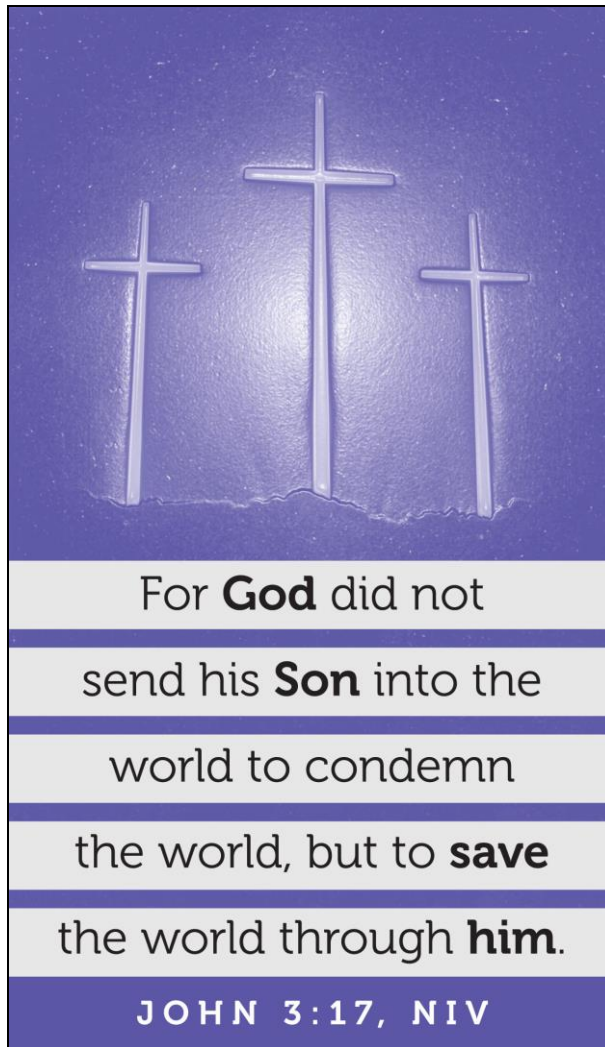


TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



MARCH 10, 2024 – THE FOURTH SUNDAY IN LENT – YEAR B
CELEBRATING WOMEN’S HISTORY MONTH
10:00 AM - THE HOLY EUCHARIST: RITE TWO

CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – KIMME CARLOS

801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305
www.TrinityCathedralNJ.org
The Very Rev. René Rory John, Dean

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons, as able

Prelude

Dr. Kerry Heimann, organ

Processional Hymn

Hymnal # 620

Jerusalem, My Happy Home

Celebrant: Bless the Lord who forgives all our sins.

People: **His mercy endures forever.**

The Penitential Order

Celebrant: If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Deacon: Let us confess our sins against God and our neighbor.

Silence may be kept. Remain standing or kneel as able.

Celebrant and People:

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Remain standing

Kyrie

Hymnal # S-91

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People are seated

First Reading

Lector: Brenda Whiteman

A Reading from the book of Numbers (21:4-9)

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

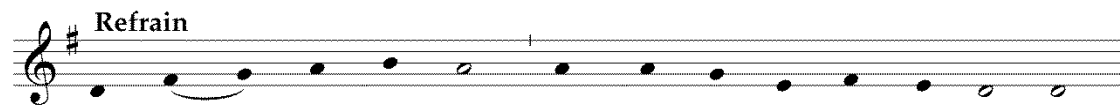
The Word of the Lord.

People: **Thanks be to God.**

Remain seated; all sing Refrain together

Psalm 107:1-3,17-22

Cantor: Fay Manicke



Give thanks to the Lord, whose mercies endure for ever.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

Give thanks to the Lord, for he is good, *
and his mercy endures for ever.

Let all those whom the Lord has redeemed proclaim *
that he redeemed them from the hand of the foe.
He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.

Refrain

Some were fools and took to rebellious ways; *
they were afflicted because of their sins.
They abhorred all manner of food *
and drew near to death's door.

Refrain

Then they cried to the Lord in their trouble, *
and he delivered them from their distress.
He sent forth his word and healed them *
and saved them from the grave.

Refrain

Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.
Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

Refrain

Remain seated

Second Reading

Lector: Virginia Harmer

A Reading from Paul's letter to the Church in Ephesus (2:1-10)

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Word of the Lord.

***People:* Thanks be to God.**

All stand, as able
Sequence Hymn

Hymnal # 302

**Father, We Thank Thee
Who Hast Planted**

Remain standing

The Gospel: John 3:14-21

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

Kimme Carlos

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God.

There is no longer Jew or Greek.

There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

Remain standing
Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

The Leader and People pray responsively

Lector: Ellen Heath

Deacon: Embraced by God's word, let us intercede for all those in need, saying: Have mercy, O Lord.

Lector: For the church, that our Lenten hunger may be for justice, and our thirst for deeds of justice, we pray:

People: **Have mercy, O Lord.**

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially the Episcopal Church; and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Members and Ministry of the Diocesan Adaptive Leadership Small Groups. We pray:

People: **Have mercy, O Lord.**

Lector: For the church, that all those to be baptized at Easter may see through the dazzling attractions of sin and rejoice only in God's marvelous gift, we pray:

People: **Have mercy, O Lord.**

Lector: For the community of nations, that the worth of every life may compel us on the way to solidarity and peace, we pray:

People: **Have mercy, O Lord.**

Lector: For exiles and refugees, that all who are homeless because of war or hunger, because of the greed or hatred of others, because of disabilities, may find places of rest and kindness, we pray:

People: **Have mercy, O Lord.**

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. We pray:

People: **Have mercy, O Lord.**

Lector: For those who struggle with addictions, that they may find strength and love for the simple gifts of God, we pray:

People: **Have mercy, O Lord.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, Anita Hill, Amarachi Ngozi Okere, the Hudson family, the Moffett, Rivers, Sanders and Madison families, Patty & Mark Gerner, Meredith Burton, Caroline McIntyre, Mary Swingle, Fred Cohen, all NAMI families, King Charles, III, Catherine, Princess of Wales, Rich Jacobson, the Jacobson family, Anthony Rabara, Tom Wheeler, Wendy Williams, the Broadbent family, Flora Toto and the Toto family, Star & Tom Peters, the Vidal family, Henry Wolfinger, Scott Shervington, Reid Howard, Aaliyah A. VanHeusen, and Canon Amadi.** We pray:

People: **Have mercy, O Lord.**

Deacon: We remember those who have died, especially **Rosalie Marie Sang, Julia Moore**, the victims of violence in our neighborhoods, and the victims of the ongoing wars around the world. We pray:

People: **Have mercy, O Lord.**

Lector: For this assembly, God's handiwork, that our steps be directed in ways of peace that lead us to the side of those the world despises, and that we name these rejected ones our brothers and sisters, we pray:

People: **Have mercy, O Lord.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Gregory Blasse, Stephen B. Ford** and **Judith Miller**. We pray:

People: **Have mercy, O Lord.**

Silence, as the People add their own petitions.

Celebrant: God, full of goodness and open to weakness, remember all whom we remember, and remind us of all whom we would forget. We ask this through Christ our Lord. **Amen.**

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Anthem

Order My Steps

Glenn Burleigh, arr. Jack Schrader

The Absalom Jones Inspirational Choir

Offertory Hymn

Hymnal # 321

My God, Thy Table Now is Spread

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

The Great Thanksgiving:

Eucharistic Prayer A

Chalice bearer: Cn. Clara Gregory

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth, through Jesus Christ our Lord. Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All sing together

Sanctus

Hymnal # S-114

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully

receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast.**

All sing together

Agnus Dei **Hymnal # S-158**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion:

Celebrant: **My Jesus, We believe that you are truly present in the Blessed Sacrament of the Altar. We love you above all things, and long for you in our soul. Since some cannot now receive you sacramentally, come at least spiritually into their hearts. As though you**

have already come, we embrace you and unite ourselves entirely to you; never permit us to be separated from you. Amen. (*St. Alphonsus de Liguori, 1696-1787*)

All Baptized Christians are welcome to make their Communion at the Lord's table.

All stand, as able

Communion Hymn LEVAS # 111 Come, Thou Font of Every Blessing

The Post-Communion Prayer

Celebrant and People: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Announcements

All stand, as able

Recessional Hymn Hymnal # 690 Guide Me, O Thou Great Jehovah

Blessing

Deacon: Bow down before the Lord.

Celebrant: Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. **Amen.**

Dismissal

Deacon: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

**TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
MARCH 10, 2024 ~ THE FOURTH SUNDAY IN LENT**



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 3/17 are:

**Sue Gummere, Frances O'Brien, Erica Warner & Fay Manicke (alternate)
& Hilary Cox (chalice bearer)**

Dear Saints,

Andrea and I want to express to you our profound appreciation for last Sunday's fellowship and appreciations, in celebration of our time here amongst you!

Dean John

There are Lenten calendars on the literature table in the main hallway: for adults, teens and children!

Take Note: The Altar Guild Gift Shop will be open next Sunday and Palm Sunday. Stop in for Easter basket specials. SPECIAL SHOUT OUT to our Souper Bowl Food Collection helpers: Magnus, Danielle, Nicole & Lafayette! Your assistance was greatly appreciated.

Cathedral-sponsored candidate for Ministry (and now a Deacon), Matthew McDermott will be ordained to the Priesthood at Trinity Cathedral on Saturday, March 16th at 11:00 am. Please come out and support Matthew on his Ordination day!

Thank you to today's Greeters, Samuel & Anastasia Richards – We are in need of 1-2 Greeters on Sunday mornings, and will be posting a sign-up sheet outside of Synod Hall. If you have any questions, please speak with Margaret.

Time is Hopping along – let's plan for the EASTER EGG HUNT! We are hoping (?hopping?) to once again hold the Trinity Cathedral Easter Egg Hunt this year, March 31st! Can you help? We are looking for: Easter egg fillers (treats, small prizes, etc. - we have PLENTY of eggs!), small baskets with handles (for the little ones who may have forgotten one on the day). Please drop off all donations at the Cathedral! Any questions? Please call Rose Cooper or E-mail her at g.r.c@att.net

"A Taste of Joy – Recipes of Trinity Cathedral" cookbook is still available! - Proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. **Get yours today at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com.** Also, if you are interested in selling the books, let Lucy know. **Thank you for your support!**

Join us for our Lenten Series – Weekly reflections on “How We Learn to Be Brave” by Bishop Mariann Budde will be led by Canon Dr. Phil Lewis. Wednesdays, February 21st and 28th, and March 6th, 13th and 20th. Sessions will be held via Zoom from 7:00 – 8:30 pm. The Zoom link for the meeting is:

<https://us02web.zoom.us/j/89379028423?pwd=VURYODE2c0pSNnVFbjdTZEo1MGd0Zz09>

Meeting ID: 893 7902 8423

Passcode: 157679

The book is available for purchase at the Altar Guild Shop. Having read the book is important, but NOT REQUIRED to attend and enjoy the Lenten Series - weekly reflections. We encourage everyone to invite at least three people you know, who you think are looking for a better life! For help or questions, feel free to contact Phil by text at (267) 907-3050 or by E-mail at philglewistway@gmail.com

If you are interested in helping the Food Pantry, we can especially use one or two volunteers who can lift up to 50 pounds - We have folks who can pack our food bags, but they require assistance lifting cases of canned goods onto the packing tables and moving the packed bags into place to be handed out. Can you fill this need? Please call Lourdez “Cookie” Hernandez at (609) 902-8282.

The next Food Pantry distribution date is – Saturday, March 23rd (2nd & 4th Saturdays this month) from 9-11:00 am.

Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

Fourth Sunday in *Lent*

THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (3/10)

9:15 am

10:00 am

10:30a – 12:30p

11:15a – 12:15p

1:00 pm

Fourth Sunday in Lent

Choir warm-up

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP

Choir rehearsal

Adult Christian Education, via Zoom

Tues. (3/12)

9 – 9:45 am

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail shaktisocialwork4@hotmail.com

Wed. (3/13)

12:10 pm

7:00 pm

Wednesday Healing Eucharist in All Saints Chapel, (in-person only)

Lenten Series weekly reflections, via Zoom

Thurs. (3/14)

4:15 – 5:30 pm

8 – 8:30 pm

TASK Meals – SH

Society of Mary Rosary Devotions, via Zoom and phone access: Please E-mail Erica Warner at yassose@aol.com for information on how to join us

Fri. (3/15)

4 – 7:00 pm

Private event – CATH

Sat. (3/16)

10:30 am – Noon

11:00 am

Trinity Strings music lessons ON today

Private meeting – GR

Matthew McDermott's Ordination; please join us! – CATH/SH

Sun. (3/17)

9:15 am

8:30 am

10:00 am

10:30a – 12:30p

11:15a – 12:15pm

Fifth Sunday in Lent

Choir warm-up

Rite I Eucharist in All Saints Chapel (in-person only)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP

Choir rehearsal

