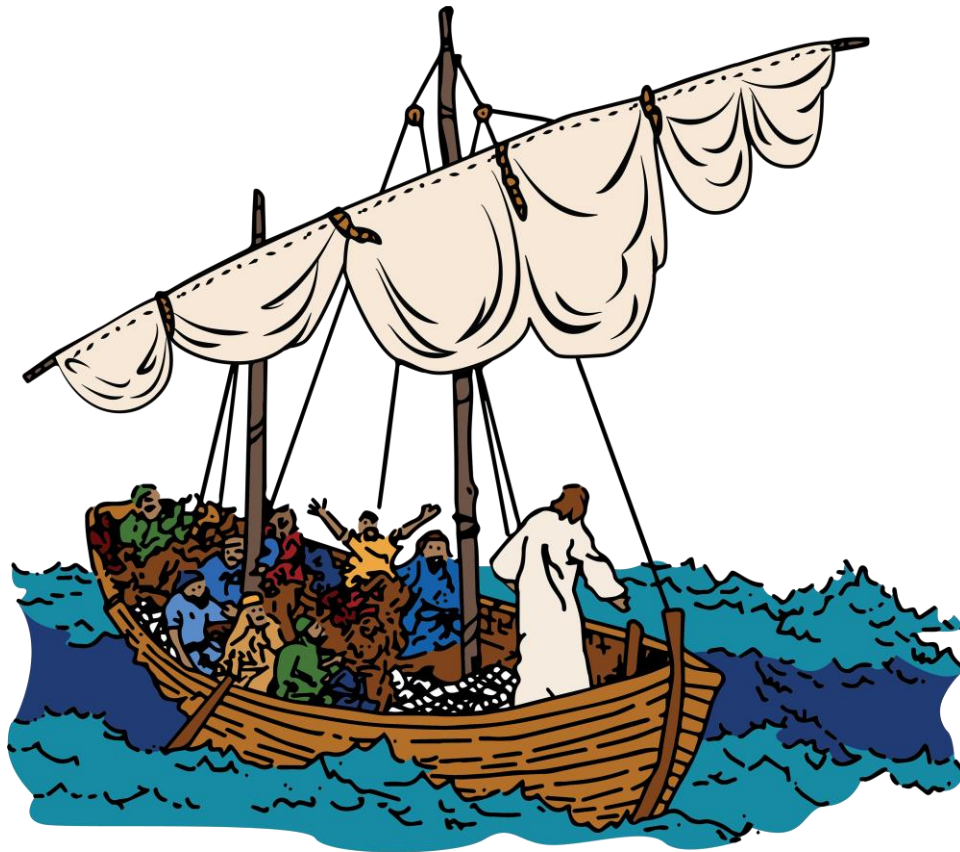


TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



Jesus calms the storm

**JUNE 23, 2024 – PENTECOST 5/PROPER 7 – YEAR B
FAMILY SUNDAY**

10:00 AM - THE HOLY EUCHARIST: RITE TWO

**CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – THE REV. CHRIS COX**

801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305

www.TrinityCathedralNJ.org

The Very Rev. René Rory John, Dean

WELCOME! We're honored that you're worshipping with us today. If you're not familiar with our Episcopal worship service, we hope this service bulletin will help. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Prelude

Dr. Kerry Heimann, organ

Remain standing

Processional Hymn

Hymnal # 11

Awake, My Soul, and With the Sun

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing

Hymnal # S-280

Gloria

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The people are seated

First Reading

A Reading from the book of Job (38:1-11)

Then out of the storm the LORD spoke to Job. Who are you to question my wisdom with your ignorant, empty words? Now stand up straight and answer the questions I ask you. Were you there when I made the world? If you know so much, tell me about it. Who decided how large it would be? Who stretched the measuring line over it? Do you know all the answers? What holds up the pillars that support the earth? Who laid the cornerstone of the world? In the dawn of that day the stars sang together, and the heavenly beings shouted for joy. Who closed the gates to

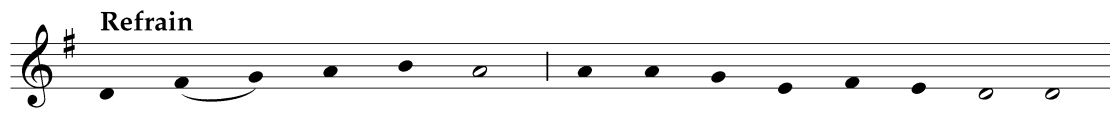
hold back the sea when it burst from the womb of the earth? It was I who covered the sea with clouds and wrapped it in darkness. I marked a boundary for the sea and kept it behind bolted gates. I told it, "So far and no farther! Here your powerful waves must stop."

