



THE TRINITY TIMES



May 2024



The newsletter of Trinity Cathedral of the Diocese of New Jersey



It's That Time of Year Again!



20TH Bishop George E. Councill Memorial GOLF OUTING

The Golf Committee is gearing up for the annual George E. Councill Memorial Golf Outing. 2024 is particularly significant as we will mark the Outing's 20th anniversary. Set to take place on Monday, October 14th, we are returning to the Mercer Oaks Golf Course in West Windsor for this year's activities.

Over the last 19 years we have raised nearly \$550,000 to support the vital ministries of Trinity Cathedral. This year, we are setting the fundraising bar higher, with the goal of generating at least \$75,000 in revenue.

Last year, we added a Pickleball Clinic to the Outing. We are evaluating how we can increase participation in that activity, there are limitations due to space at the Mercer County Park facilities, and perhaps add a second, additional element designed to attract even more attendees. To offer up your suggestions, please E-mail them to me at lato-nya.johnson@gmail.com.

We will officially launch the registration process for the Outing on May 26th, Trinity Sunday. You'll receive materials in the mail, gain access to our updated web page, start seeing regular social media posts and in September, begin to receive "The Weekly Tee" - the Outing's own newsletter. We will of course, continue to provide updates in Trinity Times, in the weekly bulletin and from time to time, at Sunday services.

We hope we can once again count on your support, through ticket purchases, sponsorships, in-kind donations (the wine!), and most importantly, your prayers.

We look forward to hearing from you!

La'Tonya Johnson

Chair, Golf Committee



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Congratulations to Matthew McDermott on his recent Ordination! We were fortunate to be Matt's sponsoring parish as he served here during his discernment process. At present, Matt is serving in the Diocese of Southern Ohio.



Join us for ...

Admission:
\$20 + an
appetizer or
dessert
to share
(under 18-\$10)

Fellowship
and
Fashion:
From Your
Closet!

Food, drinks,
and FUN!
Fashion
Show,
raffles &
prizes!



A FUNdraiser to benefit Trinity Cathedral

Saturday, June 8, 2024 ~ 6:00 pm

801 West State Street ~ Trenton, NJ ~ 08618

Call for tickets: (609) 392-3805 (or buy on Sundays)

www.trinitycathedralnj.org



Prize Baskets Needed for our FUNdraiser!

We are looking forward to our Fashion Show FUNdraiser on June 8th! To help reach our fundraising goal, we are planning a basket raffle to be held at the event. Can you donate a theme basket, or some items to complete one? Here are some theme ideas: Movie Night, Game Night, Baby Basket, Bathroom Basket, Hair and Nails, Car Wash, Basket of Cheer (wine or spirits), Beach/Pool, Mexican or Italian Specialties, Relaxation Day, and Lottery Tree. We are also open to Father's Day-specific basket ideas: Dad's Day is right around the corner! **Gift cards are welcome, and can be used as the centerpiece of each basket.**



If you would like to talk about donation ideas, please call Patrice in the office or speak with Margaret Nartey on Sundays. For more information on our fundraiser, please see the flyer posted on the main hallway bulletin board. You can still sign up to be a model! The sign-up sheet is on the table just outside of Synod Hall.

Highlights of the Trinity Cathedral Vestry Meeting of April 15, 2024

Thirteen of the fifteen members of the Vestry met virtually on Monday, April 15, at 6:30 pm, with the Dean presiding and offering the opening prayer. Treasurer Ron Zilinski presented a summary of the Cathedral's operations for the first quarter of 2024. With the Dean having just received and deposited all \$37.5k of the 1st quarter Diocesan support, we are now only \$3k short of the budgeted income for the quarter. While we have not yet received \$25k expected from trusts, additional pledge income of \$26k more than compensates for this. Total expenses were \$11k less than budgeted. Thus the bottom-line deficit is \$9k below the budgeted \$53k to date. Cn. Paul Cooper reported that the Cathedral's investments at the end of the quarter total \$2.4 million, which is 4.4% greater than it was at the end of 2023. 19% of the total is mostly bequest money residing in our brokerage account, and \$307k of this amount is now being managed by the *Endowment Board*, which currently has charge of \$1 million or 43% of our total invested funds.

