



# THE TRINITY TIMES

February 2024



The newsletter of Trinity Cathedral of the Diocese of New Jersey



Dear Friends,

We give thanks to God for a very productive Annual Meeting on January 21st. As we begin our Church's New Year we give thanks for all that God has blessed us with in 2023. Congratulations to the new Wardens: Senior Warden, J. Gil Williams and Junior Warden, Margaret Nartey. And our new Vestry members - Larry Spears, Ellen Heath and John Gummere - who join those previously elected to do the business of the church. Lourdez Hernandez was re-elected to serve on the Vestry, and Diocesan Convention delegates elected were: Willie Coleman, Georgia Koenig and Margaret Nartey (alternates are Bernard McMullan, Judith Miller and Dennie Higgins.) Trenton Convocation delegates elected were: Howard Ebersole, John Gummere, Lourdez Hernandez, Nancy Hood-Boczar, Ellen Wanser, and Brenda Whiteman.

Along with these elections I reviewed highlights of all the various Cathedral commissions and committees. Improvements to the buildings and grounds were significant in 2023. We played a significant role in preparing for and participating in the consecration of the thirteenth Bishop of New Jersey, Sally Johnson French. We prepared our parish Emergency Action Plan, thanks to Bobbie Powell, Mary Johnson, Fay Manicke, Nancy Hood-Boczar, Ellen Wanser, Willie Coleman, Bernard McMullan and consultant, Dan Anderson. Voted on and approved by the Vestry, it will be shared with our congregation at Mass on February 4, 2024.

We are also grateful to have improved significantly our livestreaming and audio system in 2024 This was made possible in large part by using some funds from a bequest from Dr. Fred Rogers. Whilst all of these efforts were most rewarding, I'm grateful that we continued to work faithfully on our efforts of Outreach with the Food Pantry, Soup Kitchen, Academy Pre School, Urban Promise, Grief Support and Trinity Strings. Work on Creation Care and community pet vaccination clinics also played a major part of our 2024 ministries.

Gradually, we are restoring some of the changes we made when COVID-19 first struck our communities. We will return to using our hymnals during our Sunday Liturgy; Joshua Gilbert suggests, "The transition away from hymnals in religious worship can impact the integration of scripture, adaptability, musical literacy, familiarity, cultural diversity, and the physical symbolism associated with congregational singing. Addressing these aspects may require intentional planning and creative solutions to ensure a rich and meaningful worship experience for congregants."

**Inside this issue:**

- African Americans and the Arts 3
- Questions about recycling? We've got answers! 4
- Meet our new Vestry members 5
- January Vestry meeting highlights 8
- Christmas 2023 memories 9



Continued on next page . . .

*Continued from previous page . . .*

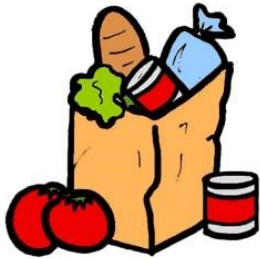
In 2024 we will continue to build on past efforts to be faithful followers of our Lord and Savior. I pray you will join us as we seek to be faithful disciples of Jesus and great partners in helping to shape the Beloved Community.

Join us for our 2024 Lenten Program, with presenter Canon Dr. Phil Lewis on February 21st and 28th; and March 6th, 13th and 20th from 7:00 - 8:30pm via Zoom. This year's Lenten Series is based on the book, "How We Learn to Be Brave" by Bishop Mariann Edgar Budde.

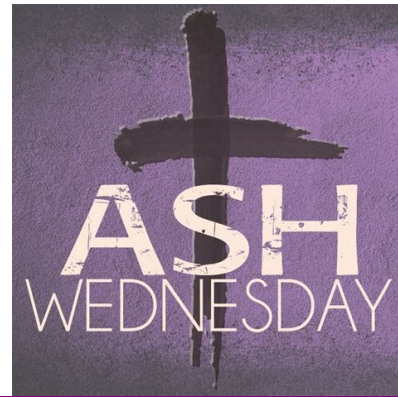
Your Friend and Dean,



The Very Rev. René R. John



**If you are interested in helping the Cathedral Food Pantry, we can especially use one or two volunteers who can lift up to 50 pounds -** We have folks who can pack our food bags, but they require assistance lifting cases of canned goods onto the packing tables and moving the packed bags into place to be handed out. Can you fill this need? Please call Lourdez "Cookie" Hernandez at (609) 902-8282. (We also have a need for someone who can speak French-Creole!, to help communicate with some of our guests.)



