TRINITY CATHEDRAL

OF THE DIOCESE OF NEW JERSEY



OCTOBER 22, 2023 – PENTECOST 21/PROPER 24 – YEAR A
FAMILY SUNDAY
10:00 AM - THE HOLY EUCHARIST: RITE TWO
CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – THE REV. CN. JOANNE IZZO

801 West State Street, Trenton, NJ 08618 Phone (609) 392-3805; Fax (609) 392-2305 www.TrinityCathedralNJ.org The Very Rev. René Rory John, Dean WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings (with the exception of the Academy Pre-School.) Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces.

If you're not familiar with our Episcopal worship service, we hope this will help. For sanitary purposes, all of our prayers are printed in this bulletin.

Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons, as able

Prelude

Dr. Kerry Heimann, organ

All stand, as able

Processional Hymn Hymnal # 596

Judge Eternal, Throned in Splendor

1

Judge eternal, throned in splendor, Lord of lords and King of kings, with thy living fire of judgment purge this land of bitter things; solace all its wide dominion with the healing of thy wings.

2 Still the weary folk are pining for the hour that brings release, and the city's crowded clangor cries aloud for sin to cease; and the homesteads and the woodlands plead in silence for their peace.

3 Crown, O God, thine own endeavor; cleave our darkness with thy sword; feed all those who do not know thee with the richness of thy word; cleanse the body of this nation through the glory of the Lord.

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be God's kingdom, now and forever. Amen.

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing

Hymnal # S-278

Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father; receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People are seated
First Reading
A Reading from the book of Exodus (33:12-23)

Moses said to the LORD, "It is true that you have told me to lead these people to that land, but you did not tell me whom you would send with me. You have said that you know me well and are pleased with me. Now if you are, tell me your plans, so that I may serve you and continue to please you. Remember also that you have chosen this nation to be your own." The LORD said, "I will go with you, and I will give you victory." Moses replied, "If you do not go with us, don't make us leave this place. How will anyone know that you are pleased with your people and with me if you do not go with us? Your presence with us will distinguish us from any other people on earth." The LORD said to Moses, "I will do just as you have asked, because I know you very

well and I am pleased with you." Then Moses requested, "Please, let me see the dazzling light of your presence." The LORD answered, "I will make all my splendor pass before you and in your presence I will pronounce my sacred name. I am the LORD, and I show compassion and pity on those I choose. I will not let you see my face, because no one can see me and stay alive, but here is a place beside me where you can stand on a rock. When the dazzling light of my presence passes by, I will put you in an opening in the rock and cover you with my hand until I have passed by. Then I will take my hand away, and you will see my back but not my face."

The Word of the Lord.

People: Thanks be to God.

Remain seated; sung by the Choir

Psalm 99

Dominus regnavit

Thomas Tallis



- 1 The LORD is King; let the people tremble; * he is enthroned upon the cherubim;
- 2 The LORD is great in Zion; *
 he is high above all peoples.
- †3 Let them confess his Name, which is great and awesome; *
 he is the Holy One.
- 4 "O mighty King, lover of justice, you have es'tablished equity; * you have executed justice and righteous ness in Iacob."
- 5 Proclaim the greatness of the LORD our God and fall down before his footstool; *

 he is the Holy One.
- 6 Moses and Aaron among his priests, and Samuel among those who call upon his Name, * they called upon the LÖRD, and he answered them.

- 7 He spoke to them out of the pillar of cloud; *
 they kept his testimonies and the de cree that he gave them.
- 8 "O LORD our God, you answered them in deed; *
 you were a God who forgave them,
 yet punished them for their evil deeds."
- 9 Proclaim the greatness of the LORD our God and worship him upon his holy hill; *
 for the LORD our God is the Holy One.

Remain seated

Second Reading

A Reading from Paul's First letter to the Church in Thessalonika (1 Thes. 1:1-10)

From Paul, Silas, and Timothy - To the people of the church in Thessalonica, who belong to God the Father and the Lord Jesus Christ: May grace and peace be yours. We always thank God for you all and always mention you in our prayers. For we remember before our God and Father how you put your faith into practice, how your love made you work so hard, and how your hope in our Lord Jesus Christ is firm. Our friends, we know that God loves you and has chosen you to be his own. For we brought the Good News to you, not with words only, but also with power and the Holy Spirit, and with complete conviction of its truth. You know how we lived when we were with you; it was for your own good. You imitated us and the Lord; and even though you suffered much, you received the message with the joy that comes from the Holy Spirit. So you became an example to all believers in Macedonia and Achaia. For not only did the message about the Lord go out from you throughout Macedonia and Achaia, but the news about your faith in God has gone everywhere. There is nothing, then, that we need to say. All those people speak about how you received us when we visited you, and how you turned away from idols to God, to serve the true and living God and to wait for his Son to come from heaven—his Son Jesus, whom he raised from death and who rescues us from God's anger that is coming.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn Hymnal # 544

Jesus Shall Reign Where'er the Sun

Jesus shall reign where'er the sun doth his successive journeys run; his kingdom stretch from shore to shore, till moons shall wax and wane no more.