Senior Warden Gil Williams reported on Property & Maintenance as follows: It has been recommended that the gutters for the school should be cleaned four times a year, at a cost to be determined. Pipes have been replaced in the boiler for the school heating system at a cost of \$5k, which includes other related work. Mike will attend to the leak in window above the choir loft. Also reporting on the Food Pantry for Lourdez Hernandez, Gil said that volunteers have loaded 140 bags for the Saturday distribution to families, which include some for soup kitchen clients along with TASK's Thursday dinners. The Dean added that new curtains that Greg and Rose Cooper are installing in the Narthex in front of the shelves for the Food Pantry.

The Dean said that *CAST's Jazz Concert* took place on April 12. Organized by Bobbie Powell, he said it was one of the best events that have happened since he came to the Cathedral and is worth repeating. Margaret Nartey is planning a Fashion Show to take place on June 8 from 6 to 9 pm. Planning for the *Golf Outing* on October 7 includes pickleball and possibly tennis. Sam Richards said the *African Festival* will take place on October 19. The Dean reported further as follows: a) We had a good Lenten and Holy Week observance. b) Cn. Art Powell arranged the altar flowers for Palm Sunday and Easter, having taken on this flower responsibility. c) On social justice issues, he thanks Bp. French for supporting *Episcopal Community Services (ECS)*, including its sponsorship of the *Poor People's Campaign*. d) A regular attendee of the annual *North American Deans Conference* which happens this month, this year he decided instead to attend the triennial *Black Clergy Conference* – in an effort to be supportive of their ministries.

Under the leadership of Deacon Chris Cox, the Creation Care Committee – among its many initiatives – is working with Larry Spears and other *Fellowship Hour* volunteers to stop using paper cups, plates, and plastic utensils.

Respectfully submitted by Chinweze Ahaghotu and Cn. Paul Cooper

Creation Care Corner

For this month's Creation Care Corner, team member Ellen Heath has curated material by entomologist Douglas Tallamy on the importance of preserving our native plant species.

The Native Link

There is a strong, ecological connection between native plants and the insect and animal world, especially the bird population. Our **native insects have evolved with our native plants**, specialized to eat and digest their host's leaves. More native plants means more insects for food. **Native plants attract four times as many pollinators as non-natives.**

96% of North American bird species rely overwhelmingly on caterpillars and adult insects for their young. Fewer insects means fewer baby birds. For a chickadee, as many as 9,000 caterpillars are needed to raise a clutch of baby birds!

- Douglas Tallamy research - *Bringing Nature Home*

Experts consider the following plants to be the best plants for attracting pollinators, and they are short enough to be grown in pots:



Lanceleaf
Coreopsis



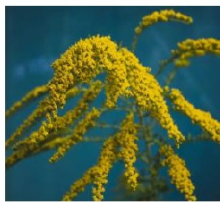
Common Evening
Primrose



Black-eyed
Susans



Calico Aster



Wrinkle Leaf
Goldenrod



Old Field
Goldenrod



Wreath
Goldenrod



**CONTINUING
FACELIFT OF
THE GROUNDS
OF TRINITY
CATHEDRAL:
PHASE III**

Efforts to enhance the appearance of the grounds of Trinity Cathedral continue. Thank you for your support! In addition to removing dead trees and failing, overgrown bushes, we have planted new flowering trees and shrubs, ordered a new bench for persons waiting for buses along West State St. (installation awaiting long-needed repaving of the street), and a host of other projects. Our work focuses on how the Cathedral presents itself as a good neighbor in the community in years to come. In addition, we are committed to planting trees and shrubs native to NJ—even if it costs a little more—since they require less costly TLC in the future. We are so pleased with the support and encouragement we have received that we are sharing our vision for other areas of the grounds.

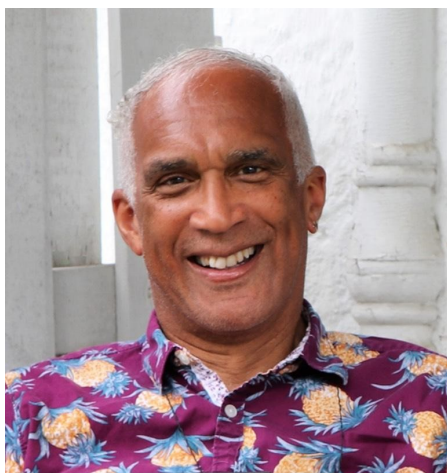
The list below offers a look into our plans around the entire Cathedral facility.

Please consider sponsoring one or more of the following plantings or projects OR making a donation to support the overall effort. You need not contribute the cost of a whole tree; we'll match your donation with others! Your generosity is greatly appreciated!