Join us for Ash Wednesday Mass with

Bishop Sally French

Wednesday, February 14, 2024

12:10 pm and 7:30 pm

***"A Taste of Joy – Recipes of Trinity Cathedral"***  
**Cookbook is Now Available!**

The cookbook developed out of a mini grant to the Cathedral, that promoted healthy eating and moving. To keep the healthy eating going, proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. This also helps the farming communities. A win, win for all!

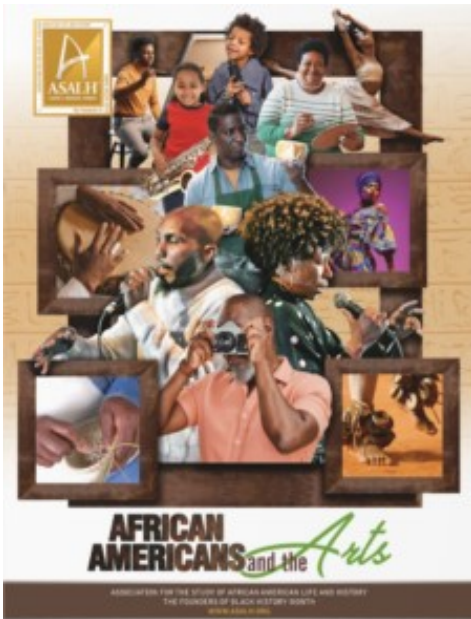
Even if you do not cook or don't have a particular person to gift it to, you can still assist by purchasing books and we'll donate them to our Food Pantry guests. **Get yours today at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at [trinitycathedralags@gmail.com](mailto:trinitycathedralags@gmail.com).** Also, if you are interested in selling the books, let Lucy know. **Thank you in advance for your support!**





# African Americans and the Arts

by Kimme Carlos



Every year the **Association for the Study of African American Life and History (ASALH®)** celebrates Black History Month with a powerful, life-affirming theme. It is a dedication to exploring historical issues of importance to people of African descent and race relations in America. The 2024 Black History Month theme is *African Americans and the Arts*.

African American art is infused with African, Caribbean, and the Black American lived experiences. In the fields of visual and performing arts, literature, fashion, folklore, language, film, music, architecture, culinary and other forms of cultural expression, the African American influence has been paramount. African American artists have used art to preserve history and community memory as well as for empowerment. Artistic and cultural movements such as the New Negro, Black Arts, Black Renaissance, hip-hop, and Afrofuturism, have been led by people of African descent and set the standard for popular trends around the world. In **2024**, we examine the varied history and life of African American arts and artisans.

For centuries Western intellectuals denied or minimized the contributions of people of African descent to the arts as well as history, even as their artistry in many genres was mimicked and/or stolen. However, we can still see the unbroken chain of Black art production from antiquity to the present, from Egypt across Africa, from Europe to the New World. Prior to the American Revolution, enslaved Africans of the Lowcountry began their more than a 300-year tradition of making sweetgrass baskets, revealing their visual artistry via craft.

The suffering of those in bondage gave birth to the spirituals, the nation's first contribution to music. Blues musicians such as Robert Johnson, McKinley 'Muddy Waters' Morganfield and Riley "BB" B. King created and nurtured a style of music that became the bedrock for gospel, soul, and other still popular (and evolving) forms of music. Black contributions to literature include works by poets like Phillis Wheatley, essays, autobiographies, and novels by writers such as David Walker and Maria Stewart. Black aesthetics have also been manifested through sculptors like Edmonia Lewis and painters like Henry O. Tanner.

In the **1920s and 30s**, the rise of the Black Renaissance and New Negro Movement brought the Black Arts to an international stage. Members of the armed forces, such as James Reese Europe, and artists such as Langston Hughes, Josephine Baker and Lois Mailou Jones brought Black culture and Black American aesthetics internationally, and Black culture began its ascent to becoming a dominant cultural movement to the world. In addition to the Harlem Renaissance, today we recognize that cities like Los Angeles, Chicago, and New Orleans also were home to many Black artists.

