

TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY

“YOU ARE THE
MESSIAH,
THE SON OF THE
LIVING GOD.”

MATTHEW 16:16, NRSV



**AUGUST 27, 2023 – PENTECOST 13/PROPER 16 – YEAR A
FAMILY SUNDAY
10:00 AM - THE HOLY EUCHARIST: RITE TWO
CELEBRANT & PREACHER – THE REV. CN. BRUCE MONTGOMERY**

**801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305
www.TrinityCathedralNJ.org
The Very Rev. René Rory John, Dean**

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings (with the exception of the Academy Pre-School.) Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces.

If you're not familiar with our Episcopal worship service, we hope this will help. For sanitary purposes, all of our prayers are printed in this bulletin.

Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons, as able

Prelude

Dr. Kerry Heimann, organ

All stand, as able

Processional Hymn Hymnal # 304

I Come with Joy to Meet My Lord

1
I come with joy to meet my Lord,
forgiven, loved, and free,
in awe and wonder to recall
his life laid down for me.

That love that made us makes us one,
and strangers now are friends.

2
I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.

4
And thus with joy we meet our Lord.
His presence, always near,
is in such friendship better known:
we see, and praise him here.

3
As Christ breaks bread and bids us share,
each proud division ends.

5
Together met, together bound,
we'll go our different ways,
and as his people in the world,
we'll live and speak his praise.

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and forever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All sing
Hymnal # S-277

Gloria in Excelsis

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world;
have mercy on us;
you are seated at the right hand of the Father;
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People are seated

First Reading

A Reading from the book of the prophet Isaiah (51:1-6)

The LORD says, "Listen to me, you that want to be saved, you that come to me for help. Think of the rock from which you came, the quarry from which you were cut. Think of your ancestor,

Abraham, and of Sarah, from whom you are descended. When I called Abraham, he was childless, but I blessed him and gave him children; I made his descendants numerous. "I will show compassion to Jerusalem, to all who live in her ruins. Though her land is a desert, I will make it a garden, like the garden I planted in Eden. Joy and gladness will be there, and songs of praise and thanks to me. "Listen to me, my people, listen to what I say: I give my teaching to the nations; my laws will bring them light. I will come quickly and save them; the time of my victory is near. I myself will rule over the nations. Distant lands wait for me to come; they wait with hope for me to save them. Look up at the heavens; look at the earth! The heavens will disappear like smoke; the earth will wear out like old clothing, and all its people will die like flies. But the deliverance I bring will last forever; my victory will be final.

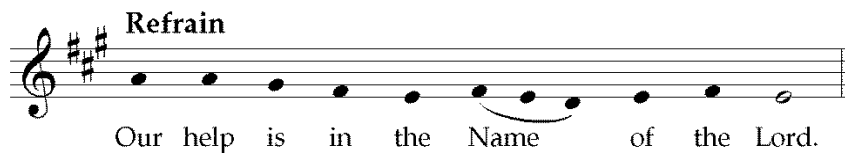
The Word of the Lord.

People: **Thanks be to God.**

Remain seated; all sing refrain together

Psalm 124

Cantor: Fay Manicke



from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

If the Lord had not been on our side, *
let Israel now say;

If the Lord had not been on our side, *
when enemies rose up against us;

Then would they have swallowed us up alive *
in their fierce anger toward us;

Refrain

Then would the waters have overwhelmed us *
and the torrent gone over us;

Then would the raging waters *
have gone right over us.

Refrain

Blessed be the Lord! *
he has not given us over to be a prey for their teeth.

We have escaped like a bird from the snare of the fowler; *
the snare is broken, and we have escaped.

Our help is in the Name of the Lord, *
the maker of heaven and earth.

Refrain

Remain seated

Second Reading

A Reading from Paul's letter to the Church in Rome (12:1-8)

So then, my friends, because of God's great mercy to us I appeal to you: Offer yourselves as a living sacrifice to God, dedicated to his service and pleasing to him. This is the true worship that you should offer. Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind. Then you will be able to know the will of God—what is good and is pleasing to him and is perfect. And because of God's gracious gift to me I say to every one of you: Do not think of yourself more highly than you should. Instead, be modest in your thinking, and judge yourself according to the amount of faith that God has given you. We have many parts in the one body, and all these parts have different functions. In the same way, though we are many, we are one body in union with Christ, and we are all joined to each other as different parts of one body. So we are to use our different gifts in accordance with the grace that God has given us. If our gift is to speak God's message, we should do it according to the faith that we have; if it is to serve, we should serve; if it is to teach, we should teach; if it is to encourage others, we should do so. Whoever shares with others should do it generously; whoever has authority should work hard; whoever shows kindness to others should do it cheerfully.

The Word of the Lord.

People: Thanks be to God.