To him shall endless prayer be made, and praises throng to crown his head; his Name like sweet perfume shall rise with every morning sacrifice.

3

People and realms of every tongue dwell on his love with sweetest song; and infant voices shall proclaim their early blessings on his Name.

4

Blessings abound where'er he reigns: the prisoners leap to lose their chains, the weary find eternal rest, and all who suffer want are blest.

5

Let every creature rise and bring peculiar honors to our King; angels descend with songs again, and earth repeat the loud amen.

Remain standing

The Gospel: Matthew 22:15-22

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

The Pharisees went off and made a plan to trap Jesus with questions. Then they sent to him some of their disciples and some members of Herod's party. "Teacher," they said, "we know that you tell the truth. You teach the truth about God's will for people, without worrying about what others think, because you pay no attention to anyone's status. Tell us, then, what do you think? Is it against our Law to pay taxes to the Roman Emperor, or not?" Jesus, however, was aware of their evil plan, and so he said, "You hypocrites! Why are you trying to trap me? Show me the coin for paying the tax!" They brought him the coin, and he asked them, "Whose face and name are these?" "The Emperor's," they answered. So Jesus said to them, "Well, then, pay to the Emperor what belongs to the Emperor, and pay to God what belongs to God." When they heard this, they were amazed; and they left him and went away.

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon

The Rev. Cn. Joanne Izzo Interim Canon to the Ordinary/ Transitions Officer, Diocese of NJ

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God. There is no longer Jew or Greek. There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

All stand
Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth. of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: Pondering the relationship between our duties to God and our duties as citizens, let us pray for ourselves and for the whole world, saying: Lord, have mercy.

Lector: That all in our community may know what is God's and what is Caesar's, and may have the courage so to live, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: That as the Lord guided Cyrus for the sake of Israel, God will guide our country, its leaders, and its citizens, that justice and peace will be the signs of our trust in God, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: That the leaders of the church, in the spirit of Paul, may preach the gospel not merely in words but in the mighty power of the Holy Spirit, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially The Anglican Church of Korea; and for our brothers and sisters in this diocese, including David, Joe Morris, Sylvestre and William, retired Bishops; and the Members and Ministry of the Youth Council Adults. Let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: That each of us, following Jesus, may be truthful, courting no one's favor, but living with simplicity and candor, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: Jordan Scipio, Edlyn Miller, Daniel Kirmales-Prouty, Kristopher W. Williams, Richard & Georgia Koenig, Richard Koenig, Michael Russo, J. Gilbert Williams, Lee Whiteman and Martha McIntosh. Let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: That through the faith, love, and constancy of Christians, God's name may be made known from the rising to the setting of the sun, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Lector: That like the apostles, all the people in the church may live their faith and labor in love for the poor, the homeless, the imprisoned, the persecuted, and the sick, and that by God's power the suffering of all may be relieved, let us pray to the one who alone is Lord:

People: Lord, have mercy.

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with Ellen Wanser, Victoria Jones, Edward Pazicky, Scott Wohlhueter, Paul Bonomo, the Fulton family, the Sullivan family, Joanna Maul, Norma Belgrave, the Haynes family, Carol Florence, James Florence, Carol Gilbert, the Haynes family, the Thompson family, the Belgrave family, Sheila Pyfrom, Ricardo Rosario, Bobbie Powell, the People of Israel and Palestine, Glenn Davis and Eleanor Peck. Let us pray to the one who alone is Lord:

People: Lord, have mercy.

Deacon: We remember those who have died, especially the victims of violence in Trenton, and the victims of the ongoing wars around the world. Let us pray to the one who alone is Lord:

People: Lord, have mercy.

Silence, as the people add their own petitions

Celebrant: Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love. We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side. We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us. We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone. Above all, we thank you for your Son Jesus Christ; for the truth of

his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom. Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things. **Amen.**

Confession of Sin

The Deacon or Celebrant says
Let us confess our sins against God and our neighbor.
Silence may be kept.