The **1960s** continued this thread through the cultural evolution known as the Black Arts Movement, where artists covered issues such as pride in one's heritage and established art galleries and museum exhibitions to show their own work, as well as publications such as Black Art. This period brought us artists such as Alvin Ailey, Judith Jamison, Amiri Baraka, Nikki Giovanni and Sonia Sanchez. The movement would not have been as impactful without the influences from the broader Black world, especially the Negritude movement and the writings of Frantz Fanon.

In **1973**, in the Bronx, New York Black musicians (i.e. DJ Kool Herc and Coke La Rock) started a new genre of music called hip-hop, which comprises five foundational elements (DJing, MCing, Graffiti, Break Dancing and Beat Boxing). Hip-hop performers also used technological equipment such as turntables, synthesizers, drum machines, and samplers to make their songs. Since then hip-hop has continued to be a pivotal force in political, social, and cultural spaces and was a medium where issues such as racial violence in the inner city, sexism, economic disinvestment and others took the forefront.

The term **Afrofuturism** was used approximately 30 years ago in an effort to define cultural and artistic productions (music, literature, visual arts, etc.) that imagine a future for Black people without oppressive systems, and examines how Black history and knowledge intersects with technology and science. Afrofuturist elements can be found in the music of Sun Ra, Rashan Roland Kirk, Janelle Monáe and Jimi Hendrix. Other examples include sci-fi writer Octavia Butler's novels, Marvel film Black Panther, and artists such as British-Liberian painter Lina Iris Viktor, Kenyan-born sculptor Wangechi Mutu, and Caribbean writers and artists such as Nalo Hopkinson, and Grace Jones.

# Creation Care Corner - Recycling explained!



By Trinity Cathedral Creation Care Team

- ❖ Did you know that Recycling “rules” vary a lot from state to state, county to county, and even township to township?
- ❖ Recycled materials from Trinity Cathedral are collected as a “single stream” and sorted later at a recycling center into paper, cardboard, aluminum, glass and plastic recycling streams.
- ❖ The recycling process is hindered when we mix non-recyclable material into the stream.  
So here are some do’s and don’ts from the Mercer County Improvement Authority:

**PLASTICS:** Only recycle plastics with labels  and   
No other plastics can be recycled in Mercer Co.!

**PAPER:** No waxed paper, paper plates, napkins or paper towels

**CARDBOARD:** No Pizza boxes!

**GLASS:** Glass Bottles and Jars, all colors

**ALUMINUM & OTHER METAL CANS:** No Al foil, aerosol cans, cookie tins etc.

**Recycling saves millions of tons of waste from going to landfill.  
Let’s do it together!**

#### Sources of helpful information:

- Mercer County Improvement Authority: <http://www.mcyanj.org/>
- NJ Dept. of the Env./ Recycling: <https://www.nj.gov/dep/dshw/recycling/>
- Watch a Recycling Center at work!: <https://www.youtube.com/watch?v=1qpG3mFEBI>

**Congratulations to the newest members of our Vestry, elected on January 21, 2024!  
We thank you for your willingness to serve our Cathedral!**



**J. GIL WILLIAMS – SENIOR WARDEN**

My first scholastic experience was at our Trinity Academy, I attended an Episcopal boarding school for high school (St. Andrew's, Middletown, DE), and have been an active member at Trinity since January 2014.

During my time at the Cathedral, I have served as a Lector, Chalice bearer, Vestry member (currently Junior Warden), Choir member, Hamilton Grove volunteer, Co-head of the Food Pantry, Co-head of Outreach & Jubilee Ministries, and the Chair of Stewardship (2017-23). I'm also a member of the Cathedral's Pastoral Care Committee.

I live in Lawrenceville and have worked as a middle school and high teacher & coach in both New Jersey and Los Angeles, currently teaching middle school Math at Dr. Martin Luther King School and coaching Varsity Tennis at Trenton High. I'm passionate about teaching and working with children, creative writing and producing, and spreading the gospel of Christ.

