

TRINITY CATHEDRAL
OF THE DIOCESE OF NEW JERSEY



AUGUST 20, 2023 – PENTECOST 12/PROPER 15 – YEAR A
8:30 AM - THE HOLY EUCHARIST: RITE ONE
CELEBRANT – THE VERY REV. RENÉ JOHN
PREACHER – THE REV. CHRIS COX

The Very Rev. René Rory John, Dean
801 West State Street, Trenton, NJ 08618
Phone (609) 392-3805; Fax (609) 392-2305
www.TrinityCathedralNJ.org

WELCOME! We're honored that you're worshipping with us today. Masks are optional within the Cathedral buildings (with the exception of the Academy Pre-School.) Please use the hand sanitizer that is provided throughout the building before and after touching any surfaces.

If you're not familiar with our Episcopal worship service, we hope this will help. For sanitary purposes, all of our prayers are printed in this bulletin.

Thank you for helping us to remain as safe as possible while enjoying in-person worship. "This is how we love one another!"

Please stand as indicated and be seated for lessons

Liturgy of the Word

Prelude

Dr. Kerry Heimann, organ

All stand, as able

Processional Hymn

**Hymnal # 371
vs. 1 & 4**

Thou, Whose Almighty Word

1
Thou, whose almighty word
chaos and darkness heard,
and took their flight;
hear us, we humbly pray,
and, where the Gospel day
sheds not its glorious ray,
let there be light!

4
Holy and blessed Three,
glorious Trinity,
wisdom, love, might;
boundless as ocean's tide,
rolling in fullest pride,
through the world, far and wide,
let there be light!

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: **And blessed be God's kingdom, now and forever. Amen.**

Celebrant: Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.
Amen.

All say together

Gloria in Excelsis

**Glory be to God on high,
and on earth peace, good will towards men.**

We praise thee, we bless thee,

we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;

O Lord God, Lamb of God, Son of the Father,

that takest away the sins of the world,

have mercy upon us.

Thou that takest away the sins of the world,

receive our prayer.

Thou that sittest at the right hand of God the Father,

have mercy upon us.

For thou only art holy;

thou only art the Lord;

thou only, O Christ,

with the Holy Ghost,

art most high in the glory of God the Father. Amen.

The Collect of the Day

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Let us pray.

Almighty God, who hast given thy only Son to be unto us both a sacrifice for sin and also an example of godly life: Give us grace that we may always most thankfully receive that his inestimable benefit, and also daily endeavor ourselves to follow the blessed steps of his most holy life; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

The people are seated

First Reading

A Reading from the book of the prophet Isaiah (56:1, 6-8)

Thus says the Lord: Maintain justice, and do what is right, for soon my salvation will come, and my deliverance be revealed. And the foreigners who join themselves to the Lord, to minister to him, to love the name of the Lord, and to be his servants, all who keep the sabbath, and do not profane it, and hold fast my covenant—these I will bring to my holy mountain, and make them joyful in my house of prayer; their burnt offerings and their sacrifices will be accepted on my altar; for my house shall be called a house of prayer for all peoples. Thus says the Lord God, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

The Word of the Lord.

People: **Thanks be to God.**

All remain seated to say

Psalm 133

**It is like fine oil upon the head *
that runs down upon the beard,
Upon the beard of Aaron, *
and runs down upon the collar of his robe.
It is like the dew of Hermon *
that falls upon the hills of Zion.
For there the Lord has ordained the blessing: *
life for evermore.**

Remain seated

Second Reading

A Reading from Paul's letter to the Church in Rome (11:1-2a, 29-32)

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

The Word of the Lord.

People: **Thanks be to God.**

All stand, as able

Sequence Hymn

**Hymnal # 531
vs. 1 & 2**

O Spirit of the Living God

1
O Spirit of the living God,
in all thy plenitude of grace,
where'er the foot of man hath trod,
descend on our apostate race.

2
Give tongues of fire and hearts of love,
to preach the reconciling word;
give power and unction from above,
whene'er the joyful sound is heard.

Remain standing

The Gospel: Matthew 15:10-28

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory be to thee, O Lord.**

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile." Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

Sermon

The Rev. Chris Cox, Deacon

All stand, as able

Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,**

begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Remain standing

Prayers of the People

The Leader and People pray responsively

Deacon: The Canaanite woman pressed upon Jesus her needs and was heard. With expectant faith, let us place before God earnest petitions for ourselves and our world, saying: Lord, have pity on us.

Lector: For our world, in need of healing, in search of a savior, yet far from Jesus, let us call out to the Lord.

People: **Lord, have pity on us.**

Lector: For the churches and their leaders, at times narrowed by institutional concerns and blind to differing manifestations of faith, let us call out to the Lord.