Celebrant and People:

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says
Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Anthem

God and God Alone

arr. Tom Fettke

The Absalom Jones Inspirational Choir

All stand, as able

Offertory Hymn Hymnal # 594 God of Grace and God of Glory

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

God of grace and God of glory, on thy people pour thy power; crown thine ancient Church's story; bring her bud to glorious flower. Grant us wisdom, grant us courage,

for the facing of this hour.

2

Lo! the hosts of evil round us scorn thy Christ, assail his ways! From the fears that long have bound us free our hearts to faith and praise: grant us wisdom, grant us courage for the living of these days.

3

Cure thy children's warring madness, bend our pride to thy control; shame our wanton, selfish gladness, rich in things and poor in soul.
Grant us wisdom, grant us courage, lest we miss thy kingdom's goal.

4

Save us from weak resignation to the evils we deplore; let the gift of thy salvation be our glory evermore. Grant us wisdom, grant us courage, serving thee whom we adore.

The Great Thanksgiving: Eucharistic Prayer A

Celebrant: The Lord be with you.People: And also with you.Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth, through Jesus Christ our Lord. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Hymnal # S-128 Sanctus

Holy, holy, holy, Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People: Christ has died. Christ is risen. Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:
Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia.

Hymnal # S-165

Fraction Anthem

Jesus, Lamb of God:
Have mercy on us.
Jesus, bearer of our sins:
Have mercy on us.
Jesus, redeemer of the world:
Give us your peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion:

Celebrant: My Jesus, We believe that you are truly present in the Blessed Sacrament of the Altar. We love you above all things, and long for you in our soul. Since some cannot now receive you sacramentally, come at least spiritually into their hearts. As though you have already come, we embrace you and unite ourselves entirely to you; never permit us to be separated from you. Amen. (St. Alphonsus de Liguori, 1696-1787)

All Baptized Christians are welcome to make their Communion at the Lord's table.

Communion Hymn LEVAS # 70

I Want Jesus to Walk With Me

1

I want Jesus to walk with me; I want Jesus to walk with me; All along my pilgrim journey, Lord, I want Jesus to walk with me.

2

In my trials, Lord, walk with me; In my trials, Lord, walk with me; When the shades of life are falling, Lord, I want Jesus to walk with me.

3

In my sorrows, Lord, walk with me; In my sorrows, Lord, walk with me; When my heart within is aching, Lord, I want Jesus to walk with me.

The Post-Communion Prayer

Celebrant and People: Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Announcements

All stand, as able

Recessional Hymn Hymnal # 665

1

All my hope on God is founded; he doth still my trust renew, me through change and chance he guideth, only good and only true. God unknown, he alone calls my heart to be his own.

2

Mortal pride and earthly glory, sword and crown betray our trust; though with care and toil we build them, tower and temple fall to dust. But God's power, hour by hour, is my temple and my tower.

All My Hope on God is Founded

3

God's great goodness e'er endureth, deep his wisdom passing thought: splendor, light, and life attend him, beauty springeth out of nought. Evermore from his store newborn worlds rise and adore.

4

Daily doth the almighty Giver bounteous gifts on us bestow; his desire our soul delighteth, pleasure leads us where we go. Love doth stand at his hand; joy doth wait on his command.

Still from earth to God eternal sacrifice of praise be done, high above all praises praising for the gift of Christ, his Son.

Christ doth call one and all: ye who follow shall not fall.

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen**.

Dismissal

Deacon: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude Dr. Kerry Heimann, organ

FOR FAMILY SUNDAY, TODAY'S READINGS ARE TAKEN FROM THE GOOD NEWS TRANSLATION OF THE BIBLE.

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY OCTOBER 22, 2023 ~ PENTECOST 21/PROPER 24

AAAAAAAAAA

Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.

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ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 10/29 are:

Janet Thompson, Brenda Whiteman, Virginia Harmer & Ellen Health (alternate)

NOTE UPDATED FOOD PANTRY TURKEY DATES - The Food Pantry will be having its annual Turkey Day on **November 14th**, with the bags of sides and fixin's distributed on Saturday, **November 18th**. While we do receive a limited amount of turkeys from the Food Bank, the demand outweighs the amount each year (**we are hoping for 25 more medium (6-8 lb.) turkeys**). If you would like to donate a turkey, please do so by Tuesday, **November 13th** (if necessary, late turkeys can be re-homed after the "official" turkey day.) You can contact Patrice in the Cathedral office at (609) 392-3805 ext. 100 to arrange drop-off. If you would like to contribute non-perishable side dishes (stuffing, boxed potatoes,

gravy, canned vegetables, etc.) they can be brought to the Cathedral anytime on weekdays through November 12th (or bring to Sunday Mass.) Financial contributions are always welcome.