Where	Activity/Plantings	Sub-project Cost (each including planting/install)	I would like to contribute:
Main Entry: to West State Street			
	Large urns flanking main entry to hold seasonal plantings (quantity: 2)	\$ 300.00	\$ _____
	Mid-size urns to hold seasonal plantings at Narthex entrance (quantity: 3)	\$ 200.00	\$ _____
	I/we would like to support refreshing of flowers & shrubs in urns at entry doors (~6 urns 4-5 times annually)	\$ 30.00 Per urn/cycle	\$ _____
<i>Trinity Episcopal Cathedral Sign & Labyrinth Area: Fully Sponsored!</i>			
<i>Dogwoods: Front Lawn between Main entrance and Narthex: Fully Sponsored!</i>			
Chapel and Sacristy Area			
	Repair and reinstall wrought iron gate to sacristy garden	\$ 500.00	\$ _____
	Plant flowering evergreens near gate next to sacristy & chapel (quantity:3-4)	\$ 175.00	\$ _____
Overbrook Avenue/Berkeley Avenue Continued			
	New trees along Overbrook Avenue (quantity:3)	@\$ 350.00	\$ _____
	New redbuds along Berkeley Avenue (quantity:3-4)	@\$ 250.00	\$ _____
	Renewal of seating area near education wing and laying of new stones for gutter overflow	\$ 600.00	\$ _____

Where	Activity/Plantings	Sub-project Cost (each including planting/install)	I would like to contribute:
Refresh of Narthex Entry			
	Widen temporary parking area for Food Pantry delivery using permeable surface	\$ 600.00	\$ _____
	Renew garden plots on both sides of entrance	\$ 350.00	\$ _____
Memorial Garden and Guild Room Garden (on-going maintenance)			
<i>Memorial Garden renewal work is ongoing and a generous bequest is supporting current work.</i>			
	Sandblast and repaint entry arch and gate	\$ 600.00	\$ _____
	Guild Room Garden (ferns, hostas, etc.)	\$ 250.00	\$ _____
Overall Project Support			
	I/we would like to support the overall project:		\$ _____
	I/we would like to help out by weeding, planting, & grounds care		<input type="checkbox"/> YES!
Name:		Telephone:	
Email:			

Please complete and return this form to Cathedral Grounds Facelift Committee at Trinity Cathedral by dropping it off in the office or in the weekly collection plate. Checks should be made to: *Trinity Cathedral*. Please indicate "Grounds Facelift" in the memo. **Thank you for investing in the Cathedral. We are excited about our progress and our next projects!**



Get to Know Our Father's Day Guest Preacher

Danny L. Thomas, serves as the Executive Director of The Peace Center, located in Langhorne PA (right across the river!) He has been a Trenton resident since 2002, and learned to navigate the area through the lens of an unhoused 8 year old when he was a big brother through Hyacinth AIDS Foundation. It was a few years before he understood there were shorter routes than what the buses normally traversed through the city.

Danny is professionally trained in conflict management skills-both in corporate and nonprofit organizations. His primary focus is reconciliation and bridge building, especially around the issues of racial, economic, and educational disparity. Prior to The Peace Center, Danny served several communities in New Jersey as a pastor. He has also worked in a multi-national corporation creating training strategies for both employee growth and retention, as well as organizational development.

Danny has served as chaplain to a regional hospital in Jinja, Uganda, developing a partnership between caregivers and hospital staff to assure proper food and medical access. He has traveled to the middle East with the Delaware Valley chapter of the Association for Conflict Resolution on a project designed to build bridges of listening between Israelis and Palestinians. He has worked in South Jersey to build bridges between a historically black and a historically white congregation to help their community work against endemic poverty.

Danny holds an M.Div. from Princeton Theological Seminary and a Bachelor of Science from Virginia Tech. He has also done other educational work - both as the learner and the teacher.

Danny shares in Maya Angelou's philosophy that "when you know better, you do better".

BACH
COUPERIN
FORQUERAY
MARAIS
TANIMOTO
CHENG
HEIMANN

Enjoy a free performance featuring our own Kerry Heimann on harpsichord, at Princeton Theological Seminary on Sunday, May 12th!

“From the grandeur of Versailles to the intimate chambers of Köthen, experience how Louis XIV's patronage projected French culture across Europe, shaping the musical landscape for generations to come. Join us for an evening of Baroque splendor as we uncover the enduring legacy of the Ancien Régime through the music of Marin Marais, J.S. Bach, François Couperin, Johan Schenck, and Jean-Baptiste Forqueray.”