People: The Word of the Lord.
Thanks be to God.

Remain seated; all sing Refrain together
Psalm 107:1-3, 23-32

Cantor: Dr. Kerry Heimann

Refrain



Give thanks to the Lord, whose mercies endure for ever.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated.

Give thanks to the Lord, for he is good, *
and his mercy endures for ever.
Let all those whom the Lord has redeemed proclaim *
that he redeemed them from the hand of the foe.
He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.

Refrain

Some went down to the sea in ships *
and plied their trade in deep waters;
They beheld the works of the Lord*
and his wonders in the deep.

Refrain

Then he spoke, and a stormy wind arose, *
which tossed high the waves of the sea.
They mounted up to the heavens and fell back to the depths; *
their hearts melted because of their peril.
They reeled and staggered like drunkards *
and were at their wits' end.

Refrain

Then they cried to the Lord in their trouble,
and he delivered them from their distress.
He stilled the storm to a whisper *
and quieted the waves of the sea.
Then were they glad because of the calm, *
and he brought them to the harbor they were bound for.

Refrain

Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.
Let them exalt him in the congregation of the people *
and praise him in the council of the elders.

Refrain

Remain seated

Second Reading

A Reading from Paul's Second letter to the Church in Corinth (2 Cor. 6:1-13)

In our work together with God, then, we beg you who have received God's grace not to let it be wasted. Hear what God says: "When the time came for me to show you favor, I heard you; when the day arrived for me to save you, I helped you." Listen! This is the hour to receive God's favor; today is the day to be saved! We do not want anyone to find fault with our work, so we try not to put obstacles in anyone's way. Instead, in everything we do we show that we are God's servants by patiently enduring troubles, hardships, and difficulties. We have been beaten, jailed, and mobbed; we have been overworked and have gone without sleep or food. By our purity, knowledge, patience, and kindness we have shown ourselves to be God's servants—by the Holy Spirit, by our true love, by our message of truth, and by the power of God. We have righteousness as our weapon, both to attack and to defend ourselves. We are honored and disgraced; we are insulted and praised. We are treated as liars, yet we speak the truth; as unknown, yet we are known by all; as though we were dead, but, as you see, we live on. Although punished, we are not killed; although saddened, we are always glad; we seem poor, but we make many people rich; we seem to have nothing, yet we really possess everything. Dear friends in Corinth! We have spoken frankly to you; we have opened our hearts wide. It is not we who have closed our hearts to you; it is you who have closed your hearts to us. I speak now as though you were my children: show us the same feelings that we have for you. Open your hearts wide!

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

Hymnal # 579

Almighty Father, Strong to Save

Remain standing

The Gospel: Mark 4:35-41

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to you, Lord Christ.

On the evening of that same day Jesus said to his disciples, "Let us go across to the other side of the lake." So they left the crowd; the disciples got into the boat in which Jesus was already sitting, and they took him with them. Other boats were there too. Suddenly a strong wind blew up, and the waves began to spill over into the boat, so that it was about to fill with water. Jesus was in the back of the boat, sleeping with his head on a pillow. The disciples woke him up and said, "Teacher, don't you care that we are about to die?" Jesus stood up and commanded the wind, "Be quiet!" and he said to the waves, "Be still!" The wind died down, and there was a great calm. Then Jesus said to his disciples, "Why are you frightened? Do you still have no faith?" But they were terribly afraid and began to say to one another, "Who is this man? Even the wind and the waves obey him!"

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

**The Rev. Chris Cox
Deacon**

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God.

There is no longer Jew or Greek.

There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

All stand

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,**

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: As we find ourselves in a storm-tossed world, let us gather our needs and concerns to call upon our God, saying: O God, hear our prayer.