People: **Lord, have pity on us.**

Deacon: We remember God's holy catholic church, including Michael, our Presiding Bishop and Primate; Sally, our Bishop; René, Dean of this Cathedral; Bruce, John, Peter and Noel, priest associates; Carol and Chris, our Deacons, along with all other ministers in this congregation, lay and ordained; Justin, the Archbishop of Canterbury, and all Anglican Christians around the world, especially the Church of England; and for our brothers and sisters in this diocese, including David, Joe Morris, Sylvestre and William, retired Bishops; and St. Bernard's Church in Bernardsville. Let us call out to the Lord.

People: **Lord, have pity on us.**

Lector: For those who are troubled by demons of mind and body, for those who must watch others suffer, let us call out to the Lord.

People: **Lord, have pity on us.**

Deacon: We remember before you those who are sick, or in any other special need, especially the residents of Hamilton Grove Care and Rehabilitation Center; along with **the people of Ukraine and Russia, Evelyn Durham, Pat Reed, the Reed family, Reid Howard, Sean Jones, Lucy Adams, Chas Pagano, Star Peters, Elsie Nelson Pilgrim, Michael Pilgrim, Barry Pilgrim, Karen Pilgrim, Lisa Pilgrim, Hawthorne Singleton, Rosalind Carmichael, Bronny James, Sharon, Professor Sonia Waters, Lucille Delio Bergamo, the Jackson family, the residents of Maui, Michele Suydam, Lamont, Cassandra Comrie, Deneen Lopez, the Lopez family, Ellen Wanser and the Ames family.** Let us call out to the Lord.

People: **Lord, have pity on us.**

Lector: We commend to your prayers this day all persons deployed in the service of our country. May they dwell safely under the protection of Almighty God. Let us call out to the Lord.

People: **Lord, have pity on us.**

Lector: For those whose faith is impelling them beyond the limits of society and the constraints of culture, let us call out to the Lord.

People: **Lord, have pity on us.**

Lector: For all of us here present, for those whose faith is known to God alone, and for those intentions we hold deep in our hearts, let us call out to the Lord.

People: **Lord, have pity on us.**

Deacon: We remember those with whom we give thanks, especially those who celebrate birthdays and anniversaries this week: **Lynn Palmer, Micheline Joseph, Jeanne F. Cooper, Tim R. Cooper, Leah Parker, Darla Bertheau and Kurtis Perry.** Let us call out to the Lord.

People: **Lord, have pity on us.**

Deacon: We remember those who have died, especially **Barbara Baggott** (wife of William Baggott, for whom our Baggott Room is named), the victims of violence in Trenton, and the victims of the ongoing wars around the world. Let us call out to the Lord.

People: **Lord, have pity on us.**

Silence as the people add their own petitions

Celebrant: Infinite God, we have no claim to your mercy; yet it is your mercy we so desperately need. Turn your ear toward our supplications, and grant us your healing touch. We ask this with faith in the name of Jesus, who is savior of the world and one with you and the Holy Spirit, one God forever and ever. **Amen.**

Confession of Sin

The Deacon or Celebrant says

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Celebrant and People:

Most merciful God,

we confess that we have sinned against thee

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved thee with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of thy Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in thy will,

and walk in thy ways,

to the glory of thy Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you,

pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

Please remain in your pew for the Peace.

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And with thy spirit.**

Holy Communion

Remain standing

Offertory Hymn

Hymnal # 321

My God, Thy Table Now is Spread

1

My God, thy table now is spread,
thy cup with love doth overflow;
be all thy children thither led,
and let them thy sweet mercies know.

2

O let thy table honored be,
and furnished well with joyful guests;
and may each soul salvation see,
that here its sacred pledges tastes.

3

Drawn by thy quickening grace, O Lord,
in countless number let them come
and gather from their Father's board
the Bread that lives beyond the tomb.

4

Nor let thy spreading Gospel rest
till through the world thy truth has run,
till with this Bread shall all be blessed
who see the light or feel the sun.

Remain standing

The Great Thanksgiving:

Eucharistic Prayer II

Celebrant: The Lord be with you.

People: **And with thy spirit.**

Celebrant: Lift up your hearts.

People: **We lift them up unto the Lord.**

Celebrant: Let us give thanks unto our Lord God.

People: **It is meet and right so to do.**

Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who by water and the Holy Spirit hast made us a new people in Jesus Christ our Lord, to show forth thy glory in all the world. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

All say together

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

All kneel or stand, as able

Celebrant: All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory. And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord; By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

And now, as our Savior Christ hath taught us, we are bold to say,

Celebrant and People:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

All say together

Agnus Dei

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

The People may join in saying

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

All say together

Post-communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

Announcements

Recessional Hymn

Hymnal # 380

From All That Dwell Below the Skies

1

From all that dwell below the skies
let the Creator's praise arise!
Let the Redeemer's Name be sung
through every land, by every tongue!

thy praise shall sound from shore to shore
till suns shall rise and set no more.