For more information, go to: <https://www.ptsem.edu/events/the-royal-viol> or speak with Kerry on Sunday!



The Royal Viol

Sunday, May 12, 2024, 7:00PM

Free and open to the public

Chapel, Princeton Theological Seminary
64 Mercer St., Princeton, NJ 08542

Arnie Tanimoto, *viola da gamba*

Ryan Cheng, *viola da gamba*

Kerry Heimann, *harpsichord*



PRINCETON
THEOLOGICAL
SEMINARY



Dear Trinity Family,

On behalf of the CAST committee, I wish to extend a big thanks to all who supported our first “Jazz Up Friday Cabaret” on Friday April 12, 2024. It was a new endeavor for the CAST committee and it certainly had God’s hand all over it. From the incidental meeting of Maci Miller at the Bonefish Grill to the phone call to Fabulous Johnny’s Catering through our very own NJ Diocese, it had a “magical feeling” from its inception.

It was a well received event, supported by all of the Trinity Vestry, Dean René and Andrea John and all of our Trinity Family. It warmed my heart to look out onto the audience, to see smiling faces looking back at me, sitting and conversing with one another, in a way as our very own Priest Associate Peter Bridge says in his most recent book, “Justice-Love”. We need as a church family to be respectful and non-judgmental to our fellow parishioners and others. I believe that as our Trinity family grows, whether through “CAST” events or other gatherings, we need to be open to those different from ourselves and truly try to connect to them through love and understanding.

Many thanks again for your love and support,

Bobbie Powell

Trinity Vestry

Chair, CAST Committee (Cathedral Arts Series of Trinity)

On another note, if anyone is interested in joining the CAST committee, please feel to contact me. We welcome all who are interested in using our sacred space of Trinity Cathedral to promote music and the gospel through music and fellowship!

Tré Devon Lane Foundation
Supporting other families during these difficult times.

GRIEF Support Group

SATURDAY
May 11, 2024
10:00am
Trinity Episcopal Cathedral Church
801 West State Street Trenton, NJ
Please use parking lot in the rear

Please bring a photo of the person you lost

For more information please contact Regina at 609-209-2500

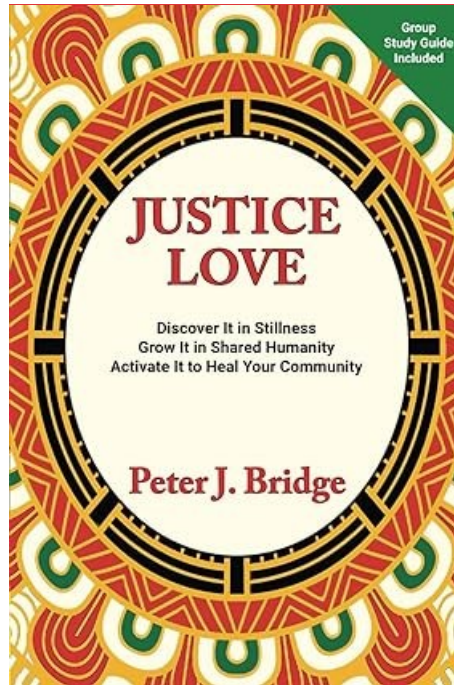


Group Study Guide Included

JUSTICE LOVE

Discover It in Stillness
Grow It in Shared Humanity
Activate It to Heal Your Community

Peter J. Bridge



Find Peter Bridge's New Book at the Altar Guild Shop, where you can purchase it at a discount, and 50% of the proceeds will go to support Cathedral Youth Ministries!

Outreach Update

The Central Jersey Family Health Consortium, Inc. (CJFHC), is a leading private non-profit 501 (C)3 organization licensed by the New Jersey Department of Health and part of a regionalized maternal and child health (MCH) system. CJFHC works to improve the health of women of childbearing age, infants, and children in the region through the collaborative efforts of member hospitals, providers, and consumers.

Central Jersey Family Health Consortium's mission is to promote an equitable and healthy future for families through services, advocacy, education and collaboration.

The Outreach committee attended a conference on April 18, 2024, sponsored by the CJFHC and entitled, "Turning up the Volume by Partnering with a Purpose! A Focus on Black Maternal Health." Various speakers presented including Trenton's own Peter Bullock. Peter is a husband, father, doula and founder of Hey Black Dad. Peter and his organization help men transition into fatherhood by educating them on their specific roles during pregnancy, labor, birth and postpartum. He provides this service in-person locally and virtually throughout the nation.