All stand, as able

Sequence Hymn

Hymnal # 305

**Come, Risen Lord, and
Deign to Be Our Guest**

1
Come, risen Lord, and deign to be our guest;
nay, let us be thy guests; the feast is thine;
thyself at thine own board make manifest
in thine own Sacrament of Bread and Wine.

2
We meet, as in that upper room they met;
thou at the table, blessing, yet dost stand:
“This is my Body”; so thou givest yet:
faith still receives the cup as from thy hand.

3
One body we, one Body who partake,
one Church united in communion blest;
one Name we bear, one Bread of life we
break,
with all thy saints on earth and saints at rest.

4
One with each other, Lord, for one in thee,
who art one Savior and one living Head;
then open thou our eyes, that we may see;
be known to us in breaking of the Bread.

Remain standing

The Gospel: Matthew 16:13-20

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus went to the territory near the town of Caesarea Philippi, where he asked his disciples, "Who do people say the Son of Man is?" "Some say John the Baptist," they answered. "Others say Elijah, while others say Jeremiah or some other prophet." "What about you?" he asked them. "Who do you say I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." "Good for you, Simon son of John!" answered Jesus. "For this truth did not come to you from any human being, but it was given to you directly by my Father in heaven. And so I tell you, Peter: you are a rock, and on this rock foundation I will build my church, and not even death will ever be able to overcome it. I will give you the keys of the Kingdom of heaven; what you prohibit on earth will be prohibited in heaven, and what you permit on earth will be permitted in heaven." Then Jesus ordered his disciples not to tell anyone that he was the Messiah.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Sermon

**The Rev. Cn. Bruce Montgomery
Priest Associate**

All stand as able and say together

A Statement of Faith based on Galatians 3:26-28

Celebrant: Let us renew our pledge to work for unity, justice, and peace.

We are all children of God.

There is no longer Jew or Greek.

There is no longer slave or free.

There is no longer male and female.

For we are all one.

We believe Jesus lived for this and died for this.

We pledge ourselves with God's help and the support of each other to make this become a reality.

All stand

Nicene Creed

We believe in one God,

**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: Through the power of God, Peter saw Jesus in spirit and truth. For the power of God to be felt in our own times, let us offer intercessions, saying: Lord, hear us.

Lector: For all peoples of the earth and powers of the world who have not yet recognized Jesus as the Christ, let us pray to the Lord.

People: Lord, hear us.

Lector: For the unity of the churches, and for their common witness to the possibility of faith, let us pray to the Lord.

People: Lord, hear us.

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially Hong Kong Sheng Kung Hui; and for our brothers and sisters in this diocese, including David, Joe Morris, Sylvestre and William, retired Bishops; and the Members and Ministry of the School for Ministry. Let us pray to the Lord.

People: Lord, hear us.

Lector: For those who struggle to believe in the earthly manifestations of Christ in the church, in the liturgy, and in daily life, let us pray to the Lord.

People: Lord, hear us.

Lector: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Let us pray to the Lord.

People: Lord, hear us.

Lector: For those who suffer at the hands of the church, and for those who are oppressed in the name of God, let us pray to the Lord.

People: Lord, hear us.

Lector: For ourselves, our families, and our communities, who are daily faced with questions of faith, let us pray to the Lord.

People: Lord, hear us.

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **Evelyn Durham, Chas Pagano, Star Peters, Elsie Nelson Pilgrim, Michael Pilgrim, Barry Pilgrim, Karen Pilgrim, Lisa Pilgrim, Hawthorne Singleton, Rosalind Carmichael, Bronny James, Sharon, Professor Sonia Waters, Lucille Delio Bergamo, the Jackson family, the residents of Maui, Michele Suydam, Lamont, Cassandra Comrie, Deneen Lopez, the Lopez family, Ellen Wanser, the Ames family and the Summers family.** Let us pray to the Lord.

People: Lord, hear us.

Deacon: We remember those who have died, especially **Barrie Summers, The Rev. Daniel C. Hall**, the victims of violence in Trenton, and the victims of the ongoing wars around the world. Let us pray to the Lord.

People: Lord, hear us.

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Max Vassos, John-John Major, Peter & Jane Bridge, Veronica & Archie Ngwayah, Adara Porter, Michael "PJ" Pettyjohn, Mekhi Muse, Derek V. Gibson, Janae Kirmales-Prouty, Tennyson G. M. Bruce, Nancy Hood-Boczar & Bruce Boczar, and Joseph & Patrice D'Angelo.** Let us pray to the Lord.

People: Lord, hear us.