Lector: As the raging storm compelled the apostles to wake your Son, help us, O God, to weather the squalls that wake us to your presence. We pray:

***People:* O God, hear our prayer.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, the People of Haiti, Eileen Cera, Husayne Ferguson, Janet Thompson, Rich & Laila McCoy, Susan Remmers, Colin & Margaret Smith, the Blakelee family, the McInerney family, Amarachi Ngozi Okere, the Murray, Walton & O'Malley families, Frances Barksdale, Justin Sandiford, Javier**

Alvarez Loeblich, the Alvarez & Loeblich families, Cristina Alvarez, Jasper Clark, Cheryl D'Angelo, Gary Trio, Virginia Barbarin, Nancy Hood-Boczar, Justin Sandiford, Gia Jones and Vivian & Valerie Pressley. We pray:

People: O God, hear our prayer.

Deacon: We remember those who have died, especially **Sophie Johnson**, the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. We pray:

People: O God, hear our prayer.

Lector: As your Son bound the fury of the sea with his word, teach us to bind our science and technology with human dignity. We pray:

People: O God, hear our prayer.

Lector: As Christ Jesus calmed the storm for the disciples' journey, calm whatever storms our travelers encounter and bring them safely home. We pray:

People: O God, hear our prayer.

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. We pray:

People: O God, hear our prayer.

Lector: As Jesus once stilled the waves which buffeted the boat, quiet the rifts in our lives and in the lives of all for whom we pray. We pray:

People: O God, hear our prayer.

Deacon: As young parents marvel at the birth of their child, grant us ever to marvel at our new life in Christ. We pray:

People: O God, hear our prayer.

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Kelly Castellón, June Perfater, Naomi McMullan, Cyrus Ketter, Jr., Timothy Thorne, John & Tammy Gibson, Jr., Caitlin M. Palmer, and Althia & Naeem Muse.** We pray:

People: O God, hear our prayer.

Lector: As children delight in the world through the encouragement of their parents, help us to encourage one another to give thanks and praise to you for the wonders of creation. We pray:

People: O God, hear our prayer.

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Church of England; and for our brothers and sisters

in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and The Rev. Robert B. Haller. We pray:

People: O God, hear our prayer.

Deacon: As the 81st General Convention of the Episcopal Church assembles today, we pray: Almighty and everlasting Father, you have given the Holy Spirit to abide with us forever: Bless, we pray, with his grace and presence, the bishops and the other clergy and the laity now assembled in your Name, that your Church, being preserved in true faith and godly discipline, may fulfill all the mind of him who loved it and gave himself for it, your Son Jesus Christ our Savior; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Silence ~ The People may add their own petitions

Celebrant: Caring God, we thank you for being with us through the fury and the calm of our life's voyage, revealing your care to us and drawing us to new life. May we live, as we pray, in the protection of Christ our Lord. **Amen.**

The Confession and Absolution

BCP p. 360

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Juneteenth Presentation by Cathedral Youth

All say together

Collect for Social Justice from the Book of Common Prayer

“Grant, O God, that your holy and life-giving Spirit may so move every human heart and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. **Amen.**”

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Solo

Dr. Kerry Heimann, organ

All stand, as able

Offertory Hymn

Hymnal # 559

Lead us, Heavenly Father, Lead Us

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

The Great Thanksgiving:

Eucharistic Prayer A

Chalice bearer: Hilary Cox

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People:

Hymnal # S-129

Sanctus

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Hymnal # S-163

Fraction Anthem

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

All Baptized Christians are welcome to make their Communion at the Lord's table.

Communion Hymn

LEVAS # 79

Jesus, Lover of My Soul

The People are seated

The Post-Communion Prayer

Celebrant and People:

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Announcements

All stand, as able

Recessional Hymn

Hymnal # 535

Ye Servants of God, Your Master Proclaim

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

**THE FLOWERS AT THE STATUE OF MOTHER MARY ARE GIVEN TO THE GLORY OF GOD IN
LOVING MEMORY OF LOIS D'ANGELO, FROM JOE AND PATRICE D'ANGELO**

**For Family Sunday, today's readings are taken from
the *Good News* translation of the Bible.**

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
JUNE 23, 2024 ~ PENTECOST 5/PROPER 7 ~ FAMILY SUNDAY



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 6/30 are:

**Cn. Phil Lewis, Gail Lewis, Susan Remmers & Cn. Clara Gregory (alternate)
Margaret Nartey (chalice bearer)**

The Greeters for the 10:00 am Mass on 6/30 (5th Sunday) are:

Margaret Nartey & Karlene Blasse (alternate)

The Altar Guild Shop will be closed in July, but if you need something, contact Lucy Adams at trinitycathedralags@gmail.com or leave a message at the Cathedral Office.