Cn. Clara Gregory & Monica M. Talbert
For the Outreach Committee



CJFHC
Central Jersey
Family Health Consortium

TURNING UP THE VOLUME BY PARTNERING WITH A PURPOSE!

A FOCUS ON BLACK MATERNAL HEALTH

CONFERENCE 2024

<p>Shawnee Gibson LMSW/FDLC/Healer Her reproductive activism is depicted in the award-winning documentary "Aftershock." Virtual Presentation</p>	<p>Trashaun M. Powell VP Programs, New Jersey Family Planning League</p>	<p>Dr. Ndidi Amutah-Onukagha Founder/Director Center of Black Maternal Health and Reproductive Justice (CBMHRJ) Virtual Presentation</p>	<p>Peter Bullock Husband/Father/Doula Founder Hey Black Dad</p>



Need a Mother's Day or Bridal Shower Gift? Trinity Cathedral Cookbooks are available & **have some delicious recipes waiting for you to try or share!** Proceeds from the sale of the books are going to **provide fresh produce** to the Cathedral Food Pantry. This also helps the farming communities. A win, win for all!



Even if you do not cook any more or don't have a particular person to gift it to, you can still assist by purchasing books and we'll donate them to the Food Pantry guests. **Get yours today** at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com. Also, if you are interested in selling the books, let Lucy know. **Thank you in advance for your support!**

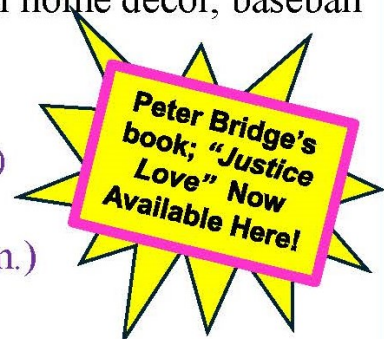


Spring has Sprung at the Cathedral Altar Guild Shop!
Stop in and see the new arrivals!

Mother's Day is May 12!
Graduations are just around the corner!
FREE Gift Wrapping!

Don't need a gift? Check out our **new** devotionals & pen sets for men & women, **reusable** beverage containers & bags, garden pots, prayer books, aprons, cookbook, jewelry for all ages, inspirational home décor, baseball caps & much more! **All reasonably priced!**

Shop will be open: May 5, May 19 (After the 8:30 Service also, before & after the 10 a.m. Service.)
May 18 - Diocese Confirmation (9:30 to 11:30 a.m.)



If you need something before those dates: Contact Lucy Adams for an appointment or online ordering at: trinitycathedralags@gmail.com



1	Matthew McDermott	Birthday
1	Nanette R. O'Brien	Birthday
1	Kumeiwo Ngwayah	Birthday
2	Debbie Raab	Birthday
4	Lauretta Ketter	Birthday
4	Samuel Richards	Birthday
5	Mary Hopkins	Birthday
5	Hibbert Duncan	Birthday
6	Lawrence Monte	Birthday
9	Carolyn Ford	Birthday
10	Barbara Tweh	Birthday
10	Zoe Ahaghotu	Birthday
12	The Rev. Chris Cox	Birthday
17	Regina Zilinski	Birthday
17	Ron & Regina Zilinski	Anniversary
17	Ekele Onyenwe	Birthday
21	Dr. Paul Cooper	Birthday
21	Diane Nancekivell & Tom Baskett	Anniversary
22	Brenda Whiteman	Birthday
22	Sam Stephens	Birthday
23	Robin Bridge	Birthday
23	Ariana Jakub	Birthday
23	Vallerie M. Samuels	Birthday
25	Bernard McMullan & Sam Ste-	Anniversary
25	Robert C. Gibson	Birthday
26	Aweon A. Richards	Birthday
26	Melani A. Lewis	Birthday
26	Sally L. Fineburg	Birthday
26	Kurtis Perry	Birthday
26	Junius Ketter	Birthday
26	Cyrus & Lauretta Ketter	Anniversary
27	Thelma Tunstall	Birthday
28	Ellen Wry	Birthday
28	Evangeline T. Smith	Birthday
28	Patti Castellon	Birthday
29	Hillary K. Sopko	Birthday
29	Tammy J. Samuels	Birthday
31	Janice Borrella	Birthday
31	Nathaniel McMullan	Birthday