**MARGARET NARTEY – JUNIOR WARDEN**

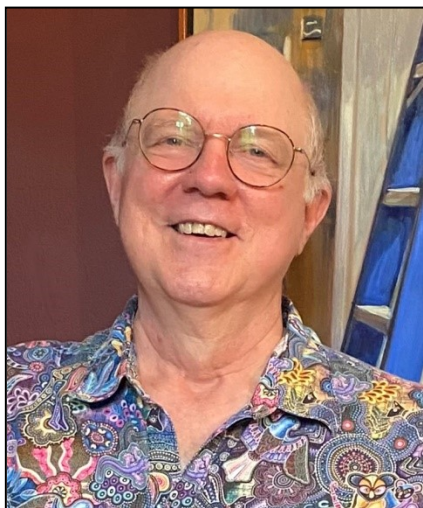
I have been a long time member of the cathedral family (over a decade), raised my sons here in their formative years, and saw them serve as Youth Group members and Acolytes. I've served as a member of the Cathedral African Festival committee for four years. Recently, I've served as a Vestry member for two years and a delegate to the Trenton Convocation and Diocesan Convention. It has been a learning and rewarding experience.

If elected it will be an honor to serve as Junior Warden working with the Bishop, Dean, fellow Warden, fellow Vestry members, congregation and community to further the interests of God's people. Most recently, I've also been working with Andrea John, a few other Cathedral members and the Dean to ensure individuals and families in crisis are ministered to always. My ministry strengths have been Pastoral Care, Lay Ministry, Hospitality and Ushering.

Thank you for considering me as a nominee for Junior Warden.



**JOHN GUMMERE – VESTRY**



I'm originally from Trenton and I was raised Roman Catholic, with an early exposure to the Episcopal Church by way of my father's side of the family; my father was not a churchgoer but his parents and my Aunt Betty (Peplow) were long-time members of Trinity Cathedral.

Professionally, I'm an artist: a painter and graphic designer. I graduated with a BA in Architecture from Columbia University, but my "first love" was fine arts; I took all the art courses I could at Columbia, plus part-time courses with Mel Leipzig and others at Mercer County Community College. Long after college, I returned to school in the four-year Certificate Program at the Pennsylvania Academy of the Fine Arts.

My faith journey took me through Catholic parochial school and Jesuit high school, along with participation in the Catholic Youth Organization (CYO), then on to activity in the Catholic Campus Ministry in college, and the Jesuit Volunteer Corps



(JVC) after graduation. For two years in JVC, I taught art and music at a parochial school in North Philadelphia. After JVC I had an exposure to Quakerism through one of my first graphics jobs, at *Friends Journal*, a national Quaker magazine published in Philadelphia. My first wife and I were long-time parishioners at Old St. Joseph's, the Jesuit church in downtown Philadelphia, and we eventually migrated over to St. Peter's Episcopal Church. While attending St. Peter's, I was asked by Margareth Awiti, a parishioner from Tanzania, to help her launch a ministry to help poor villages in her home country. Eventually that evolved into the Philadelphia-Serengeti Alliance, a 501c3 nonprofit that has mainly focused on water development projects in rural communities, as well as other initiatives to improve the quality of life.

Sue and I married in 2011 when I was living in South Philadelphia. When we moved from Philadelphia to the Trenton area in 2016, Trinity was the clear choice for our spiritual home. We have sung in the choir for several years, and I have taught art in Trinity's Urban Promise program.

**ELLEN HEATH – VESTRY**

Ellen joined the Cathedral about four years ago at the suggestion of a friend who knew what kind of community she was looking for. Originally a Presbyterian, she has found that she appreciates the Episcopal services as well as all the friends she has met. She has enjoyed the Bible studies and looks forward to being more involved in other activities of the church.

Ellen has lived in the Lawrence/Trenton area for 50 years. She retired from the water monitoring division of the Environmental Protection Agency in 2000. She has two daughters and a large extended family from her second marriage with Bob Schuster.



**LOURDEZ ("COOKIE") HERNANDEZ – VESTRY**

I was born in Cayey, Puerto Rico and have resided in New Jersey for the past 50 years. I became a member of Trinity Cathedral after attending a World AIDS Day event in December 2013. For the past 25 years I have been, and continue to be an activist for those living with HIV/AIDS consistently. I regularly participate in advocacy efforts which include lobbying in Washington DC, and meeting with members of Congress to advocate for HIV/AIDS funding. For the past 20 years I have worked for the New Jersey Association on Correction as the program Supervisor of the Correctional AIDS Project in the NJ Department of Correction.