Silence as the people add their own petitions

Celebrant: Living God, you wish to be among us in your Son and in his church. Hear the petitions we place before you. Increase our faith that we may see your works more clearly; purify our actions that we may reveal your love more surely. We ask this in the name of Jesus, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. **Amen.**

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Celebrant and People:

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will,

and walk in your ways,

to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Holy Communion

Please remain seated while Ushers collect the offertory

Offertory Solo

Dr. Kerry Heimann, organ

All stand, as able

Offertory Hymn

Hymnal # 523

Glorious Things of Thee Are Spoken

Representatives of the congregation bring the people's offerings of bread and wine, food donations to the Cathedral Food Pantry, and money or other gifts, to the deacon or Celebrant.

1
Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode;
on the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.

2
See! the streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.
Who can faint, when such a river
ever will their thirst assuage?
Grace which, like the Lord, the giver
never fails from age to age.

3
Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering,
showing that the Lord is near.
Thus deriving from their banner,
light by night, and shade by day,
safe they feed upon the manna
which he gives them when they pray.

4
Blest inhabitants of Zion,
washed in the Redeemer's blood!
Jesus, whom their souls rely on,
makes them kings and priests to God.
'Tis his love his people raise
over self to reign as kings:
and as priests, his solemn praises
each for a thank-offering brings.

**The Great Thanksgiving:
Eucharistic Prayer A**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The Celebrant proceeds . . .

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth, through Jesus Christ our Lord. For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Hymnal # S-124 Sanctus

**Holy, holy, holy, Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he that comes in the name of the Lord.
Hosanna in the highest.**

The people stand or kneel. Then the Celebrant continues . . .

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died.

Christ is risen.

Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Celebrant: And now, as our Savior Christ has taught us, we now pray . . .

Celebrant and People:

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

Fraction

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then may be said . . .

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Hymnal # S-161

Fraction Anthem

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace.

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion:

***Celebrant:* My Jesus, We believe that you are truly present in the Blessed Sacrament of the Altar. We love you above all things, and long for you in our soul. Since some cannot now receive you sacramentally, come at least spiritually into their hearts. As though you have already come, we embrace you and unite ourselves entirely to you; never permit us to be separated from you. Amen. (St. Alphonsus de Liguori, 1696-1787)**

All Baptized Christians are welcome to make their Communion at the Lord's table.

Communion Solo

Dr. Kerry Heimann, organ

The Post-Communion Prayer

***Celebrant and People:* Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

Announcements

All stand, as able

Recessional Hymn

Hymnal # 525

The Church's One Foundation

1

The Church's one foundation
is Jesus Christ her Lord;
she is his new creation
by water and the word:
from heaven he came and sought her
to be his holy bride;
with his own blood he bought her,
and for her life he died.

2

Elect from every nation,
yet one o'er all the earth,
her charter of salvation,
one Lord, one faith, one birth;
one holy Name she blesses,
partakes one holy food,
and to one hope she presses,
with every grace endued.

3

Though with a scornful wonder
men see her sore oppressed,
by schisms rent asunder,
by heresies distressed;
yet saints their watch are keeping,
their cry goes up, "How long?"
and soon the night of weeping
shall be the morn of song.

4

Mid toil and tribulation,
and tumult of her war
she waits the consummation
of peace for evermore;

till with the vision glorious
her longing eyes are blessed,
and the great Church victorious
shall be the Church at rest.

5

Yet she on earth hath union
with God, the Three in One,
and mystic sweet communion
with those whose rest is won.
O happy ones and holy!
Lord, give us grace that we
like them, the meek and lowly,
on high may dwell with thee.

Blessing

Celebrant: The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

**THE CATHEDRAL ALTAR FLOWERS ARE GIVEN TO THE GLORY OF GOD
IN TREASURED MEMORY OF JOSEPH CHILESHE NG'ANDU, WHO ALWAYS LIVED
IN THE SPIRIT OF AGAPE LOVE WHEN HE WALKED THE EARTH,
FROM JENNIFER NG'ANDU**

**For Family Sunday, today's readings are taken from
the *Good News* translation of the Bible.**



Barrie Summers (nee Kramer), age 80, of Doylestown, Pa., died peacefully at home on Aug. 19, 2023.

Born in Collingswood, N.J., on April 9, 1943, she was the daughter of Robert H. Kramer and Virginia Lee (Jackson) Kramer. She graduated high school in Findlay, Ohio and after a year at Findlay College Ohio, moved to New Jersey and entered the nursing program at Mercer Hospital in Trenton, N.J., receiving her RN in 1965. Soon after her marriage to Patrick Summers in 1965, she moved with him to Cambridge, England for four years and worked in a nursing capacity at Addenbrooks Hospital in Cambridge. Upon returning to the States, she lived in Princeton Junction, N.J. (21 years), Pennington, N.J. (11 years), and most recently in Doylestown, Pa. (21 years).