A walker has been given to the Cathedral, to be donated to anyone who is in need of such a device. If you have a need for a walker, please speak with Willie Coleman, Usher.

At our meeting on June 10, the Vestry, in support of Episcopal Community Services (ECS), voted to be a sustaining member of ECS for 2024. The contribution for a sustaining member is \$3,000. Please feel free to contribute this effort as you are able. (Checks can be made payable to Trinity Cathedral, with “ECS” on the memo line, and put in the collection plate or sent to the office.)

Have you checked out our “*A Taste of Joy – Recipes of Trinity Cathedral*” cookbook? - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours today at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com.** Also, if you are interested in selling the books, let Lucy know. **Thank you for your support!**

We are re-starting our Lay Eucharistic Ministry to Hamilton Grove Care & Rehabilitation Center – We will lead worship and administer communion every first and third Sunday of each month to the facility’s geriatric, infirm, and convalescing patients. Service leaflets are provided and we make every effort to send folks in pairs so they have assistance. Flu shots and TB vaccines are mandatory for anyone participating (must provide proof). COVID shots are welcomed but not mandatory. Please speak to Larry Spears or Dean John if you are interested in serving this community.

The next Food Pantry distribution date is – Saturday, July 13th (2nd & 4th Saturdays this month) from 9-11:00 am.

Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.



Join ECS-NJ in an important justice ministry – helping eligible NJ residents to vote. Volunteers are needed to be trained and then in their free time--evenings, weekends, whatever is available--help make sure that everyone eligible in your area is registered, educated, and gets out to vote. Contact Canon Clara Gregory or Catherine Ambos at info@ecs-nj.org for further information or to join the effort. The New Jersey voter registration is 21 days before the election, or October 15.

Will you join ECS-NJ at the June 29 “Moral March on Washington D.C. & to the Polls”? Register and secure bus seat(s) here <https://www.poorpeoplescampaign.org/>.

This key march kicks off four months of outreach to voters. Want to help? Contact ECS-NJ at info@ecs-nj.org.

THE WEEK OF SHALOM



JULY 8TH-14TH

The Week of Shalom is a week of events promoting a city-wide movement to help restore justice and promote peace in streets of Trenton. TRST, will be partnering with the City of Trenton + dozens of community organizations to host an event each day on the week, culminating with a city-wide peace walk leading up to Mill Hill Park in Trenton.

- MONDAY JULY 8TH | INTERFAITH PRAYER FOR PEACE + THE BATTLE OF MONUMENT IN TRENTON
- TUESDAY JULY 9TH | RETURNING CITIZENS JOB FAIR + CITY HALL IN TRENTON
- WEDNESDAY JULY 10TH | AFRICAN AMERICAN HERITAGE FLAG DAY + CITY HALL IN TRENTON
- THURSDAY JULY 11TH | SAY THEIR NAMES PRAYER VIGIL + THE SERENITY GARDEN ON THE CORNER OF BELLEVUE & PROSPECT STREET IN TRENTON
- FRIDAY JULY 12TH | FRIDAY NIGHT LIGHTS + THE CAPITAL CITY SPORTS COMPLEX IN TRENTON (OFF CALHOUN STREET)
- SATURDAY JULY 13TH | CITY WIDE COLOR RUN + CADWALADER PARK
- SUNDAY JULY 14TH | CITY WIDE PEACE WALK AT MILL HILL PARK IN TRENTON



Salvation
Social Justice





THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (6/23)

10:00 am

10:30a – 12:30p

**The Fifth Sunday after Pentecost (Proper 7) ~ Family Sunday
Rite II Eucharist in the Cathedral (+ livestreamed, when available)
Full Gospel Community Church service – CHP**

Mon. (6/24)

Pre-K ½ day/UP off

Tues. (6/25)

9 – 9:45 am

Last day for Pre-K students (1/2 day)

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail shaktisocialwork4@hotmail.com

12 – 3:00 pm

UP training downstairs

Wed. (6/26)

Last day for Pre-K teachers (1/2 day)

UP street leader training

Thurs. (6/27)

4:15 – 5:30 pm

UP street leader training

8 – 8:30 pm

TASK Meals – SH

Society of Mary Rosary Devotions via Zoom and phone access: Please E-mail Erica Warner at yassose@aol.com for information on how to join us

Sat. (6/29)

Cathedral closed

Sun. (6/30)

10:00 am

10:30a – 12:30p

The Sixth Sunday after Pentecost (Proper 8)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP