

TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY

"Come ye after me,
and I will make you to
become fishers of men."

M a r k 1 : 1 7



JANUARY 21, 2024 – THE THIRD SUNDAY AFTER THE EPIPHANY – YEAR B
10:00 AM - THE HOLY EUCHARIST: RITE TWO
CELEBRANT & PREACHER – THE VERY REV. RENÉ JOHN

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The Very Rev. René Rory John, Dean

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings. Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces.

If you're not familiar with our Episcopal worship service, we hope this will help. For sanitary purposes, all of our prayers are printed in this bulletin. Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons, as able

Prelude

Dr. Kerry Heimann, organ

All stand, as able

Processional Hymn Hymnal # 381

**Thy Strong Word Did Cleave
the Darkness**

1
Thy strong word did cleave the darkness;
at thy speaking it was done;
for created light we thank thee,
while thine ordered seasons run:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!

3
Thy strong word bespeaks us righteous;
bright with thine own holiness,
glorious now, we press toward glory,
and our lives our hopes confess:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!

2
Lo, on those who dwelt in darkness,
dark as night and deep as death,
broke the light of thy salvation,
breathed thine own life-giving breath:
Alleluia, alleluia!
Praise to thee who light dost send!
Alleluia, alleluia!
Alleluia without end!

4
God the Father, Light-Creator,
to thee laud and honor be;
to thee, Light of Light begotten,
praise be sung eternally;
Holy Spirit, Light-Revealer,
glory, glory be to thee;
mortals, angels, now and ever
praise the Holy Trinity.

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing together

Gloria

Hymnal # S-278

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world;
have mercy on us;
you are seated at the right hand of the Father;
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People are seated

First Reading

Lector: Virginia Harmer

A Reading from the book of Jonah (3:1-5, 10)

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they

proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The Word of the Lord.

People: Thanks be to God.

Remain seated; sung by the Choir

Psalm 62:6–14

Nonne Deo?

George Thalben-Ball



6 For God alone my soul in¹silence¹waits; *
—¹truly, my¹hope is in¹him.

7 He alone is my rock and¹my sal¹vation, *
my stronghold,¹so that I¹shall not be¹shaken.

8 In God is my¹safety and my¹honor; *
God is my strong¹röck¹and my¹refuge.

9 Put your trust in him¹always, O¹people, *
pour out your hearts be¹fore him, for¹God is our¹refuge.

10 Those of high degree are but a¹fleeting¹breath, *
even those of low es¹tate can¹not be¹trusted.

11 On the scales they are¹lighter than a¹breath, *
—¹all of¹them to¹gether.

12 Put no trust in extortion;
in robbery take no¹empty¹pride; *
though wealth increase,¹set not your¹heart up¹on it.

13 God has spoken once,¹twice have I¹heard it, *
that¹power be¹longs to¹God.

14 Steadfast love is¹yours, O¹Lord, *
for you repay everyone ac¹cording¹to his¹deeds.

Remain seated

Second Reading

Lector: Ellen Heath

A Reading from Paul's First letter to the Church in Corinth (1 Cor. 7:29-31)

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

Hymnal # 661

They Cast Their Nets in Galilee

1
They cast their nets in Galilee
just off the hills of brown;
such happy, simple fisherfolk,
before the Lord came down.

3
Young John who trimmed the flapping sail,
homeless, in Patmos died.
Peter, who hauled the teeming net,
head-down was crucified.

2
Contented, peaceful fishermen,
before they ever knew
the peace of God that filled their hearts
brimful, and broke them too.

4
The peace of God, it is no peace,
but strife closed in the sod.
Yet let us pray for but one thing—
the marvelous peace of God.

Remain standing

The Gospel: Mark 1:14-20

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

People The Gospel of the Lord.
 Praise to you, Lord Christ.

Sermon

The Very Rev. René John, Dean

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God.

There is no longer Jew or Greek.

There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

All stand

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

**For us and for our salvation
he came down from heaven:**

by the power of the Holy Spirit

**he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;**

he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Remain standing

Prayers of the People

Lector: Janet Thompson

The Leader and People pray responsively

Deacon: As God is moved by the sincerity of our repentance, so too God is pleased by the faithfulness of our prayers. Let us offer our prayers to God, saying: In your mercy, hear us, Lord.

Lector: You have called us, O God, to follow you. Give us the grace to listen to your call, to lay aside the things of this world, and to follow you. In your mercy,

***People:* Hear us, Lord.**

Lector: You have sent us, O God, into the world to tell the story of your love and faithfulness. Give us a holy zeal for the proclamation of the gospel in this place and in all the world. In your mercy,

***People:* Hear us, Lord.**

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially the Church of South India (United); and for our brothers and sisters in this diocese, including Joe Morris, Sylvestre and William, retired Bishops, and the Revs.: Jane Milliken Hague, Polly McWilliams Kasey, Emily Mellott, and Alistair So-Schoos. In your mercy,

***People:* Hear us, Lord.**

Lector: You have called, O God, persons of varieties of gifts to serve your church. Bless, we pray, the ministries of musicians and artists, scholars and writers, pastors and teachers, that their work enrich our common life and offer us a glimpse of the life to come. In your mercy,

People: **Hear us, Lord.**

Lector: You gave life, O God, for us and for all people. We remember before you those who are sick, those who mourn, and those who rejoice. As you have reached out to us in love, so inspire us to be present to those we have named before you. In your mercy,

People: **Hear us, Lord.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the People of Ukraine and Russia, the People of Israel and Palestine, Mary Swingle, Caroline McIntyre, Steven Erdy, Anita Hill, Reid Howard, Maria Hunter, Brenda Smith and Frances & Benny Bardsdale.** In your mercy,

People: **Hear us, Lord.**

Deacon: We remember those who have died, especially **Anne Morrison**, the victims of violence in Trenton, and the victims of the ongoing wars around the world. In your mercy,

People: **Hear us, Lord.**

Deacon: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. In your mercy,

People: **Hear us, Lord.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Dr. Kemdi Opara, Mark Snow, Jonathon Zilinski, Sherri Anderson, Marvin C. Porter, Jr., Ruth Cuncell, Denise (Dennie) Higgins, Emily Fineburg and Jeremiah Miller.** In your mercy,

People: **Hear us, Lord.**

Silence, as the People add their own petitions.

Celebrant: As we are faithful in prayer, O God, so make us faithful in following you, that loving and serving you all the days of our lives, we may know the joy of the resurrection and may look with longing for your coming in power; through Jesus Christ our Lord. **Amen.**

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Celebrant and People:

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Anthem

Praise Trilogy

Arr. Bill George

The Absalom Jones Inspirational Choir

Offertory Hymn

Hymnal # 550

Jesus Calls Us; O'er the Tumult

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

1
Jesus calls us; o'er the tumult
of our life's wild, restless sea,
day by day his clear voice soundeth,
saying, "Christian, follow me;"

2
as, of old, Saint Andrew heard it
by the Galilean lake,
turned from home and toil and kindred,
leaving all for his dear sake.

3
Jesus calls us from the worship
of the vain world's golden store;

from each idol that would keep us,
saying, "Christian, love me more."

4
In our joys and in our sorrows,
days of toil and hours of ease,
still he calls, in cares and pleasures,
"Christian, love me more than these."

5
Jesus calls us! By thy mercies,
Savior, make us hear thy call,
give our hearts to thine obedience,
serve and love thee best of all.

The Great Thanksgiving: Eucharistic Prayer A

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth, through Jesus Christ our Lord. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All sing together

Sanctus

Hymnal # S-128

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

All sing together

Agnus Dei

Hymnal # S-165

Jesus, Lamb of God:

Have mercy on us.

Jesus, bearer of our sins:

Have mercy on us.

Jesus, redeemer of the world:

Give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion:

***Celebrant:* My Jesus, We believe that you are truly present in the Blessed Sacrament of the Altar. We love you above all things, and long for you in our soul. Since some cannot now receive you sacramentally, come at least spiritually into their hearts. As though you have already come, we embrace you and unite ourselves entirely to you; never permit us to be separated from you. Amen. (St. Alphonsus de Liguori, 1696-1787)**

All Baptized Christians are welcome to make their Communion at the Lord's table.

All stand, as able

Communion Hymn

Hymnal # 660

O Master, Let Me Walk with Thee

1
O Master, let me walk with thee
in lowly paths of service free;
tell me thy secret; help me bear
the strain of toil, the fret of care.

2
Help me the slow of heart to move
by some clear, winning word of love;
teach me the wayward feet to stay,
and guide them in the homeward way.

3

Teach me thy patience; still with thee
in closer, dearer company,
in work that keeps faith sweet and strong,
in trust that triumphs over wrong,

4

in hope that sends a shining ray
far down the future's broadening way,
in peace that only thou canst give,
with thee, O Master, let me live.