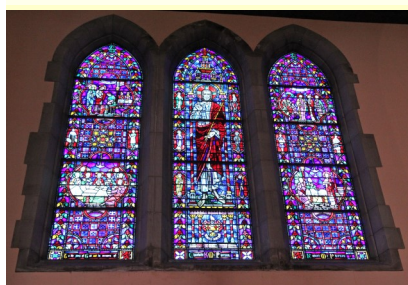
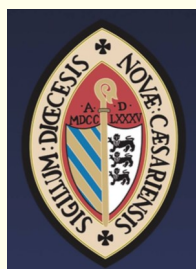
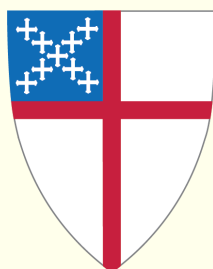
1	Rev. Dr. John & Rosemary Luttrell	Anniversary
2	David Collins	Birthday
4	Christian White	Birthday
4	Fay Manicke	Birthday
4	Wipson Joseph	Birthday
5	Marsha Perry	Birthday
6	Kemdi Opara Jr.	Birthday
6	Christine Mitchell	Birthday
6	Nancy Hood-Boczar	Birthday
7	Judith M. Thompson	Birthday
7	Tracey Hopkins	Birthday
7	Isaac Garret Sinclair Newman	Birthday
9	Tarlow Miller	Birthday
9	Sharon Tejada	Birthday
9	Gregory & Roseann Cooper	Anniversary
10	Josephine Khoury	Birthday
10	Azubuike Onyenwe	Birthday
10	Susan R. Ince	Birthday
11	Belinda Whiteman	Birthday
11	Joe D'Angelo	Birthday
12	Helena Gongar	Birthday
13	Angela Opara	Birthday
15	Anthony Wootson	Birthday
16	The Very Rev. Rene & Andrea John	Anniversary
17	Erica Warner	Birthday
17	The Very Rev. Rene John	Birthday
17	Susan Zitofsky	Birthday
17	James & Lynn Palmer	Anniversary
18	Rosemary Luttrell	Birthday
20	Frances Barksdale	Birthday
22	Lawrence Gustin	Birthday
22	Desiree Kirmales-Prouty	Birthday
23	Kelly Castellon	Birthday
24	June Perfater	Birthday
24	Naomi McMullan	Birthday
25	Cyrus Ketter, Jr.	Birthday
27	Timothy Thorne	Birthday
27	John & Tammy Gibson, Jr.	Anniversary
29	Caitlin M. Palmer	Birthday
29	Althia & Naeem Muse	Anniversary

Please join in sharing good wishes for our fellow parishioners on their special day!

TRINITY CATHEDRAL

Of The Diocese of New Jersey
801 West State Street
Trenton, NJ 08618

Phone: (609) 392-3805
Fax: (609) 392-2305
www.TrinityCathedralNJ.org



WORSHIP SCHEDULE:

Sundays: 10:00 am - Rite II
In-person and livestreamed

Every 1st and 3rd Sunday:
8:30 am - Rite I
In-person only

Wednesdays: 12:10 - 12:45 pm
Healing Eucharist
In-person only

Please go to
www.TrinityCathedralNJ.org
for information on how to join us
via livestream!

CATHEDRAL CLERGY

The Rt. Rev. Sally Johnson French, Bishop
The Very Rev. René Rory John, Dean
The Rev. Cn. Dr. Noel J. Amadi, Priest Associate
The Rev. Dr. Peter Bridge, Priest Associate
The Rev. Dr. John Luttrell, Priest Associate
The Rev. Cn. Bruce Montgomery, Priest Associate
The Rev. Chris Cox, Deacon
The Rev. Carol Gilbert, Deacon

CATHEDRAL STAFF

Patrice A. D'Angelo, Administrator
Dr. Kerry Heimann, Director of Music
Fay Manicke, Associate Director of Music
Al Shaw, Sexton
Tyree Bodiford, Associate Sexton

THE ACADEMY PRE-SCHOOL STAFF

The Rev. Lynn H. Johnson, Administrator
Tossa Thorpe, Administrative Assistant

Our Vision:

A visible agent of God's love, joyfully embracing all people.

Our Mission:

God is here. Jesus loves you.

We are a welcoming, diverse community sharing God's love, spreading the Gospel and caring for all people and God's Creation. Come join us.