I have been a member of the National Minority AIDS Council, New Jersey Governor's Advisory Council on HIV/AIDS and Related Blood-borne Pathogens since 2003. I am also affiliated with numerous community service agencies, such as the Hyacinth AIDS Foundation, NJ AIDS Partnership, NJWAN (New Jersey Women and AIDS Network) and a member of the Mercer County HIV Collaborative, New Jersey HIV/AIDS Planning Group's Executive Committee, HIV/AIDS Issues Committee and the Prevention and Care Collaborative Work Group. I have great passion for those living with HIV/AIDS and I am willing to educate the community without hesitation.

I have volunteered at the Cathedral Food Pantry for a couple of years, and in 2023 I became the Food Pantry Director. I have assisted in organizing the Cathedral World AIDS Day Commemoration for the past several years, and I am currently serving an unexpired term on the Vestry. Thank you for considering me to serve another term.

## LARRY SPEARS - VESTRY

Lawrence G. Spears, better known as Larry, has lived in Trenton New Jersey for over twenty years. He is the husband of Joyce Gibbs Spears and the father of two daughters: Karen Spears and Sarah Spears. He has worked in the Philadelphia School District for the last twenty-five years as a therapist working with special needs children. In his spare time, he enjoys reading the paper, history books and watching Korean, Chinese and Indian shows on Netflix as well as other cable channels.

Larry is a native of Knoxville, Tenn where he was raised by his parents as a Baptist. In his early twenties he was introduced to the Episcopal Church, which he has called his spiritual home for the last thirty-eight years. During this time he has been a member in different parishes in Tennessee, Pennsylvania and New Jersey. He has served in different capacities as follows: Acolyte master; Sunday School superintendent and teacher; Bible Study leader; Vestry member and Youth Group leader.

In 2016, Larry was ordained to the diaconate in the Reformed Episcopal Church to serve parishes in Philadelphia and the surrounding counties. Larry left the Reformed Episcopal Church due to the changing social and political environment religion finds itself in our society today.

Currently, Larry serves as Co-chair of the Hospitality Committee and organizes the food for our Sunday fellowship. Since the pandemic began, he has begun a campaign of periodic calls to fellow parishioners to check-in on their well-being.



Thank you to all who have pledged your support to the Cathedral for 2024! We currently have 74 pledging units, totaling \$255,880 – an average of \$3,458 per pledging unit. If you would like a pledge card, please speak with an Usher.

*Tre' Devon Lane Foundation*  
Supporting other families during these difficult times.

# GRIEF

## Support Group

**SATURDAY**  
February 10, 2024  
10:00am  
Trinity Episcopal Cathedral Church  
801 West State Street Trenton, NJ  
Please use parking lot in the rear

Please bring a photo of the person you lost

For more information please contact Regina at 609-209-2500



### The Cathedral Altar Guild Shop Winter Clearance SALE is Now Happening!

Check out a variety of items at great prices! Need to make room for new merchandise. Also check out the Books & Bargains table.

#### The Shop will be open:

Sat., February 3<sup>rd</sup> (Diocesan Confirmation) - 1:30–3:30 pm

Sun., February 4<sup>th</sup> & 18<sup>th</sup> after the 8:30 am service. Also, before & after the 10 a.m. service.

Wall & desk calendars are still available along with *“The Taste of Joy”* cookbooks. **Don't forget your Valentine!** Visit us for that unique gift. Contact Lucy Adams for more information or if you need something not during shopping hours.



## Highlights of the January 16, 2024, Vestry Meeting of Trinity Cathedral

Thirteen of the 14 members of the Vestry (or Minor Chapter) of Trinity Cathedral, met via Zoom on Tuesday evening, January 16, 2024 at 6:30 pm. The Dean called the meeting to order and offered the opening prayer. The main agenda items were addressed as follows:

