacons, and all who minister in the church. May they break the bread of life and proclaim the living word for our world; may we all open our lives to receive the gifts they offer. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Anglican Church of Korea; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Ministry of Hospital Chaplains. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We pray for our Jewish brothers and sisters. Like the Israelites in the desert, may they be nourished as they journey in faith through life; may we accompany them in a spirit of repentance and compassion. Lord, in your mercy,

***People:* Hear our prayer.**

*Lector:* We pray for government leaders. May they work for social justice rather than power; may we support them in their efforts. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Lord, in your mercy,

***People:* Hear our prayer.**

*Lector:* We pray for those who are hungry in our world. May they have their needs satisfied; may we sacrifice some of what we have to feed the poor. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Janet Thompson, Amarachi Ngozi Okere, Hail & Michael Foulds, Yvette & Cliff Salter, the Clark family, the D'Angelo family, Arthur Powell, Marc & Corine Epps, Barbara Lewis, the Smith family, Susanna Mansue, Jon Faddis, the Massey family, Tom Bestman, Jaleel Sullivan, Mae Fashion, James Fashion, the People of Bangladesh, the People of England, and Ellen Wry.** Lord, in your mercy,

***People:* Hear our prayer.**

*Lector:* We pray for those who have recently died. May they share in the heavenly banquet; may we long to be guests with them at God's holy table. Lord, in your mercy,

***People:* Hear our prayer.**

*Deacon:* We remember those who have died, especially **Marva Charles, The Rev. Cn. Dr. Alan Salmon,** the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. Lord, in your mercy,

***People:* Hear our prayer.**

*Silence ~ The People may add their own petitions*

*Celebrant:* All generous God, hear these prayers made in faith and hope. Bring us all one day to sit with you at the banquet you have prepared for those who love you. We make this prayer in the name of Jesus who reigns with you in the power of the Holy Spirit, now and forever. **Amen.**

## **The Confession and Absolution**

**BCP p. 360**

*Please remain in your pew for the Peace.*

### **The Peace**

*Celebrant:* The peace of the Lord be always with you.

***People:* And also with you.**

## Holy Communion

*Please remain seated while Ushers collect the offertory*

**Offertory Solo**

*Dr. Kerry Heimann, organ*

*All stand, as able*

**Offertory Hymn**

**Hymnal # 577**

**God is Love, and Where True Love Is**

*Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.*

**The Great Thanksgiving:**

**Eucharistic Prayer A**

**Chalice bearer: Hilary Cox**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give God thanks and praise.**

*The Celebrant proceeds . . .*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

***Celebrant and People:***

**Hymnal # S-129**

**Sanctus**

*The people stand or kneel. Then the Celebrant continues . . .*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."



After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

*Celebrant and People:*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*Celebrant:* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

*Celebrant:* And now, as our Savior Christ has taught us, we now pray . . .

*Celebrant and People:*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

**Fraction**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Then may be said . . .*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast. Alleluia.**

## Hymnal # S-163

## Fraction Anthem

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

*All Baptized Christians are welcome to make their Communion at the Lord's table.*

Communion Hymn

LEVAS # 151

One Bread, One Body

*The People are seated*

**The Post-Communion Prayer**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Announcements**

*All stand, as able*

Recessional Hymn

Hymnal # 527

Singing Songs of Expectation

**Blessing**

*Celebrant:* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

**Dismissal**

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

*People:* **Thanks be to God.**

**Postlude**

*Dr. Kerry Heimann, organ*

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY  
AUGUST 11, 2024 ~ PENTECOST 12/PROPER 14**



**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



**ANNOUNCEMENTS**

The Lectors for the 10:00 am Mass on 8/18 are:

**Cn. Clara Gregory, John Gummere & Cn. Terry Cooper (alternate – Howard Ebersole)**

**Chalice bearer – Margaret Nartey**

The Greeters for the 10:00 am Mass on 8/18 (3<sup>rd</sup> Sunday) are:

**Jennifer Ng'andu (alternate – Margaret Nartey)**

**On Sunday, August 18th at 4pm, The Julian Bowen Music Academy and Performing Arts will be hosting a concert at Trinity Cathedral!** The Academy is a top tier music school in Barbados. Their motto is "Music For All Ages" and the group is 42 persons including students, teachers and parents; the age range of the students is 4 to 84. The students will perform on various instruments including Cello, Piano, Voice, Violin and Trumpet. They are looking forward to seeing you at the concert! Donations will be accepted at the concert to help with the expenses of the trip.



**We are excited to celebrate our 20th Anniversary Bishop George E. Councill Memorial Golf Outing on October 14<sup>th</sup>!** As we come into the busiest months of preparation, we need your help. Do you golf, or play pickleball? If you or someone you know is interested, we would love to have your participation. The new pickleball portion of our event received rave reviews last year!

**We were blessed with many wonderful themed gift baskets for our Fashion Show fundraiser this June. It was so nice, we're asking twice!** Each year at the golf outing, we have a prize raffle that would greatly benefit from similar basket donations. Basket ideas include: movie night, baby, hair and nails, car wash, basket of cheer (spirits), Mexican or Italian specialties, relaxation day, lottery tree, bath 'n body, garden treasures, pet care, toys/games. Gift cards are also welcome, in any amount! If you would like to discuss ideas, please speak with Patrice in the office.

**From August-April, Althia Muse will be offering bi-weekly confirmation classes for anyone seeking confirmation by our bishop on Holy Saturday (April 19, 2025.)** Ideally, we will meet alternating Thursdays and some Sundays using both in-person and virtual platforms. Participants will also learn about and support various ministries at the Cathedral. Anyone interested should contact Althia at (609) 802-2303.

**A walker has been given to the Cathedral, to be donated to anyone who is in need of such a device.** If you have a need for a walker, please speak with Willie Coleman, Usher.

**At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024.** The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with “ECS” on the memo line, and put in the collection plate or sent to the office.)

**“A Taste of Joy – Recipes of Trinity Cathedral” cookbooks are still available** - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at [trinitycathedralags@gmail.com](mailto:trinitycathedralags@gmail.com).**

**We have re-started our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center** – Please speak to Larry Spears or Dean John if you are interested in serving this community.

**The next Food Pantry distribution date is – Saturday, August 24<sup>th</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month) from 9-11:00 am.**

**Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance** as a satellite location for the Trenton Area Soup Kitchen.



### **THIS WEEK’S CATHEDRAL SCHEDULE**

**TODAY (8/11)**

**10:00 am**

10:30a – 12:30p

**The Twelfth Sunday after Pentecost (Proper 14)**

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

Full Gospel Community Church service – CHP

**Thurs. (8/15)**

4:15 – 5:30 pm

8:00 pm

TASK Meals – SH

Rosary devotions, via Zoom

**Fri. (8/16)**

11:00am

Frances Myers O’Brien Funeral Mass, followed by repast in Synod Hall

**Sun. (8/18)**

**8:30 am**

**10:00 am**

10:30a – 12:30p

4:00 pm

**The Thirteenth Sunday after Pentecost (Proper 15)**

**Rite I Eucharist in All saints Chapel (in-person only)**

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

Full Gospel Community Church service – CHP

Julian Bowen Music Academy concert (free will offering); join us! - CATH