

TRINITY CATHEDRAL  
OF THE DIOCESE OF NEW JERSEY

**He called the twelve  
and began to send  
them out two by two ...**



**JULY 7, 2024 – PENTECOST 7/PROPER 9 – YEAR B  
8:30 AM - THE HOLY EUCHARIST: RITE ONE**

**CELEBRANT & PREACHER – THE REV. CN. BRUCE MONTGOMERY**

**The Very Rev. René Rory John, Dean**  
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WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

*Please stand as indicated and be seated for lessons*

## Liturgy of the Word

**Prelude**

*Dr. Kerry Heimann, organ*

**Processional Hymn**

**Hymnal # 616  
vs. 1 & 5**

**Hail to the Lord's Anointed**

*Celebrant:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be God's kingdom, now and for ever. Amen.**

*Celebrant:* Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.  
**Amen.**

*All say together*

**Gloria in Excelsis**

**Glory be to God on high,  
and on earth peace, good will towards men.**

**We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,**

**O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesus Christ;**

**O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.**

**Thou that takest away the sins of the world,  
receive our prayer.**

**Thou that sittest at the right hand of God the Father,  
have mercy upon us.**

**For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
art most high in the glory of God the Father. Amen.**

### **The Collect of the Day**

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit.**

*Celebrant:* Let us pray.

O God, who hast taught us to keep all thy commandments by loving thee and our neighbor: Grant us the grace of thy Holy Spirit, that we may be devoted to thee with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who liveth and reigneth with thee and the same Spirit, one God, for ever and ever. **Amen.**

*The people are seated*

### **First Reading**

#### **A Reading from the book of Ezekiel (2:1-5)**

The Lord said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord God." Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

The Word of the Lord.

*People:* **Thanks be to God.**

*All remain seated to say*

### **Psalm 48**

**Great is the Lord, and highly to be praised; \*  
in the city of our God is his holy hill.  
Beautiful and lofty, the joy of all the earth, is the  
hill of Zion, \*  
the very center of the world and the city of the great King.  
God is in her citadels; \*  
he is known to be her sure refuge.**

**Behold, the kings of the earth assembled \*  
and marched forward together.  
They looked and were astounded; \*  
they retreated and fled in terror.  
Trembling seized them there; \*  
they writhed like a woman in childbirth,  
like ships of the sea when the east wind shatters them.  
As we have heard, so have we seen,  
in the city of the Lord of hosts, in the city of our God; \*  
God has established her for ever.  
We have waited in silence on your loving-kindness, O God, \*  
in the midst of your temple.  
Your praise, like your Name, O God, reaches to  
the world's end; \*  
your right hand is full of justice.  
Let Mount Zion be glad  
and the cities of Judah rejoice, \*  
because of your judgments.  
Make the circuit of Zion;  
walk round about her; \*  
count the number of her towers.  
Consider well her bulwarks;  
examine her strongholds; \*  
that you may tell those who come after.  
This God is our God for ever and ever; \*  
he shall be our guide for evermore.**

*Remain seated*

**Second Reading**

**A Reading from Paul's Second letter to the Church in Corinth (2 Cor. 12:2-10)**

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows—was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am

content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The Word of the Lord.

**People:** **Thanks be to God.**

*All stand, as able*

**Sequence Hymn**

**Hymnal # 636**  
**vs. 1 & 2**

**How Firm a Foundation,**  
**Ye Saints of the Lord**

*Remain standing*

**The Gospel: Mark 6:1-13**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Mark.

**People:** **Glory be to thee, O Lord.**

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

The Gospel of the Lord.

**People** **Praise be to thee, O Christ.**

**Sermon**

**The Rev. Cn. Bruce Montgomery**  
**Priest Associate**

*All stand, as able*

**Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Remain standing*

**Prayers of the People**

*The Leader and People pray responsively*

*Deacon:* As people of faith, we are called to be prophets. Let us open our hearts and call upon our God, saying: O God, hear our prayer.