Angel Tree - The Angel Tree Committee is gearing up for our 2023 Prison Fellowship Angel Tree Christmas. Details on this year's schedule (availability of gift request tags, gift wrapping, and gift distribution) will be forthcoming shortly. Again this year, gifts will be distributed from Synod Hall approximately one week before Christmas. If you have any questions regarding this ministry or if you wish to volunteer, please contact Judith Miller at (609) 586-0915 or judithm2@verizon.net.

Christmas Wreath Sale – Our Christmas Wreath sale is ON for 2023! We are finalizing a date and will notify everyone when they will be available for purchase. In the meantime, it is VERY helpful if folks RSVP and let us know how many they would like to reserve (helps when placing our orders for materials). If you would like to wreath or two, please contact Georgia Koenig at (609) 273-3351 or gbkoenig@verizon.net, or call the office.

Cathedral Cookbook is coming along! – If you would like to submit a recipe or two, we can still accept them. We would like the cookbook to be interesting, diverse, and full of great recipes! You can fill out the form printed in the bulletin (there are larger forms on the literature table in the main hallway) or if you're tech-savvy, you can take a photo of your recipe and E-mail it to Lucy Adams at lkadams55@comcast.net. Proceeds from the Cathedral cookbook will go toward supplying our Food Pantry families with fresh fruits and vegetables!

On occasion, our parishioners are approached by folks in the parking lot – and sometimes in church – asking for money. While we want to actively support our neighbors in need, it is most appropriate to do this through outreach programs like our Food Pantry and other organized means. Please, for safety reasons, refrain from giving cash to people who approach you in the parking lot or church.

Trinity parishioner John Gummere will be showing his paintings in a solo exhibit at the Trenton Social, through October 31, at 449 South Broad Street, near US1 and Sacred Heart Church. 10% of any sales will benefit Urban Promise Trenton. John's work is online at be.net/JohnGummere.

Join us for Sunday Hospitality! – Enjoy coffee, cold drinks and snacks each week. On the first Sunday of each month, we will have cake to celebrate all of our congregants' birthdays for that month. If you would like to help out with Hospitality hour, please speak with Larry Spears on Sundays.

The next Food Pantry distribution date is – Saturday, October 28th (2nd & 4th Saturdays this month) from 9-11:00 am. All food contributions to the Pantry are welcomed, along with monetary donations to purchase additional food from the food bank and local groceries.

Each Thursday, we distribute hot dinners "to go" from 5:00–6:00pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

The Cathedral is currently offering communion with both Christ's Body and Blood. You may choose to receive only the host at this time. Should you choose to receive the wine, one vessel will be offered for those who want to sip the wine from the common cup. Another vessel will be offered for those who wish to receive by intinction (the host dipped in the wine.) Please note only the Chalice Administrator will intinct the host. (Diocese of New Jersey revised protocols.)



THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (10/22) Pentecost 21/Proper 24 ~ Family Sunday

9:15 am Choir warm-up – CATH

10:00 am Rite II Eucharist in the Cathedral (+ livestreamed, when available)

10:30a – 12:30p Full Gospel Community Church service - CHP

11:15a - 12:15p Choir rehearsal – CATH

11:30 am – 1pm Landscape Committee meeting in the Guild Room

1:00 pm Adult Christian Ed., via Zoom

Tues. (10/24)

 $\overline{9-9:45}$ am Weekly Zoom check-in for parishioners: For more info. on how to join us,

call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail

shaktisocialwork4@hotmail.com

Wed. (10/25)

12:10 pm Healing Eucharist in All Saints Chapel (in-person only)

Thurs. (10/26)

5:00 pm TASK Meals – SH

8 – 8:30 pm Society of Mary Rosary Devotions, via Zoom and phone access: Please E-

mail Erica Warner at vassose@aol.com for information on how to join us

Sat. (10/28) Trinity Strings music lessons

9:00 - 11:00 am Food Pantry

<u>Sun. (10/29)</u> Pentecost 22/Proper 25 9:15 am Choir warm-up – CATH

10:00 am Rite II Eucharist in the Cathedral (+ livestreamed, when available)

10:30a – 12:30p Full Gospel Community Church service - CHP

11:15a - 12:15p Choir rehearsal – CATH

1:00 pm Adult Christian Ed., via Zoom

6 – 8:00 pm Theodore Hendricks Verdejo piano concert – CATH