2

Eternal are thy mercies, Lord,
and truth eternal is thy word:

3

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

Blessing

Bishop: The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Dismissal

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

Postlude

Dr. Kerry Heimann, organ

TRINITY CATHEDRAL OF THE DIOCESE OF NEW JERSEY
AUGUST 20, 2023 ~ PENTECOST 12/PROPER 15



Following Christ, joining the Cathedral – We invite you to accept the invitation to follow Christ, to become a Christian and to become a member of Trinity Cathedral. We encourage you to fill in one of the pew cards and place it in the offering plate, or please contact one of the clergy.



ANNOUNCEMENTS

The Lectors for the 10:00 am Mass on 8/27 are:

Youth for Family Sunday

JOIN US! - Healthy Eating & Moving forum: Through a grant from the Trenton Health Team, we are hosting a series of six one-hour healthy eating and moving info. sessions after church on Sundays. Grab a snack from hospitality hour and join us in the air-conditioned Guild Room from 11:30 – 12:30 each week.

Urban Promise Help Wanted: Thanks to Kimme Carlos and Brenda Leonard (Cape May) who donated two new cabinets to store Urban Promise supplies! There is one more related ask: can you help to assemble these new cabinets? Please speak with Georgia Koenig if you can lend a hand.

Sunday Hospitality is back! – Join us for coffee, cold drinks and snacks each week. On the first Sunday of each month, we will have cake to celebrate all of our congregants’ birthdays for that month. If you would like to help our with Hospitality hour, please speak with Larry Spears on Sundays.

Save the date for C.A.S.T.! – On Saturday, October 1 we will host our next C.A.S.T. concert, featuring pianist Richard Alston in a presentation of *Classically Black: Piano Compositions by Composers of African Descent*.

The Altar Guild Shop is open on the 3rd Sunday of each month, after the 8:30 am and 10:00 am services. If you cannot be here on the 3rd Sunday, or need something before then, you can contact Shop Manager Joyce Gibbs-Spears at trinitycathedralags@gmail.com and she will arrange to meet you.

Join us for a Rite 1 Eucharist in the Chapel from **8:30am-9:15am** on the 1st and 3rd Sunday of each month. This is a spoken Mass with hymns.

The next Food Pantry distribution date is – Saturday, August 26th (2nd & 4th Saturdays this month) from 9-11:00 am. All food contributions to the Pantry are welcomed, along with monetary donations to purchase additional food from the food bank and local groceries.

Each Thursday, we distribute hot dinners “to go” from 5:00–6:00pm at the Overbrook Avenue entrance as a satellite location for the Trenton Area Soup Kitchen.

The Cathedral is currently offering communion with both Christ's Body and Blood. You may choose to receive only the host at this time. Should you choose to receive the wine, one vessel will be offered for those who want to sip the wine from the common cup. Another vessel will be offered for those who wish to receive by intinction (the host dipped in the wine.) Please note only the Chalice Administrator will intinct the host. (Diocese of New Jersey revised protocols.)



**Classically Black: Piano Compositions by Composers of African Descent
At Trinity Cathedral ~ Sunday, October 1, 2023 at 3:00 PM**

For tickets, go to <https://bit.ly/ClassicallyBlack>

THIS WEEK'S CATHEDRAL SCHEDULE

TODAY (8/20)

8:30 am

Pentecost 12/Proper 15 ~ Altar Guild Shop open

Rite I Eucharist in All Saints Chapel (in-person only)

10:00 am

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

11:30am-12:30pm

Healthy Eating Forum in the Guild Room; join us!

Tues. (8/22)

9 – 9:45 am

Weekly Zoom check-in for parishioners: For more info. on how to join us, call or text Nancy Hood-Boczar at (267) 614-5746, or E-mail shaktisocialwork4@hotmail.com

Thurs. (8/24)

5:00 pm

TASK Meals – SH

8 – 8:30 pm

Society of Mary Rosary Devotions, via Zoom and phone access: Please E-mail Erica Warner at yassose@aol.com for information on how to join us

Sat. (8/26)

9 – 11:00 am

Food Pantry

Sun. (8/27)

10:00 am

Pentecost 13/Proper 16 ~ Family Sunday

Rite II Eucharist in the Cathedral (+ livestreamed, when available)

11:30am-12:30pm

Healthy Eating Forum in the Guild Room; join us!