*Lector:* That our wounded and numbed hearts may be given hope, and that in our weakness we may be empowered by God's guiding hand, let us pray, saying:

***People:* O God, hear our prayer.**

*Lector:* That each of us may open the door to the one who knocks, let us pray, saying:

***People:* O God, hear our prayer.**

*Deacon:* We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Comfort Sparks (on her 100<sup>th</sup>!), The Rev. Dr. Peter Bridge, Imani White, The Rev. Dr. Peter Bridge (Ord.), Tom & Georgianna Aiken, Helena Gongar, Susan Valentine, Chinweze Ahaghotu and Hasaan White, Jr.** Let us pray, saying:

***People:* O God, hear our prayer.**

*Lector:* That as the sea transforms rock to sand, God may transform our weakness to strength, let us pray, saying:

***People:* O God, hear our prayer.**

*Deacon:* We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Let us pray, saying:

***People:* O God, hear our prayer.**

*Lector:* That we may be instrumental in alleviating the pains of oppression by reaching out to the poor, the homeless, and the neglected, let us pray, saying:

***People:* O God, hear our prayer.**

*Deacon:* That we and all in the church may recognize the prophets in our own midst, let us pray, saying:

***People:* O God, hear our prayer.**

*Deacon:* We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sean, our Presiding Bishop-elect; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Church of the Province of the Indian Ocean; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Ministry of Prison Chaplains. Let us pray, saying:

***People:* O God, hear our prayer.**

*Lector:* That all in any need may receive God's mercy, let us pray, saying:

***People:* O God, hear our prayer.**

*Deacon:* We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of**

**Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Janet Thompson, Rich & Laila McCoy, Susan Remmers, Amarachi Ngozi Okere, the Murray, Walton & O'Malley families, Frances Barksdale, Javier Alvarez Loeblich, the Alvarez & Loeblich families, Cristina Alvarez, Jasper Clark, Cheryl D'Angelo, Gary Trio, Virginia Barbarin, Nancy Hood-Boczar, Justin Sandiford, Gia Jones, Vivian & Valerie Pressley, the Bayuk family, Donna Ann Miller, Prince Muhummad, Karen Pilgrim, Lucy Holloway, Joe Latini, Janeen, Eric Blakeslee & the Blakeslee family, Dyna Reeves & the Reeves family, Natalie Sandiford, & Maci & Ruby Kitzmiller. Let us pray, saying:**

***People:* O God, hear our prayer.**

*Deacon:* We remember those who have died, especially the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. Let us pray, saying:

***People:* O God, hear our prayer.**

*Silence ~ The People may add their own petitions*

*Celebrant:* Compassionate God, we come to you, aware that the prophet within each of us shrinks from your call. Give us the courage to speak and live the word of your Son, in whose name we pray. **Amen.**

*Please remain in your pew for the Peace.*

**The Peace**

*Celebrant:* The peace of the Lord be always with you.

***People:* And with thy spirit.**

## **Holy Communion**

*Remain standing*

**Offertory Hymn**

**Hymnal # 657**

**Love Divine, All Loves Excelling**

**The Great Thanksgiving:**

**Eucharistic Prayer II**

*Celebrant:* The Lord be with you.

***People:* And with thy spirit.**

*Celebrant:* Lift up your hearts.

***People:* We lift them up unto the Lord.**

*Celebrant:* Let us give thanks unto our Lord God.

***People:* It is meet and right so to do.**



*Then, facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who by water and the Holy Spirit hast made us a new people in Jesus Christ our Lord, to show forth thy glory in all the world. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*All say together*

**Holy, holy, holy, Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*All kneel or stand, as able*

*Celebrant:* All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and

heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

*Celebrant and People:*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

*The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast. Alleluia.**

*All say together*

**Agnus Dei**

**O Lamb of God, that takest away the sins of the world, have mercy upon us.**

**O Lamb of God, that takest away the sins of the world, have mercy upon us.**

**O Lamb of God, that takest away the sins of the world, grant us thy peace.**

*The People may join in saying*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.**

*Celebrant:* The Gifts of God for the People of God. Take them in remembrance that Christ

died for you, and feed on him in your hearts by faith, with thanksgiving.

*All baptized persons are welcome to receive Holy Communion.*

## **Communion Solo**

*Dr. Kerry Heimann, organ*

*All say together*

## **Post-communion Prayer**

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## **Announcements**

### **Recessional Hymn**

**LEVAS # 194  
vs. 1 & 2**

**Lead Me, Guide Me, Along the Way**

## **Blessing**

*Celebrant:* The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

## **Dismissal**

**Deacon:** Let us go forth into the world, rejoicing in the power of the Spirit.

**People:** **Thanks be to God.**

## **Postlude**

*Dr. Kerry Heimann, organ*

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY  
JULY 7, 2024 ~ PENTECOST 7/PROPER 9**



**Following Christ, joining the Cathedral** – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



**ANNOUNCEMENTS**

The Lectors for the 10:00 am Mass on 7/14 are:

**J. Gil Williams, Bobbie Powell, Chinweze Ahaghotu & Judith Miller (alternate)  
Bobbie Powell (chalice bearer)**

The Greeters for the 10:00 am Mass on 7/14 (2<sup>nd</sup> Sunday) are:

**Edward Greenfield & Dennie Higgins (alternate)**

**This week we will bag food for the Food Pantry** – We can use assistance the Thursday prior to each Pantry date. This week's bagging day is Thursday, July 11<sup>th</sup> at 4:45 pm.

**The Altar Guild Shop** will be closed in July, but if you need something, contact Lucy Adams at [trinitycathedralags@gmail.com](mailto:trinitycathedralags@gmail.com) or leave a message at the Cathedral Office.

**A walker has been given to the Cathedral, to be donated to anyone who is in need of such a device.** If you have a need for a walker, please speak with Willie Coleman, Usher.

**At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024.** The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with “ECS” on the memo line, and put in the collection plate or sent to the office.)

**Have you checked out our “A Taste of Joy – Recipes of Trinity Cathedral” cookbook?** - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours today at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at [trinitycathedralags@gmail.com](mailto:trinitycathedralags@gmail.com).** Also, if you are interested in selling the books, let Lucy know. **Thank you for your support!**

**We are re-starting our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center** – Please speak to Larry Spears or Dean John if you are interested in serving this community.

**The next Food Pantry distribution date is – Saturday, July 13<sup>th</sup> (2<sup>nd</sup> & 4<sup>th</sup> Saturdays this month) from 9-11:00 am.**

**Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance** as a satellite location for the Trenton Area Soup Kitchen.



### **THIS WEEK'S CATHEDRAL SCHEDULE**

#### **TODAY (7/7)**

**8:30 am**

**10:00 am**

**10:30a – 12:30p**

**The Seventh Sunday after Pentecost (Proper 9)**

**Rite I Eucharist in All Saints Chapel (in-person only)**

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

**Full Gospel Community Church service – CHP**

#### **Mon. (7/8)**

Urban Promise Summer Camp continues, weekdays through August 8<sup>th</sup>  
Blue Mountain Music Camp begins, weekdays through July 19<sup>th</sup>

#### **Tues. (7/9)**

**9 – 9:45 am**

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail [shaktisocialwork4@hotmail.com](mailto:shaktisocialwork4@hotmail.com)

#### **Thurs. (7/11)**

**4:15 – 5:30 pm**

**4:45 pm**

**8:00 pm**

TASK Meals – SH

Food Pantry bagging

Rosary devotions, via Zoom

#### **Sat. (7/13)**

**8:00am – 1:00pm**

**9 – 11:00 am**

**10:00 am**

Diocesan School for Ministry – CHP/SH

Food Pantry

Grief Support Group meeting – GR

#### **Sun. (7/14)**

**10:00 am**

**10:30a – 12:30p**

**The Eighth Sunday after Pentecost (Proper 10)**

**Rite II Eucharist in the Cathedral (+ livestreamed, when available)**

**Full Gospel Community Church service – CHP**