Barrie maintained a strong relationship with the Episcopal church. She had a deep faith and was known for her spirit, her welcome and ability to listen. She was active in many ministries and most passionate when it came to pastoral care and welcoming newcomers. She was a healing touch and caring presence for many. **She was a member of Trinity Cathedral in Trenton for 34 years and subsequently a member of Trinity Church in Solebury for 25 years. For 11 years she worked at the office of Trinity Cathedral in Trenton, N.J.** She also worked on the rescue squad in West Windsor, N.J., for several years. She was an associate at the Cookery Ware Shop in Peddler's Village for 10 years. All at the same time as raising a family of three boys with her husband Patrick.

Throughout these past few months of her illness all who bore witness found inspiration in her courage and grace. She taught and showed in her life to always pray for those in need and to be selfless in all that we do. She spent countless hours volunteering time and was continually learning about and exploring the psychological and spiritual human condition. She loved the practice of mindfulness meditation and of centering prayer. She was a child of God who faced her final days calmly and peacefully and in great anticipation. Barrie is survived by her husband, Patrick of 58 years, her three sons, Edward (Kesa), John, and Matthew (Jennifer), five grandchildren – Charlie, Graham, Andrew, Maeve and Jack and niece Chelsea.

A memorial service to celebrate Barrie's life will be held on Saturday, Sept. 16, at 11 a.m. at Trinity Episcopal Church, Solebury, Pa. Reception to follow.

In lieu of flowers contributions in memory of Barrie may be made to:

Trinity Episcopal Church, PO Box 377, Solebury, PA 18963

The Elixir Fund, PO Box 326, Princeton Junction, NJ 08550

KIN Wellness and Support Center, 2325 Heritage Center Drive, Suite 113, Furlong, PA 18925

NAMI, 350 East Bristol Road, Warminster, PA 18974.

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
AUGUST 27, 2023 ~ PENTECOST 13/PROPER 16



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 9/3 are:

Judith Miller, Gil Williams, Bobbie Powell & Chinweze Ahaghotu (alternate)

JOIN US! - Healthy Eating & Moving forum: Through a grant from the Trenton Health Team, we are hosting a series of six one-hour healthy eating and moving info. sessions after church on Sundays. Grab a snack from hospitality hour and join us in the air-conditioned Guild Room from 11:30 – 12:30 each week, through September 3.

Sunday Hospitality is back! – Join us for coffee, cold drinks and snacks each week. On the first Sunday of each month, we will have cake to celebrate all of our congregants' birthdays for that month. If you would like to help our with Hospitality hour, please speak with Larry Spears on Sundays.

Save the date for C.A.S.T.! – On Saturday, October 1 we will host our next C.A.S.T. concert, featuring pianist Richard Alston in a presentation of *Classically Black: Piano Compositions by Composers of African Descent*.

The Altar Guild Shop is open on the 3rd Sunday of each month, after the 8:30 am and 10:00 am services. If you cannot be here on the 3rd Sunday, or need something before then, you can contact Shop Manager Joyce Gibbs-Spears at trinitycathedralags@gmail.com and she will arrange to meet you.

Join us for a Rite 1 Eucharist in the Chapel from **8:30am-9:15am** on the 1st and 3rd Sunday of each month. This is a spoken Mass with hymns.

The next Food Pantry distribution date is – Saturday, September 9th (2nd & 4th Saturdays this month) from 9-11:00 am. All food contributions to the Pantry are welcomed, along with monetary donations to purchase additional food from the food bank and local groceries.

Each Thursday, we distribute hot dinners “to go” from 5:00–6:00pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

The Cathedral is currently offering communion with both Christ's Body and Blood. You may choose to receive only the host at this time. Should you choose to receive the wine, one vessel will be offered for those who want to sip the wine from the common cup. Another vessel will be offered for those who wish to receive by intinction (the host dipped in the wine.) Please note only the Chalice Administrator will intinct the host. (Diocese of New Jersey revised protocols.)



Classically Black: Piano Compositions by Composers of African Descent

At Trinity Cathedral ~ Sunday, October 1, 2023 at 3:00 PM

For tickets, go to <https://bit.ly/ClassicallyBlack>

THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (8/27)

10:00 am

11:30am-12:30pm

2:00 pm

Pentecost 13/Proper 16 ~ Family Sunday

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Healthy Eating Forum in the Guild Room; join us!

Memorial Service for Rev. Mark Chattin in the Memorial Garden

Tues. (8/29)

9 – 9:45 am

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail shaktisocialwork4@hotmail.com

Thurs. (8/31)

5:00 pm

5 – 6:00 pm

8 – 8:30 pm

TASK Meals – SH

Urban Promise parents' meeting - GR

Society of Mary Rosary Devotions, via Zoom and phone access: Please E-mail Erica Warner at yassose@aol.com for information on how to join us

Sun. (9/3)

8:30 am

10:00 am

11:30am-12:30pm

Pentecost 14/Proper 17

Rite I Eucharist in All Saints Chapel (in-person only)

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

Healthy Eating Forum in the Guild Room (last session); join us!