- Nominations for Election at the Annual Meeting on January 21. Assistant Clerk, Paul Cooper, reported that the slate chosen by the *Nominating Committee* for this election consists of J. Gilbert Williams and Margaret Nartey for Senior and Junior Warden respectively; Ellen Heath, Lourdez Hernandez, Larry Spears and John Gummere for Vestry; Willie Coleman, Dennie Higgins, Georgia Koenig, Bernard McMullan, Judith Miller and Margaret Nartey for Diocesan Convention delegates or alternates; and Howard Ebersole, John Gummere, Lourdez Hernandez, Nancy Hood-Boczar, Ellen Wanser and Brenda Whiteman for Trenton Convocation delegates. This slate was approved by the Vestry for presentation at the Annual Meeting of the Congregation on January 21.
- Matthew McDermott's Candidacy for Ordination. The Dean asked for Vestry approval for the certification of the ordination of Matthew McDermott to the priesthood. Clerk Chinweze Ahaghotu circulated the certification electronically for Vestry signatures.
- Financial Reports. Treasurer Ron Zilinski presented, first, the *Financial Summary* of the Cathedral's operations for the year 2023, noting that we ended the year with a surplus of \$48k, assisted by pledge income of 17% more than planned and excesses in other amounts that brought total income to \$866k, or 9% over plan. Total expenses were 3% over plan, driven mainly by 30% greater property costs than budgeted. Next, Ron presented the *2024 Budget*, which calls for a 4% increase in salaries, which the Vestry approved. They also approved: a) \$5k more for grounds maintenance, b) life insurance package for employees, c) money market instrument yielding 5% kept separate from Dr. Rogers' bequest funds. The proposed 2024 budget income and expenses total about \$807k each. This balanced budget would be achieved by a draw-down of about \$88k from Dr. Rogers' bequest.
- Investments. Paul Cooper presented a summary of the Cathedral's investments, which currently amount to a total of \$2.32 million invested. 36% of this total is in four funds of the *Diocesan Investment Trust* (DIT), and the DIT had a total return of 12% in 2023. 44% of the total invested amount is in the *Dean Adams Trust* (DAT). The remaining 20% or \$462k of the total invested amount is mostly Dr. Rogers' bequest residing in a brokerage account. Paul also reported that the *Finance & Budget Committee* voted at their December 18 meeting to recommend to the Vestry that \$307k of this bequest amount be turned over to the *Endowment Board* as endowed monies to be managed by the *Board*. The Vestry approved this transfer.
- Property & Maintenance (P&M). Junior Warden Gil Williams reported that the undercroft kitchen passed its recent inspection, and that Property Manager Mike Raab is addressing the concerns of the inspector who wants more water pressure in the kitchen.
- Food Pantry. Lourdez Hernandez reported that the food pantry distributed 197 bags of food in December. She needs help packing these bags every other Thursday when she also provides several bags for the Cathedral's *Trenton Area Soup Kitchen* satellite location.
- Fund Raising. Senior Warden Dennie Higgins noted that the activities at the October golf outing are still the major Cathedral fund raiser. Other fundraising possibilities in 2024 are: a) Jazz Vesper; b) cathedral picture book by Lee Whiteman; c) *CAST* programming including a *Trinity Strings* event; and d) return of the *African Festival*.
- Social Justice. Dennie mentioned a mental health program taking place at the State House. She also reported that *Episcopal Community Services in New Jersey* (ECS-NJ) is doing well.
- Dean's Report. The Dean reported as follows:
  - ◇ *Lenten Program.* He and Cn. Dr. Phil Lewis will conduct the Lenten program this year using the book "*How We Learn to Be Brave: Decisive Moments in Life and Faith*" by Bishop Mariann Budde of DC.
  - ◇ *Gwendolyn Pearson Funeral.* Long-time member of the Cathedral Congregation, Gwendolyn's funeral service and interment happened last Saturday, January 13.
  - ◇ *New Bishop of Arkansas.* The Dean attended the consecration of the Rev. Canon John T. W. Harmon as the 14th Bishop of Arkansas on January 6 and his Seating the next day as Bishop in Trinity Cathedral, Little Rock, of the Diocese of Arkansas.
  - ◇ *Custodian.* "PJ" Pettyjohn retired at the end of the year 2023. The Dean is looking to hire a part-time custodian



## Scenes from Christmas 2023

Photos Courtesy of Lee Whiteman



Continued on next page . . .

---

to take PJ's place.