The Post-Communion Prayer

Celebrant and People: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Announcements

All stand, as able

Recessional Hymn Hymnal # 408

Sing Praise to God Who Reigns Above

1

Sing praise to God who reigns above,
the God of all creation,
the God of power, the God of love,
the God of our salvation;
with healing balm my soul he fills,
and every faithless murmur stills:
to God all praise and glory.

his watchful eye ne'er sleepeth.
Within the kingdom of his might,
lo! All is just and all is right:
to God all praise and glory.

2

What God's almighty power hath made,
his gracious mercy keepeth;
by morning glow or evening shade

3

Let all who name Christ's holy Name
give God all praise and glory;
let all who know his power proclaim
aloud the wondrous story!
Cast each false idol from its throne,
the Lord is God, and he alone:
to God all praise and glory.

Blessing

Celebrant: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
JANUARY 21, 2024 ~ THE THIRD SUNDAY AFTER THE EPIPHANY



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 1/28 are:
Youth for Family Sunday

Join us for brunch and our parish annual meeting immediately after Mass, in Synod Hall. *Now is the last chance to pledge before the annual meeting – all parishioners who wish to vote in our election must be pledging members of the Cathedral.* For a pledge card, please speak with Willie Coleman.

2024 Stewardship Update - Thank you to all who have pledged your support to the Cathedral for 2024! We currently have 71 pledging units, totaling \$253,000 – an average of \$3,563. If you would like a pledge card, please speak with Willie Coleman, J. Gil Williams or Dean John.

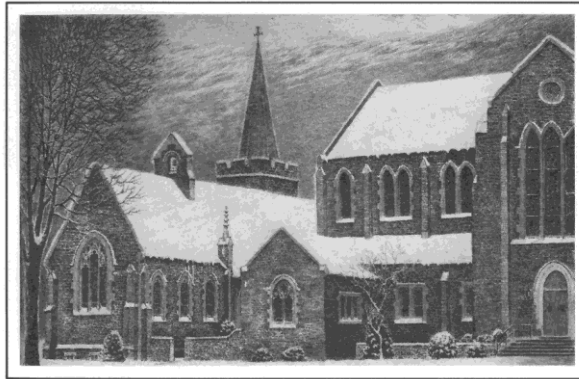
Can you help bag food for the Food Pantry? – We can use assistance the Thursday prior to each Pantry date. The next bagging day is Thursday, January 25th at 4:45 pm. If you would like to find out more about how you can help, feel free to call Lourdez “Cookie” Hernandez at (609) 902-8282.

If you are interested in helping the Pantry, we can especially use one or two volunteers who can lift up to 50 pounds. We have folks who can pack our food bags, but they require assistance lifting cases of canned goods onto the packing tables and moving the packed bags into place to be handed out. Can you fill this need? Please speak to Cookie at the number above.

“A Taste of Joy – Recipes of Trinity Cathedral” cookbook is now available! - The cookbook developed out of a mini grant to the Cathedral, that promoted healthy eating and moving. To keep the healthy eating going, proceeds from the sale of the books are going to provide fresh produce to our Food Pantry. This also helps the farming communities. A win, win for all! Even if you do not cook or don’t have a particular person to gift it to, you can still assist by purchasing books and we’ll donate them to the Food Pantry. **Get yours today at the Cathedral Altar Guild Shop for just \$10 or contact Lucy Adams at trinitycathedralags@gmail.com.** Also, if you are interested in selling the books, let Lucy know. **Thank you in advance for your support!**

The next Food Pantry distribution date is – Saturday, January 27th (2nd & 4th Saturdays this month) from 9-11:00 am.

Each Thursday, we distribute hot dinners “to go” from 4:15–5:30pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.



THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (1/21)

9:15 am

10:00 am

10:30a – 12:30p

Third Sunday after the Epiphany

Choir warm-up

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Brunch and Cathedral Annual Meeting in Synod Hall immediately following

Full Gospel Community Church service - CHP

Tues. (1/23)

9 – 9:45 am

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail shaktisocialwork4@hotmail.com

Wed. (1/24)

12:10 pm - Wednesday Healing Eucharist - CHP

Thurs. (1/25)

4:15 – 5:30 pm

8 – 8:30 pm

TASK Meals – SH: **NOTE NEW TIME!**

Society of Mary Rosary Devotions, via Zoom and phone access: Please E-mail Erica Warner at yassose@aol.com for information on how to join us

Sat. (1/27)

9 – 11:00 am

Trinity Strings music lessons

Food Pantry

Sun. (1/28)

9:15 am

10:00 am

10:30a – 12:30p

11:15a – 12:15pm

1:00 pm

Fourth Sunday after the Epiphany ~ Family Sunday

Choir warm-up

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Full Gospel Community Church service – CHP

Choir rehearsal

Adult Christian Education, via Zoom