- Old/New Business.
  - ◇ *Human Resources Committee.* Suggested by Dennie, the Dean will follow up on this new Vestry committee at the next meeting.
  - ◇ *Audio/Visual System.* Lee to solicit volunteers from the congregation with a notice in the bulletin.
- Next Meeting. The Vestry will meet next with the *Major Chapter* on Tuesday, February 20, 2024, at 6:30 pm via Zoom.
- Adjournment and Closing Prayer. The meeting adjourned at 8:01 pm, with Gil Williams offering the closing prayer.

Respectfully submitted by Chinweze Ahaghotu and Paul Cooper -- January 30, 2024







1	Joan Victor	Birthday
2	Kendall Walton	Birthday
4	Timothy (TJ) Narthey	Birthday
5	Jonathan Gabbidon	Birthday
6	Beydoun Dennis	Birthday
6	William Gilbert	Birthday
6	Georgia Koenig	Birthday
7	Susanne Isbill	Birthday
7	Ngozi Ogbonna	Birthday
8	Brann Wry	Birthday
9	D. Michael Mulcahy	Birthday
9	Leslye Scipio	Birthday
9	Nefetari Blasse	Birthday
11	Margareth Joseph	Birthday
11	Mark & Anna Snow	Anniversary
11	Jocelyn Francis-White	Birthday
12	Thomas Bestman	Birthday
12	Jocelyne Graham	Birthday
14	Margot McCormick	Birthday
16	Bruce Boczar	Birthday
17	Meghan Lewis	Birthday
17	Robert & Irene Sanz	Anniversary
17	Savannah Carly Tolan	Birthday
18	Antonio James Tolan	Birthday
20	Marlene Porter	Birthday
26	Beverly P. Hopkins	Birthday
28	Lourdez Hernandez-Rosario	Birthday
28	Louise Tarr	Birthday

*Please join in sharing good wishes  
for our fellow parishioners  
on their special day!*

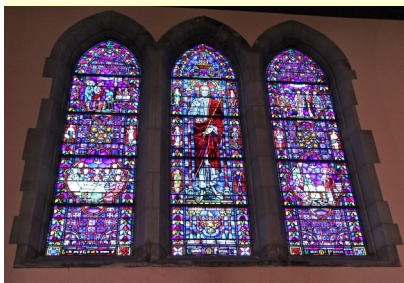
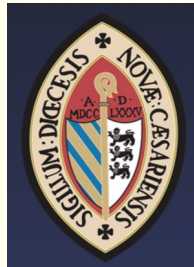
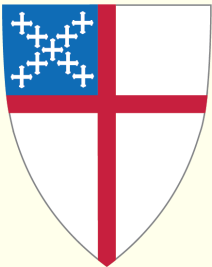




# TRINITY CATHEDRAL

Of The Diocese of New Jersey  
801 West State Street  
Trenton, NJ 08618

Phone: (609) 392-3805  
Fax: (609) 392-2305  
www.TrinityCathedralNJ.org



## Our Vision:

A visible agent of God's love, joyfully embracing all people.

## Our Mission:

God is here. Jesus loves you.

We are a welcoming, diverse community sharing God's love, spreading the Gospel and caring for all people and God's Creation. Come join us.

## WORSHIP SCHEDULE:

**Sundays: 10:00 am - Rite II**  
In-person and livestreamed

**Every 1st and 3rd Sunday:**  
8:30 am - Rite I  
In-person only

**Wednesdays: 12:10 - 12:45 pm**  
Healing Eucharist

Please see our website  
for information on how to join us,  
in-person or online!

## CATHEDRAL CLERGY

The Rt. Rev. Sally Johnson French, Bishop  
The Very Rev. René Rory John, Dean  
The Rev. Cn. Dr. Noel J. Amadi, Priest Associate  
The Rev. Dr. Peter Bridge, Priest Associate  
The Rev. Dr. John Luttrell, Priest Associate  
The Rev. Cn. Bruce Montgomery, Priest Associate  
The Rev. Chris Cox, Deacon  
The Rev. Carol Gilbert, Deacon

## CATHEDRAL STAFF

Patrice A. D'Angelo, Administrator  
Dr. Kerry Heimann, Director of Music  
Fay Manicke, Associate Director of Music  
Al Shaw, Sexton

## THE ACADEMY PRE-SCHOOL STAFF

The Rev. Lynn H. Johnson, Administrator  
Tossa Thorpe, Administrative Assistant